

1 **Quantification of computational fluid dynamics simulation assists the evaluation**
2 **of Gypenoside protection in a zebrafish pain model**

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25 **Abstract**

26 In recent years, due to its rapid reproduction rate and the similarity of its genetic
27 structure to that of human, the zebrafish has been widely used as a pain model to
28 study chemical influences on behavior. Swimming behaviors are mediated by
29 motoneurons in the spinal cord that drive muscle contractions, therefore a knowledge
30 of internal muscle mechanics can assist the understanding of the effects of drugs on
31 swimming activity. To demonstrate that the technique used in our study can
32 supplement biological observations by quantifying the contribution of muscle effects
33 to altered swimming behaviours, we have evaluated the pain/damage caused by 0.1%
34 acetic acid to the muscle of 5 dpf zebrafish larvae and the effect of protection from
35 this pain/damage with the saponin Gypenoside (GYP) extracted from *Gynostemma*
36 *pentaphyllum*. We have quantified the parameters related to muscle such as muscle
37 power and the resultant hydrodynamic force, proving that GYP could alleviate the
38 detrimental effect of acetic acid on zebrafish larvae, in the form of alleviation from
39 swimming debility, and that the muscle status could be quantified to represent the
40 degree of muscle damage due to the acetic acid and the recovery due to GYP. We have
41 also linked the behavioral changes to alteration of antioxidant and inflammation gene
42 expression. The above results provide novel insights into the reasons for pain-related
43 behavioral changes in fish larvae, especially from an internal muscle perspective, and
44 have quantified these changes to help understand the protection of swimming
45 behaviors and internal muscle by GYP from acetic acid-induced damage.

46

47 **Keywords**

48 Computational fluid dynamics simulation; hydrodynamic performance; gypenosides;
49 acetic acid; zebrafish

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55 **Introduction**

56 The zebrafish is widely recognized as a useful model for scientific and medical
57 research, especially for pain-related study. In its embryonic and larval stage, the
58 zebrafish body is practically transparent, which conveniently allows observation of
59 organ development [1]. Its rapid reproduction rate and cheaper cost, compared to
60 other fish species and rodent animals, afford it a unique and important role in medical
61 research of a wide range of issues [2]. In addition, zebrafish are less sentient, which
62 complies with the 3R criteria [3]. Given that zebrafish share over 70% of genes with
63 humans [4], studying the effects of pain/damage on zebrafish can provide insight to
64 the human response. Nociception, the sensory system used to detect pain resulting
65 from potential harmful stimuli, is central to the study of body injury [5], with pain
66 being regarded as one of the manifestations of inflammation [6]. Recent studies have
67 shown that both adult and larval zebrafish have a peripheral and central nociceptive
68 processing system that is comparable to that of mammals, including multiple types of
69 nociceptors [7]. However, compared to other animals used in nociception studies, the
70 unique features of the zebrafish allow for the use of distinctive methodologies,
71 including the identification of neurosensory structures *in vivo* by activation of
72 fluorescent proteins and by observation of characteristic behavioural responses [8, 9].
73 Together with the previously mentioned advantages, this has allowed the zebrafish to
74 be used as a qualified pain model to study nociception responses. Depending on the
75 types and doses of noxious stimulus applied, the resultant nociceptive responses can
76 be assessed by observing the effect on basic swimming kinematics such as distance
77 travelled and swimming velocity [10, 11]. In order to quantify swimming velocity and
78 fluid effects, particle image velocimetry (PIV) has been used to supplement biological
79 observations [12].

80

81 The zebrafish pain model is well established and therefore can be used to study the
82 effect of drugs on pain alleviation and post-pain recovery. Recovery (as indicated by
83 heart rate changes and increased vitality) after exposure to noxious stimuli such as
84 temperature and chemicals, has been observed in zebrafish treated with known

85 analgesics such as ethanol and morphine [13-17]. Behavioural improvements
86 following analgesia treatments have also been assessed in terms of time spent active,
87 body curvature alteration, and average velocity over a period of time [18, 19].

