

1 **Ultrasensitive detection of RNA biomarkers using portable**  
2 **sensing platforms based on organic electrochemical**  
3 **transistors**

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24 **ABSTRACT**

25 The analysis of RNA plays an important role in the early diagnosis of diseases and will  
26 greatly benefit patients with a higher cure rate. However, the low abundance of RNA in  
27 physiological environments requires ultrahigh sensitivity of a detection technology.  
28 Here, we construct a portable and smart-phone-controlled biosensing platform based  
29 on disposable organic electrochemical transistors for ultrasensitive analysis of micro  
30 RNA (miRNA) biomarkers within 1 hour. Due to their inherent amplification function,  
31 the devices can detect miRNA cancer biomarkers from little-volume solutions with  
32 concentrations down to  $10^{-14}$  M. The devices can distinguish blood miRNA expression  
33 levels at different cancer stages using 4T1 mouse tumor model. The technique for  
34 ultrasensitive and fast detection of RNA biomarkers with high selectivity opens a  
35 window for mobile diagnosis of various diseases with low cost.

36

37 **Keywords:** organic electrochemical transistors, biosensor, RNA, cancer biomarker

## 38 INTRODUCTION

39 The effective control of many life-threatening diseases like cancer relies upon early  
40 diagnosis.<sup>1-3</sup> Conventional detection techniques based on large facilities in hospitals or  
41 laboratories often need large sample volume, complex protocol and long testing time.<sup>4</sup>  
42 Convenient and cost effective techniques are urgently needed for such applications.<sup>5</sup>  
43 The analysis of biomarkers, like micro RNAs (miRNAs), has been widely used for the  
44 early diagnosis of cancer.<sup>6, 7</sup> MiRNAs are regulatory RNA molecules with a length of  
45 about 21~23 nucleotides,<sup>8</sup> whose expression is often dysregulated in cancer.<sup>9-11</sup> It  
46 appears to be ideal targets for cancer regular monitoring due to their quantifiable and  
47 stable status in a variety of body fluids including blood, saliva and urine.<sup>12, 13</sup> More  
48 importantly, blood miRNAs are highly specific and their expression profiles differ  
49 among the developmental stages of tumors, and thus can be regarded as essential  
50 biomarkers for early cancer monitoring.<sup>14, 15</sup> Furthermore, RNA analysis has been  
51 proven to be rapid and reliable testing technology for many other diseases, like  
52 Coronavirus disease 2019 (COVID-19).<sup>16</sup> The standard RNA profiling techniques are  
53 microarrays, electrophoresis and reverse transcription polymerase chain reaction (RT-  
54 PCR).<sup>17</sup> Microarrays and electrophoresis suffer the limitation of low sensitivity while  
55 RT-PCR has the disadvantages of high cost, slow process and labor consuming.<sup>18</sup> With  
56 the increasing demand for portable monitoring of RNA,<sup>19</sup> the development of  
57 convenient methods with high sensitivity and selectivity is necessary.

58 Nowadays, organic thin-film transistors (OTFTs) have emerged as a versatile sensing  
59 platform for cost-effective, easy-to-use, portable, and disposable biosensors.<sup>20-22</sup>  
60 Organic electrochemical transistor (OECT) is a type of OTFT with a simple structure.<sup>21,</sup>  
61 <sup>23</sup> A thin layer of organic semiconductor is deposited on the channel area between the  
62 source and drain electrodes and exposed to electrolyte together with the gate  
63 electrode.<sup>24, 25</sup> Compared to other transistor-based sensors (e.g. 2D material-based  
64 transistors, organic FET, etc), OECT has the advantage of low cost and high stability in  
65 aqueous solutions.<sup>26</sup> OECTs have been extensively investigated for high-performance  
66 biosensing such as glucose,<sup>27</sup> dopamine<sup>28</sup> and cell.<sup>29</sup> However, nucleic acid biosensors

67 based on OECTs reported before are not sensitive enough to detect the trace amount of  
68 specific miRNA biomarkers (~ several pg/L) in real physiological environments.<sup>30</sup>

