

Sexplanation!

Board game

£40 plus £6 post and packaging

Just in time to coincide with new initiatives around personal, social and health education The National Youth Agency has relaunched its classic youth work resource, the Grapevine Game. Given a 21st century makeover and retitled Sexplanation! it retains its board game format which has been shown to open up honest, frank and informative discussions around sex and relationships. The new version has been updated and piloted with the help of young people themselves. The colours of purple and black are attractive to both staff and young people. Inside, there is everything a game should have, including an eye-catching board, Cluedo-style players and cards. The aim of the game is to go round the board answering fact or opinion questions, asked by your peers. Fiona Blacke, Chief Executive of The National Youth Agency, said:

There have been welcome changes and a rapid pace of development in policy and practice around young people's sexual health over the last decade. However, many challenges remain in this area. There is still a huge demand from young people for full and frank discussion with robust information from a trusted adult to help them make positive choices about their sexual health and activity.

Being young and developing confidence in yourself and your sexuality is exciting. It can also be scary without the right education and support. The need to equip young people with the skills to navigate their relationships and take responsibility for their sexual wellbeing is as important now as it has ever been.

This game is one way to meet challenges outlined by Fiona Blacke. The game is suitable for young people aged 11 years and over. I would say that it would be a helpful resource to assist young people in care to understand their sexuality. In an area where it can sometimes be difficult for staff and young people to open up the discussion, the game provides an excellent way to begin talking about these sensitive issues. You can find out more and order the game from The National Youth Agency. Their website is www.nya.org.uk and their phone number is 0116 242 7427 or you can email them at sales@nya.org.uk

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