88

89 Most of the above-mentioned biological studies using the zebrafish pain model have
90 focused primarily on the kinematic and hydrodynamic performance caused by the
91 surrounding fluid, but have disregarded the effect of internal muscle mechanics [7, 9,
92 20]. Locomotion of zebrafish larvae is powered by an axial muscle system driven by
93 motoneurons in the spinal cord [21]. Swimming kinematics are influenced both by
94 internal body mechanics and fluid mechanics [22, 23]. Musculature along the fish
95 body contracts and a bending wave is generated that pushes against and changes the
96 fluid dynamics of the surrounding water, i.e., hydrodynamic force. In turn, this altered
97 hydrodynamic force has an impact on body curvature variations [24]. Under these
98 circumstances, the coupled mechanical interaction determines the motion of the fish
99 through the water. Clearly, internal body mechanics are of tremendous significance in
100 the study of body motion.

101

102 In our previous study, inspired by earlier work involving Computational Fluid
103 Dynamics (CFD) simulation of fish swimming [11, 25-28], we built a zebrafish larva
104 pain model to quantify the effects on fish locomotion of different types of drugs,
105 proving that our methodology can quantify the effects of various types of drug
106 influences on zebrafish swimming activity [29]. To extend our research, we have
107 evaluated the protective effects of Gypenosides (GYP) against pain-induced detriment
108 of zebrafish swimming performance. Gypenosides (GYP), a saponin extracted from
109 *Gynostemma pentaphyllum*, have for centuries been widely used by human beings
110 [30]. In the present day, GYP is approved by the Central Drug Administration of
111 China for use as an over-the-counter medicine in clinics [31]. GYP has been shown to
112 have a range of effects, including antioxidation, antilipidemia, neuroprotection and
113 inflammation reduction [32]. Previous studies have shown that GYP protects against
114 oxidative stress in retinal pigment epithelium cells [33] and vascular endothelial cells

115 [34]. In addition, it has been proved to lower triglyceride, cholesterol and nitrite in
116 acute hyperlipidaemia of rats [35]. It has also been shown to have anti-inflammatory
117 effects on aortic lesions of rats and human osteoarthritis chondrocytes [36]. However,
118 protection of GYP against pain in zebrafish has rarely been investigated.

119

120 Acid, which can be regarded as a potentially noxious irritant agent that is known to
121 stimulate nociceptors in mammals, has been extensively used in studies involving a
122 number of non-mammalian animals such as fish [9, 14, 37, 38]. Zebrafish larvae have
123 been considered as an appropriate substitute for adult zebrafish [9, 38]. In order to
124 demonstrate that exposure of zebrafish to acid triggers nociception pathways rather
125 than merely inducing stress or anxiety, scientists have studied the levels of
126 cyclooxygenase-2 (cox-2, a gene used as a marker for the activation of nociception
127 pathways) in zebrafish larvae and have found that exposure to a low-concentration
128 acetic acid environment produces behavioral changes that are accompanied by
129 changes in levels of cox-2 [39]. It seems reasonable, therefore, to conclude that the
130 acid-induced behavioral changes can be attributed to nociceptor activation. Studies on
131 nociception in zebrafish larvae have used both acetic acid and citric acid at different
132 concentrations, and have provided evidence that nociceptors in zebrafish larvae
133 respond to low pH acetic acid [17, 18, 40].

134

135 We have quantified the effect of altered muscle mechanics on a variety of swimming
136 behaviors resulting from treatment of 5 dpf (days post-fertilization) zebrafish larvae.
137 Given that acetic acid at high concentration is known to be harmful to zebrafish larvae
138 [40, 41], we chose to investigate the protective effects of 5 $\mu\text{g}/\text{mL}$ GYP on 0.1%
139 acetic acid, which has been considered to be a threshold concentration for behavioral
140 change [41], to observe and record any alleviation of muscle inflammation following
141 treatment with GYP, which have been shown to have anti-inflammatory effects [42,
142 43]. The varied swimming behaviors among the tested groups were correlated with
143 the altered muscle forces and power. Quantification of the internal muscle mechanics
144 was made and compared with the biological data from real-time PCR to establish the

145 extent of the protective effects by GYP against inflammation caused by high
146 concentration of acetic acid.

147

148 **Materials & Methods**

149 *Ethics*

150 Animal work was carried out in compliance with the Animal Ethics and Welfare
151 Committee, Department of Biological and Biomedical Sciences, Glasgow Caledonian
152 University, and UK Home Office under Project License PPL 60/4169.