69 In this paper, we construct an ultrasensitive portable monitoring platform based on  
70 OECTs for the analysis of miRNAs expression levels at different cancer stages. MiR-  
71 21, one of the most important and well-studied miRNA biomarker that promotes cell  
72 growth and metastasis,<sup>31-32</sup> is chosen as the detection target. MiR-21 is captured on the  
73 gate electrode and then specifically recognized by a nanoprobe with catalytic  
74 electrochemical activity. The device can detect several  $\mu\text{L}$  of miR-21 solution (one drop  
75 solution) within 1 hour with a good selectivity and a low detection limit down to  $10^{-14}$   
76 M. The miR-21 expression levels in different kinds of cells are clearly differentiated.  
77 More importantly, the devices successfully demonstrate distinct miRNA expressions at  
78 different cancer stages in blood samples using 4T1 tumor model and identify an early  
79 cancer stage from normal and other cancer stages. By simply replacing the capture and  
80 probe DNA sequence, the sensor can be applied in the detection of many other miRNA  
81 biomarkers. Therefore, this approach provides a versatile tool to conveniently monitor  
82 various RNA biomarkers with low sample volume for the diagnosis of many diseases  
83 like cancer and COVID-19.

84

## 85 **RESULTS**

### 86 **The design of device and portable monitor system**

87 Figure 1A shows the architecture of the portable monitor system, which can be divided  
88 into three components including a flexible and transparent miRNA OECT sensor  
89 (Figure S1A), a meter with readout circuit and a smart phone with a user application  
90 program. The sensor is inserted into the meter, and the meter can be remotely controlled  
91 by the smart phone via Bluetooth. The transfer curve ( $I_{\text{DS}}$  vs.  $V_{\text{G}}$ ) of the device and the  
92 channel current response ( $I_{\text{DS}}$  vs. time) upon different concentrations of the target  
93 miRNA can be recorded by the user application program in the smart phone (Figure  
94 S1B, C).

95 The OECT device is prepared on a flexible plastic substrate by photolithography for  
96 disposable applications. Figure 1B illustrates the device design of the OECT-based  
97 miRNA sensor, in which the patterned gold electrodes serve as source, drain, and gate  
98 of the device. Poly(3,4-ethylenedioxythiophene) polystyrene sulfonate (PEDOT:PSS)  
99 is spin coated and patterned in the channel region. The gate electrode is modified with  
100 capture DNA, miRNA, and probe DNA with enzyme horseradish peroxidase (HRP).  
101 Since HRP has high catalyze activity toward  $H_2O_2$ ,<sup>33</sup> the channel current response of  
102 the OECT is characterized after adding  $H_2O_2$  (100  $\mu$ M) in its electrolyte.<sup>34</sup>

103 The gate modification progress is shown in Figure 1C. 3'-SH modified capture DNA is  
104 first anchored on the gate electrode via a strong SH-Au binding (CV and EIS  
105 characterization in Figure S2).<sup>35</sup> Target miRNA (PBS or purified solution from cells  
106 and blood) can be selectively captured on the gate electrode. Probe DNAs modified  
107 with nanoprobe are incubated on the electrode surface to form a typical sandwich  
108 format.<sup>36</sup> The nanoprobe are synthesized by using gold nanoparticles (Au NPs) as  
109 substrate to bind with biotin and HRP and characterized by UV-vis spectrum and  
110 transmission electron microscope (Figure S3). Au NPs have good conductivity and  
111 large surface area for binding electrochemical segments. Biotin on the nanoprobe can  
112 specially link to the streptavidin (SA) on the tail of the probe DNA with the binding  
113 rate of biotin to SA being 1 to 4.38.<sup>37</sup> Thus, a single target miRNA can attach probe  
114 DNA with several nanoprobe. Figure 1D exhibits the operation of an OECT in an  
115 electrolyte in the presence of the enzymatic reaction. There is no charge transfer at the  
116 gate electrode without  $H_2O_2$ .<sup>38</sup>

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119 Upon the addition of  $H_2O_2$ , direct electron transfer occurs between the heme group  
120 (Fe(III)/Fe(II)) of HRP in the nanoprobe and the electrode surface.<sup>39,40</sup> Under a positive  
121 gate voltage ( $V_G$ ), the Faradic current due to the electrocatalytic reaction decreases the

122 potential drop at the gate/electrolyte interface, and subsequently increases the effective  
123 gate voltage ( $\Delta V_G^{\text{eff}}$ ) applied on the channel.<sup>41-42</sup> Figure 1E shows the potential  
124 distribution at the gate/electrolyte and electrolyte/channel interfaces under a gate  
125 voltage. The reaction of  $\text{H}_2\text{O}_2$  at the gate will change the potential distribution as  
126 demonstrated by the dash line. The relationship between  $\Delta V_G^{\text{eff}}$  and the amount of HRP  
127 ( $W_{\text{HRP}}$ ) modified on the gate is listed in supporting information.<sup>34</sup>