153

154 *Experimental setup*

155 The experiment used a high-speed camera (CSI5003XE, Circuit Specialists, USA) to
156 record the locomotion of 5 dpf zebrafish larvae (shown in **Fig 1A**). The capture of
157 zebrafish larva by the high-speed camera is shown in **Fig. 1B**. Although the tail beat
158 frequency of 5 dpf zebrafish larvae can reach up to 85 Hz [44], the fish we used had a
159 tail beat frequency of less than 70Hz, which means that 7-8 frames within one tail
160 beat cycle was sufficient to capture the fish tail motion and extract motion equations;
161 therefore, the frame rate per second (fps) of the camera was set at 500 fps to capture
162 the locomotion of zebrafish larvae accurately. Prior to the experiment, determination
163 of appropriate acetic acid concentration was carried out. We found that when exposed
164 to 0.2% acetic acid the zebrafish larvae remained motionless most of the time, and so
165 little or no locomotor behavior could be observed. The threshold of acetic acid
166 concentration for zebrafish behavioral changes was established previously as 0.1%
167 [41], and so this concentration was selected for the current experiment. Initial toxicity
168 assessment of GYP was performed by treating zebrafish at 4 dpf for 24 hours with
169 GYP at 0, 2.5, 5.0, 15 and 25 µg/ml. 2.5 and 5.0 ug/ml showed no toxicity; 15 and 25
170 µg/ml showed toxic effects as indicated by reduced heart rate. Consequently, 5 µg/ml
171 GYP was chosen for the current experiment. Eighty 4-dpf zebrafish larvae were
172 divided into four groups and each group contained 20 fish larvae. Group 1 and Group
173 2 were treated with 5 µg/ml GYP in E3 medium (5mM NaCl, 0.17mM KCl, 0.33mM
174 CaCl₂, 0.22mM MgSO₄, and 0.1% methylene blue); Group 3 and Group 4 were kept

175 in E3 medium. The zebrafish larvae were kept in a homothermic incubator at 27°C for
176 24 hours. At 5 dpf, Group 2 and Group 4 remained untreated as control groups. At this
177 time, their swimming behaviors were recorded for ten minutes to assess the
178 pre-stimulation behavior. For Group 1 and Group 3, 0.1% acetic acid was added to the
179 petri dishes and the swimming behaviors were immediately recorded for a period of
180 ten minutes. For all groups, fish larvae were able to swim freely with no
181 environmental impediments while being observed continuously by the camera.
182 Swimming behaviors of all the fish larvae were post-processed with in-house
183 *MATLAB* code to be prepared as input for the CFD simulation. The original image
184 recorded from the camera was converted to a binary image consisting of the sketch of
185 zebrafish larva only with “*im2bw*” function in *MATLAB* image processing toolbox.
186 With some adjustments and “*bwboundaries*” function in *MATLAB*, a binary image of
187 zebrafish can be extracted, and the entire position vector can be obtained for points
188 distributed on fish outline. All images were skeletonized into a single backbone curve
189 using functions “*bwmorph*” and “*thin*” operation. In order to estimate body curvatures,
190 the backbone was divided into several segments and these segments were simplified
191 as connected straight lines to calculate relative orientation variation with time
192 between two adjacent segments using *MATLAB* curve fitting toolbox (shown in **Fig**
193 **1C** and **Fig 1D**). Cruising, during which the swimming movements are repeated
194 cyclically [45], is known to be essential for fish larvae in order to allow coverage of
195 sufficient distance for migration and dispersal [46]. In this experiment, only cruising
196 period was considered, including swimming cyclically. The fitted relative orientation
197 equations between each two body segments are expressed with $\sin(\omega t) + b\cos(\omega t)$,
198 where ω is the swimming frequency. During cyclic swimming, the travelling wave
199 of curvature travels along the fish body at a near constant rate [47], thus an averaged
200 frequency has been selected for the entire relative orientation.

201

202 ***Quantitative real-time polymerase chain reaction (qRT-PCR)***

203 Total RNA was isolated from untreated and treated zebrafish embryos using Trizol
204 Reagent (Sigma, UK) according to the manufacturer's guidance. The complementary

205 deoxyribonucleic acid (cDNA) was synthesized using a High-Capacity cDNA
 206 Reverse Transcription Kit (Applied Biosystems, UK). Gene expression was measured
 207 by qRT-PCR assay using a Platinum® SYBR® Green PCR kit (Thermo Fisher
 208 Scientific, UK). Relative expression of target gene was determined by normalization
 209 to the expression of the housekeeping gene (β -actin) in the untreated and treated
 210 samples, using $2^{-\Delta\Delta CT}$ formula. The primer sequences of the genes used are listed
 211 in Table 1.

212

213 *Statistical analysis*

214 Statistical analysis was carried out using GraphPad Prism (V7.0 from GraphPad
 215 software Inc. San Diego, CA, USA) was used for statistical analysis. All multiple
 216 comparisons were performed using the one-way Anova with Bonferroni multiple
 217 comparison test. Statistical significance was considered when p was ≤ 0.05 .

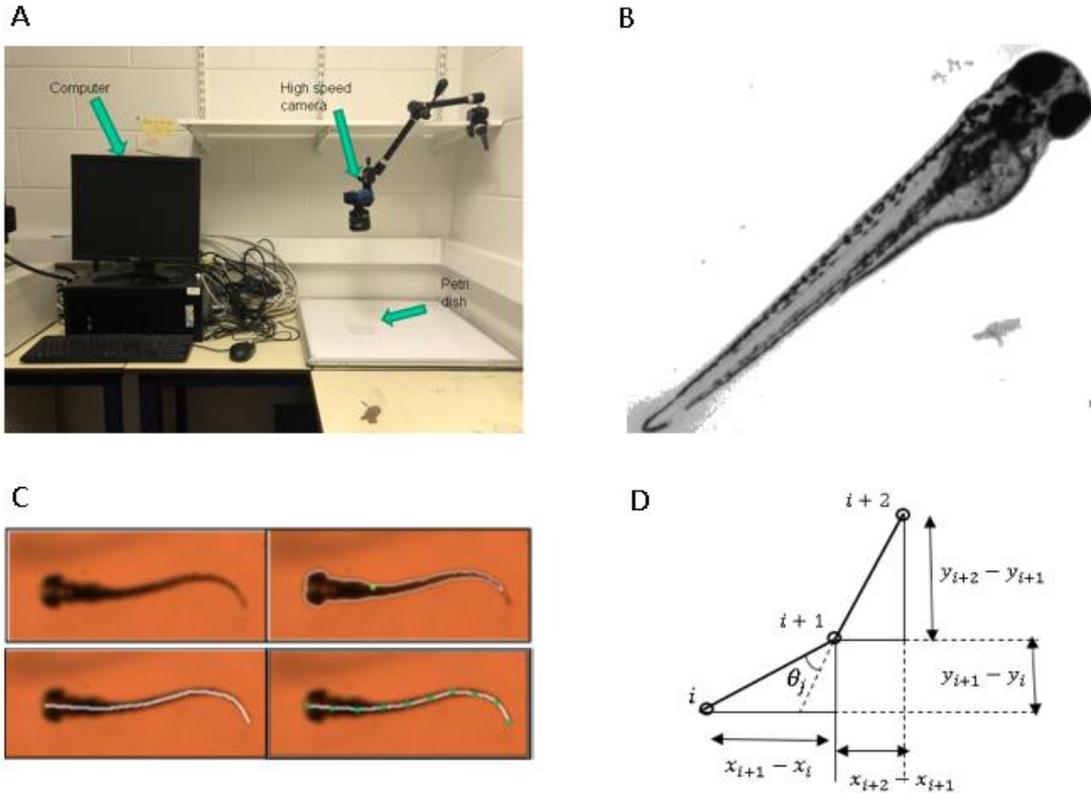
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Table 1 Primers used for qRT-PCR