### 128 **MiRNA biomarker analysis and selectivity test**

129 Figure 2A shows the channel current responses upon  $\text{H}_2\text{O}_2$  addition of OECT with  
130 miRNA solutions with different concentrations. The change in the channel current  
131 ( $\Delta I_{\text{DS}}$ ) monotonically increases with the increase of miRNA concentration in a wide  
132 range between  $10^{-15}$  and  $10^{-6}$  M. According to the transfer curve ( $I_{\text{DS}}$  vs  $V_G$ ) in Figure  
133 S3,  $\Delta V_G^{\text{eff}}$  of the device is calculated and presented in Figure 2B, which shows a good  
134 liner relationship with the miRNA concentration on logarithmic axis. The detection  
135 limit (Signal to noise ratio  $>3$ ) of the miRNA sensor is about  $10^{-14}$  M. The ultrahigh  
136 sensitivity of the OECT-based sensor can be attributed to the signal amplification by  
137 the transistor.<sup>43, 44</sup>

138 Figure S5A shows miR-21 detection by cyclic voltammogram (CV) measurements with  
139 concentrations ranging from  $10^{-6}$  M to  $10^{-11}$  M, which indicates the successful gate  
140 modification. It is also confirmed by fluorescence images (See Figure S6). As shown  
141 in the selectivity testing in Figure S5B, the device modified with three-base mismatched  
142 miRNA demonstrates no response with concentration of  $10^{-3}$  M. To show the versatility  
143 of the sensing platform, simply changing the sequences of capture DNA and probe  
144 DNA accordingly, another cancer biomarker (hsa-miR-16) is detected.<sup>45</sup> It shows a  
145 linear response to miRNA concentration ranging from  $10^{-6}$  M to  $10^{-14}$  M, exhibiting a  
146 similar detection limit of  $10^{-14}$  M (Figure S7).

### 147 **MiRNA biomarker analysis in cells**

148 The OECT sensors are used to detect miRNA expression in cells, including MCF-7  
149 (breast cancer cell, poorly metastatic), MDA-MB-231 (breast cancer cell, highly

150 metastatic) and NIH/3T3 (normal cell, from mouse fibroblast). All cell lines were  
151 cultured to extract miRNA using the same protocol (see supporting information). As  
152 shown in Figure 3A and Figure 3B, the calculated  $\Delta V_G^{\text{eff}}$  from current change increase  
153 with the rising MDA-MB-231 cell concentrations from  $10^1$  cells/mL to  $10^5$  cells/mL.  
154 The insert of Figure 3b shows the fluorescence and optical images of MDA-MB-231  
155 cells with a concentration of  $10^5$  cells/mL. The responses of the devices to MCF-7  
156 cancer cells shown in Figure 3C and D are relatively lower. The lowest responses of  
157 the devices can be observed in the detection of NIH/3T3 normal cells as shown in  
158 Figure 3E and F. Since miR-21 is overexpressed in cancer cells than in normal cells, it  
159 is reasonable to find that miR-21 concentrations in MCF-7 and MDA-MB-231 are  
160 higher than that in NIH/3T3. For the two types of cancer cells, the invasion behavior of  
161 MCF-7 cells is relatively weak. MiR-21 is highly associated with cancer cell  
162 proliferation, migration and invasion, so its expression level is higher in MDA-MB-231  
163 than MCF-7 cells.

#### 164 **Blood miRNA analysis in tumor mouse model**

165 4T1 tumor model is developed by injecting 4T1 cancer cells into BALB/c mouse.<sup>46</sup> The  
166 4T1 tumor has the advantages of easy transplant procedure and its progressive behavior  
167 is very similar to human mammary cancer.<sup>47</sup> The upregulation of miR-21 in blood is  
168 closely associated with 4T1 tumor progression, so it is assumed that miR-21 circulating  
169 in blood could show an increasing concentration with the growth of tumor.