Genes	Forward primers 5'-3'	Reverse primers 5'-3'	TM°C	PCR product (bp)
β -ACTIN	ACTGTATTGTCTGGTG GTAC	ATCTCCTGCTTGCTAAT CC	69.7	198
IL-1 β	TTCCCAAGTGCTGCT TATT	AAGTTAAAACCGCTGT GGTCA	54.6	149
IL-6	TCAACTTCTCCAGCGT GATG	TCTTCCCTCTTTCCTC CTG	55.1	75
TNF- α	ACCAGGCCTTTTCTTC AGGT	GCATGGCTCATAAGCA CTTGTT	56.5	147
SOD1	CGCATGTTCCCAGACA TCTA	GAGCGGAAGATTGAGG ATTG	53.9	100
SOD2	CTAGCCCGCTGACATT ACATC	TTGCCACATAGAAAT GCAC	54.5	101
GPX1	AGGCACAACAGTCAG GGATT	CAGGAACGCAAACAGA GGG	56.45	241

220



221

222 Figure 1. Video recording and processing system and algorithm (A) Apparatus for
 223 video recording (B) Real zebrafish larvae picture taken from the lab (C) Key steps for
 224 estimating body deformation (D) Mathematical method for relative angle orientation
 225 extraction (segments are represented with straight lines).

226

227 **Computational fluid dynamics (CFD) solver & kinematic motion solver**

228 A 3D 5-dpf zebrafish larva model was built with 51 ellipses extracted from the real
 229 fish silhouette and divided into nine segments (**Fig 2A**). In our previous research an
 230 independence test was carried out in order to determine the appropriate number of
 231 segments [29]. Density of the fish was assumed to be equal to water density, which is
 232 1000kg/m^3 . The kinematic viscosity was set as $8.53\text{e-}7\text{m}^2/\text{s}$, which is water's
 233 kinematic viscosity at 27°C . The flow field was numerically simulated using the open
 234 source CFD toolbox *OpenFOAM* version 3.0.x. The 3D computational domain shown
 235 in Fig 2B is 20 times the fish body length in the longitudinal (x) direction, 10 times
 236 the fish body length in the transverse (y) direction, and 4 times the fish body length in
 237 the perpendicular (z) direction. There is no incoming flow in the fluid domain. The
 238 fish started swimming from zero velocity. The boundary conditions are shown in **Fig.**
 239 **2B**. Pressure boundary conditions are taken as zero gradient for all boundaries except

240 the front and back plane, which were set as symmetry. Velocity boundary conditions
 241 for fish model were taken as ‘*movingWallVelocity*’ for all body segments and fixed
 242 value for the remaining patches to mimic the physical environment of the experiment.
 243 The *movingWallVelocity* is a special boundary condition applied in *OpenFOAM*, it
 244 was used for moving mesh cases and set the velocity to the desired value for moving
 245 walls. Unstructured mesh cells were distributed around fish model to tolerate the large
 246 internal mesh deformation during forward body motion, the head region was enlarged
 247 to be clearer and was shown in **Fig 2C**. Reynolds number was defined as $\frac{vL}{\nu}$, v stands
 248 for forward swimming velocity, L is the body length of fish larva, and ν represented
 249 the kinematic viscosity mentioned above. For the entire simulation, Reynolds number
 250 was estimated to be 340 according to the desired forward velocity of zebrafish larvae,
 251 which stands for intermediate flow regime, this is consistent with the real fluid
 252 property of zebrafish larvae.

253

254 The fluid domain was solved with incompressible Navier-Stokes equation written in
 255 Eqn 1, including the conservation equation of mass and momentum. In *OpenFOAM*, a
 256 customized solver *PimpleDyMFoam* was used to solve the transient, incompressible
 257 and single-phase Newtonian fluids. This solver was a combination of *SIMPLE* and
 258 *PISO* algorithm, which was suitable to deal with dynamic mesh motion.

$$259 \quad \nabla \cdot \vec{U} = 0 \quad (1a)$$

$$260 \quad \frac{\partial}{\partial t} \rho \phi = -\nabla \cdot (\rho \vec{U} \phi) + \nabla \cdot (D \nabla \phi) + S_{\phi} \quad (1b)$$

261 In the momentum conservation equation, time derivatives used 2nd order implicit
 262 discretization scheme: CrankNicolson, and the pressure source term used cell-limited
 263 Gauss interpolation scheme to limit interpolated face values to improve boundedness
 264 and stability. Diffusion of transport used Gauss linear for interpolation of the
 265 diffusivity, and the convection term applied ReconCentral interpolation scheme. In
 266 OpenFOAM, velocity was stored at the cell centre, values were needed to be
 267 interpolated to the face centres linearly. ReconCentral interpolated the value in a

268 different way that used extrapolated gradient-based correction from both sides onto
269 the face, using 1/2 weighting to increase stability for large deformation.

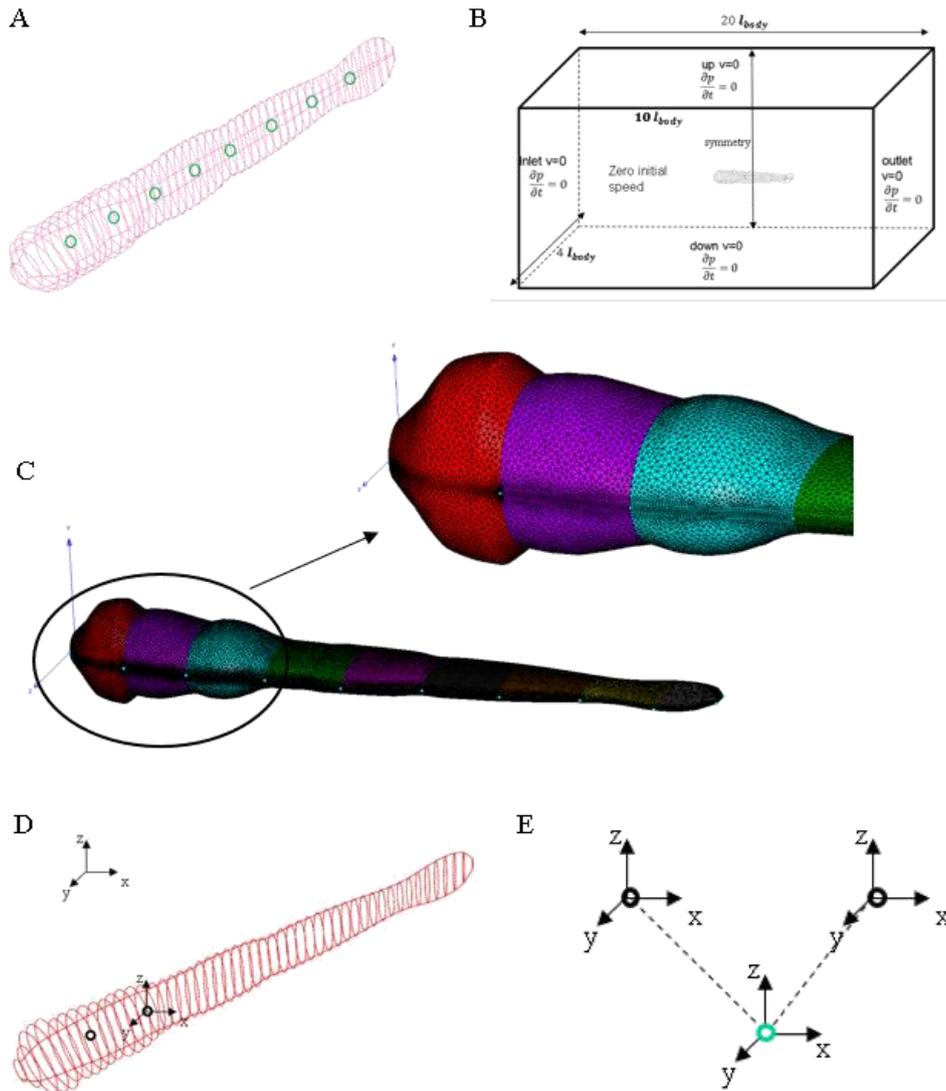
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271 Solid body motion was processed with an open-source multibody dynamics analysis
272 software *MBDyn* (<https://www.mbdyn.org/>). It solved initial value problem in the
273 form of Differential-Algebraic Equations (DAE), integrated in time domain using
274 A/L-stable multi-step integration schemes [48]. Constraints were added into the
275 multi-body system to behave as a virtual joint to represent the muscles. In our case,
276 the fitted sinusoidal-like functions were used as input in *MBDyn* to behave like
277 constraints between two adjacent body segments to control their relative orientations.
278 The differential-algebraic equations written in Eqn 2 were integrated with multi-step
279 integration schemes in time domain implicitly. Finite element method was used to
280 solve those algebraic equations. In this case, the whole fish body was represented with
281 several constructed nodes in *MBDyn* (**Fig 2D**), these nodes included all the
282 information about the body segments such as position and orientation. Relative
283 orientations between each two nodes were constrained with specific types of joint to
284 constrain numbers of degrees of freedom. Relationship between nodes and joints was
285 shown in **Fig.2E**. *MBDyn* were coupled with *OpenFOAM* using the built-in
286 communication primitives, and kinematic data were transmitted bi-directionally. To
287 satisfy convergence criteria, a strong coupling, which enabled multi-step interactions
288 at each time value, was applied between the two software. Inter-process
289 communication was built with Transmission Control Protocol (TCP) socket. An
290 external force element in *MBDyn* allowed to communicate positions and orientations
291 of a set of nodes, and the corresponding linear and angular velocities with
292 *OpenFOAM*.