170 Figure 4A shows images of BALB/c mouse in different cancer stages: normal, early,  
171 middle and late stages. The corresponding tumor sizes are: 0, 300, 600, 1000 mm<sup>3</sup>. 100  
172  $\mu\text{L}$  of blood was taken from the mouse tumor model and underwent a standard  
173 purification progress to extract miRNAs (see supporting information). The obtained  
174 solution is miRNA mixture, which greatly challenges the sensitivity and selectivity of  
175 the detection method. As shown in Figure 4B, the responses of the devices treated with  
176 tumor blood samples are higher than those of the normal stage, and the amplitudes  
177 increase with the increase of tumor size. As shown in Figure 4C,  $\Delta V_G^{\text{eff}}$  of the device

178 modified with a blood sample at the early stage tumor is higher than that of normal  
179 stage, which clearly indicates that the sensor can differentiate blood samples in early  
180 cancer stage.

## 181 **DISCUSSION**

182 We have developed an ultrasensitive miRNA analysis by using OECTs. The device  
183 could specifically detect different cancer miRNA biomarkers from a little volume of  
184 solution with a concentration down to  $10^{-14}$  M, which shows a much higher sensitivity  
185 than conventional electrochemical measurement. This OECT-based miRNA sensor  
186 demonstrates linear responses to a wide range of miRNA concentrations from  $10^{-6}$  M  
187 to  $10^{-14}$  M, which is sensitive enough to detect the trace amount of miRNA levels in  
188 cancer cells. The devices are successfully used to do miRNA expression analysis in  
189 blood samples from mouse tumor model and differentiate the miRNA levels in blood  
190 samples even for early cancer stage. Compared to other electrical sensors relying on  
191 electrochemical workstation, this sensing platform can provide convenient and portable  
192 detections of various RNA biomarkers for diagnostic monitoring of a wide range of  
193 diseases.

194

195 Supporting Information.

196 Materials, experimental details for device, gate modification, CV measurements,  
197 selectivity testing and all the supporting figures are listed in the supporting information.

198

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## 203 **AUTHOR CONTRIBUTIONS**

204 FY conceived the experiments. YF, and NW fabricated and characterized the devices.



205 AY and HL helped with portable system characterization. ZW and ZX assisted some  
206 experiments on mouse tumor building. HL contributed to the cell analysis. The  
207 manuscript was written by YF and FY and discussed, edited and approved by all of the  
208 authors.

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210 **DECLARATION OF INTERESTS**

211 The authors declare no competing interests.

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213 **REFERENCES**

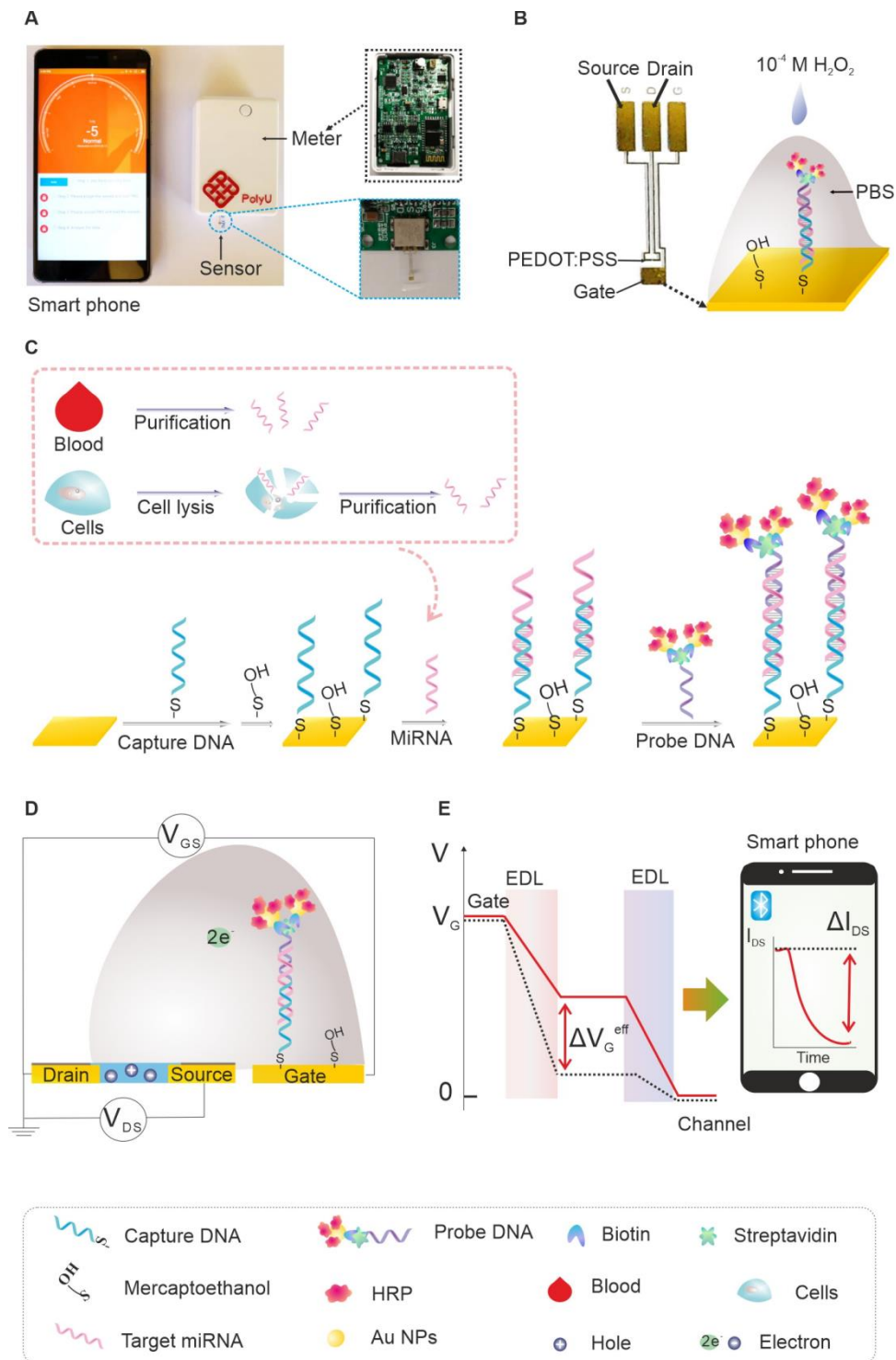
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327 **Figures:**



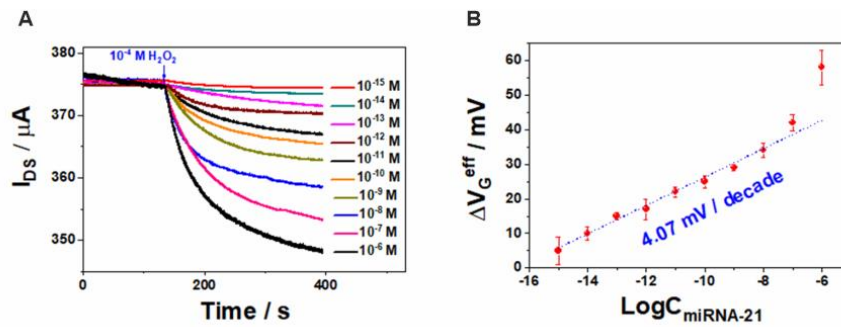
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329 **Figure 1. Design of OECT-based miRNA sensing platform.**

330 (A) Scheme of the portable monitoring system with OECT based miRNA sensor. OECT  
 331 miRNA sensor is inserted into a portable meter, and a smart phone is communicated  
 332 with the portable meter via Bluetooth.

- 333 (B) Photo of an OECT miRNA sensor with three electrodes: drain, source and gate. An  
 334 electrochemical reaction occurs on the gate electrode upon the addition of  $H_2O_2$ .
- 335 (C) The gate modification process for the detection of miRNA.
- 336 (D) An OECT with a functionalized gate characterized in a liquid electrolyte.
- 337 (E) The potential distribution in an OECT: potential drops between the gate and channel of  
 338 the OECT before (dash line) and after (solid line) the addition of  $H_2O_2$  in PBS solution.  
 339 EDL is electrical double layer. The enzymatic reaction leads to  $\Delta V_G^{eff}$  change and the  
 340 corresponding  $I_{DS}$  change.