$$293 \quad M(\mathbf{x}) \dot{\mathbf{x}} = \mathbf{q} \quad (2a)$$

$$294 \quad \dot{\mathbf{q}} + \phi^T_{/\mathbf{x}} \lambda = \mathbf{f}(\mathbf{x}, \dot{\mathbf{x}}, t) \quad (2b)$$

$$295 \quad \phi(\mathbf{x}, t) = 0 \quad (2c)$$



296

297 Figure 2 (A) Constructed fish model with 51 ellipses; the entire body was divided into
 298 nine sections with eight joints. Joints are represented by green circles. (B) Initial fluid
 299 domain setup for a fish at rest. (C) Local mesh on fish model surface; head region is
 300 enlarged to be clearer. (D) Schematic diagram of 3-D fish model shown with
 301 constructed nodes in MBDyn with local frame. (E) Relationship between node and
 302 joint, black circles indicate node and joint is represented by green circle. The dashed
 303 line suggests that the position of node and joint can be coincident and the orientation
 304 can be different depending on the reference frame selected.

305

306 Results and Discussion

307 *The effect of Gypenoside on swimming behaviour of zebrafish treated with acetic* 308 *acid*

309 Validation of our methodology has been made based on comparisons of
 310 experimentally-observed zebrafish forward-swimming velocity and tail beat angle

311 with those results from numerical simulation in our previously published paper [29].
312 Head turning angle and tail beat angle in CFD simulations corresponded closely with
313 experimental results, while a small discrepancy existed for velocity comparison. The
314 latter could be due to the fact that when the real fish swims, the changing body wave
315 amplitude can lead to a velocity change, resulting in a higher experimentally
316 calculated velocity compared to the numerical simulation. Swimming by fish larvae is
317 powered by their axial muscle system [49]. For different fish species, the contribution
318 of these muscles to swimming can vary. The power generated by muscle contraction
319 bends the body and so interacts with the surrounding fluid. Muscle myotomes are
320 aligned parallel to the longitudinal axis, with muscle fibers oriented about 40 degrees
321 to the longitudinal axis of the fish [50]. Two types of muscles form the 3D structure
322 on each side of the body. One type is white muscle, which powers the fish for fast
323 starts such as escaping behaviors; the second type is red muscle that powers sustained
324 swimming such as cyclic swimming [51]. During the larval stage, the white muscle is
325 distributed predominantly in deeper regions below the skin and is enclosed in a thin
326 outer layer of red muscle. Muscle contractions are driven by motoneurons in the
327 spinal cord, and these contractions control the fish locomotion activity [52], therefore,
328 muscle status can be reflected in activity level of the fish [9]. We compared the time
329 spent by each group in three different swimming conditions: Inactive (when the fish
330 was at rest or showed only a subtle tail beat with no obvious displacement in the
331 water), Active 1 (when the fish swam cyclically for a relatively long period of time)
332 and Active 2 (when the fish was swimming for a short period of time including
333 acceleration with large tail curvature followed by a quick de-acceleration). As shown
334 in **Fig 3A**, compared with control group, the GYP-treated group did not show any
335 obvious changes with regard to the percentage of time spent in active swimming,
336 indicating that 5 $\mu\text{g/ml}$ GYP does not appear to be toxic to 5 dpf zebrafish larvae.
337 Exposure to acetic acid resulted in the fish being inactive for 80% of the time.
338 Inactivity decreased to approximately 50% of the time following GYP treatment of
339 fish exposed to acetic acid, suggesting an alleviatory effect of GYP solution on the
340 muscle inflammation caused by the acid. Cyclic swimming occurs randomly in 5 dpf