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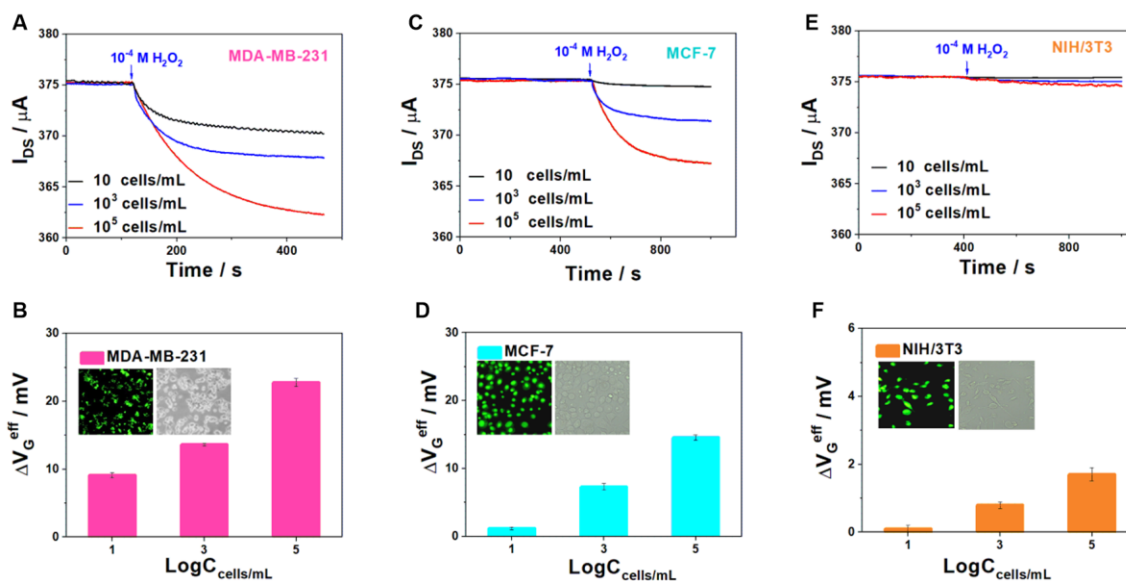


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343 **Figure 2. The response of sensors to miRNA (MiR-21) with different**  
 344 **concentrations.**

- 345 (A) OECT-based biosensors with nanoprobe-functionalized gate electrodes for the  
 346 detection of a wide range miRNA concentration from  $10^{-6} M$  to  $10^{-15} M$ . The added  $H_2O_2$   
 347 level was fixed at  $100 \mu M$  for each addition ( $V_G = 0.7 V$  and  $V_{DS} = 0.05 V$ ).
- 348 (B) Calculated  $\Delta V_G^{eff}$  changes of the miRNA sensor as a function of miRNA concentration.  
 349 The error bars were calculated from three parallel experiments.
- 350 (C) Standard three-electrode electrochemical detection of miRNA in the range of  $10^{-6} M$  to  
 351  $10^{-12} M$  by C-V measurements. The  $H_2O_2$  level is  $500 \mu M$ .
- 352 (D) The selectivity test of miRNA sensors by measuring three-base mismatched miRNA.

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355 **Figure 3. The responses of OECT-based miRNA sensors to the lysates of different**  
 356 **cells.**

357 (A) Current responses of OECTs in the detections of extracted miRNA solutions from  
 358 different concentrations of MDA-MB-231 cancer cells: 10 cells/mL (black), 10<sup>3</sup> cells/mL  
 359 (blue) and 10<sup>5</sup> cells/mL (red).

360 (B) Calculated  $\Delta V_G^{\text{eff}}$  of OECTs in the detection of extracted miRNA solutions from MDA-  
 361 MB-231 cancer cells with different concentrations. Inset: fluorescence (left) and optical  
 362 images (right) of MDA-MB-231 cell with a concentration of 10<sup>5</sup> cells/mL.

363 (C) Current responses of OECTs in the detection of extracted miRNA solutions from  
 364 different concentrations of MCF-7 cancer cells: 10 cells/mL (black), 10<sup>3</sup> cells/mL (blue)  
 365 and 10<sup>5</sup> cells/mL (red).

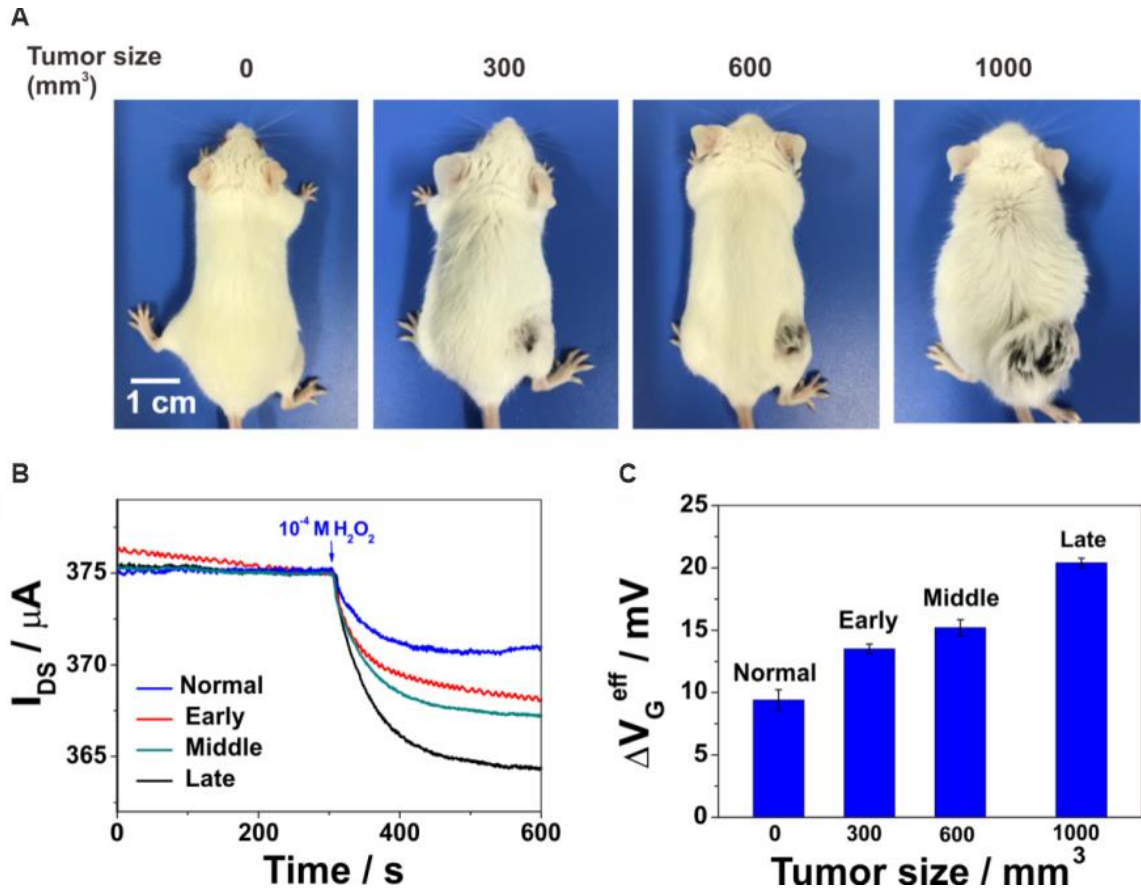
366 (D) The calculated  $\Delta V_G^{\text{eff}}$  corresponding to the responses. Inset: fluorescence (left) and  
 367 optical images (right) of MCF-7 cell with a concentration of 10<sup>5</sup> cells/mL.

368 (E) Current responses of OECTs in the detection of NIH/3T3 normal cells and f. the  
 369 calculated  $\Delta V_G^{\text{eff}}$ . Inset: fluorescence (left) and optical images (right) of NIH/3T3 cell  
 370 with a concentration of 10<sup>3</sup> cells/mL. All the error bars are calculated from at least 3  
 371 devices.

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375 **Figure 4. The responses of miRNA sensors to the bloods from a mouse model with**  
 376 **different tumor sizes**

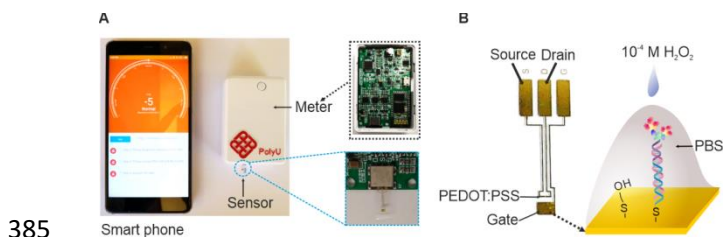
377 (A) Images of BALB/c mouse in different cancer stage: normal, early, middle and late. The  
 378 corresponding tumor sizes are: 0, 300, 600, 1000 mm<sup>3</sup>.

379 (B) Current responses of the OECT sensors modified with blood miRNA samples at  
 380 different cancer stages and,

381 (C) The calculated  $\Delta V_G^{eff}$  corresponding to the current change. The error bars are  
 382 calculated from three parallel experiments.

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