341 zebrafish larvae [47]; in the current study an increase of only 3% in time spent for
342 cyclic swimming was observed after GYP treatment. However, for short time
343 swimming, a significant increase of approximately 25% in total time is shown after
344 GYP treatment. No obvious differences (less than 5% in total time) are apparent
345 between the GYP group and the GYP+AC group, suggesting that the GYP solution
346 has an alleviatory effect on the muscle inflammation caused by 0.1% acetic acid.

347

348 Based on the simulated results from *OpenFOAM* such as position and orientation for
349 each segment, the forward velocity of the fish larva was calculated from center of
350 mass (COM) of the fish body. The COM was derived from the position of each
351 segment at each time step using a mass-averaged method [44]. **Fig 3B** shows a mean
352 velocity comparison for all groups. The mean velocity of cruising in the acetic acid
353 group was significantly lower than that in each of the other three groups, while the
354 GYP+AC group displayed a similar mean velocity to the GYP and the control groups.
355 The statistical analysis in **Fig 4A** indicates that mean velocities of GYP and GYP+AC
356 groups were significantly higher than that of the AC group, suggesting that the effect
357 on forward velocity of exposure to 0.1% acetic acid was alleviated by 5 μ g/ml GYP.

358

359 As the movement of each two body segments is constrained with a prescribed
360 deformation equation, mechanical power distribution along the fish body can be
361 approximated by power generated at the virtual joint between each two body
362 segments. The virtual joint behaves like fish muscle distributed along the body to
363 generate mechanical power. The mechanical power generated from fish locomotion
364 includes the translational power due to linear motion and the rotational power due to
365 body rotation [29]. As the fish is moving cyclically, all the other terms are cancelled
366 out except for the rotational power. Therefore, the mechanical power was estimated
367 with the cross product of torque and angular velocity, as shown in equation 3(a), while
368 the total power transmitted into the water was calculated with equation 3(b). During
369 cruising, the change of total kinetic energy equals zero, which means the absolute
370 value of work done externally and internally are the same, thus the hydrodynamic

371 power equals mechanical power in absolute value (shown as equation 3(c)).

$$372 \quad P_M = \sum_j M_i \cdot \omega_i \quad (3a)$$

$$373 \quad P_H = \sum_j -F_j \cdot V_j \quad (3b)$$

$$374 \quad \overline{P_M} = \overline{P_H} \quad (3c)$$

375 In the above equation, P_M is the mechanical power of fish muscle, while
376 P_H represents hydrodynamic power generated by interactions with surrounding fluid.

377 M_i is the internal torque for the i^{th} joint calculated by MBDyn in the global frame,

378 ω_i represents the angular velocity for the i^{th} joint. F_j is the hydrodynamic force

379 acting on the j^{th} body, while V_j represents the j^{th} body velocity. **Fig. 3C** compares the

380 total hydrodynamic power exerted on the entire body of the control group with the

381 drug-treated groups. It was not surprising that the tendency is similar to forward

382 velocity as the hydrodynamic power was calculated based on the forward velocity of

383 the fish. As we expected, 5 $\mu\text{g/ml}$ GYP could alleviate the influences on power

384 generation, allowing the muscle of the zebrafish larvae to generate greater power,

385 producing larger body deformation and larger hydrodynamic power compared with

386 the 0.1% acetic acid treated group. The statistical analysis of total hydrodynamic

387 power shown in **Fig 4B** makes the conclusion more persuasive. There was a

388 significant difference in hydrodynamic power before and after GYP treatment with

389 acetic acid; as the muscle correlated with the power supply, it was prudent to deduce

390 that GYP treatment could to some extent protect fish muscle from inflammation

391 caused by acetic acid. Unlike many biomechanical situations in which the propulsive

392 system is separate from the main body, zebrafish larvae undulate their entire body to

393 swim forward [53], therefore the whole body contributes to the generation of thrust

394 and drag during the tail beat cycle, although the contribution from each might differ.

395 In **Fig 3D** and **Fig 3E**, we compared the distribution of hydrodynamic power and

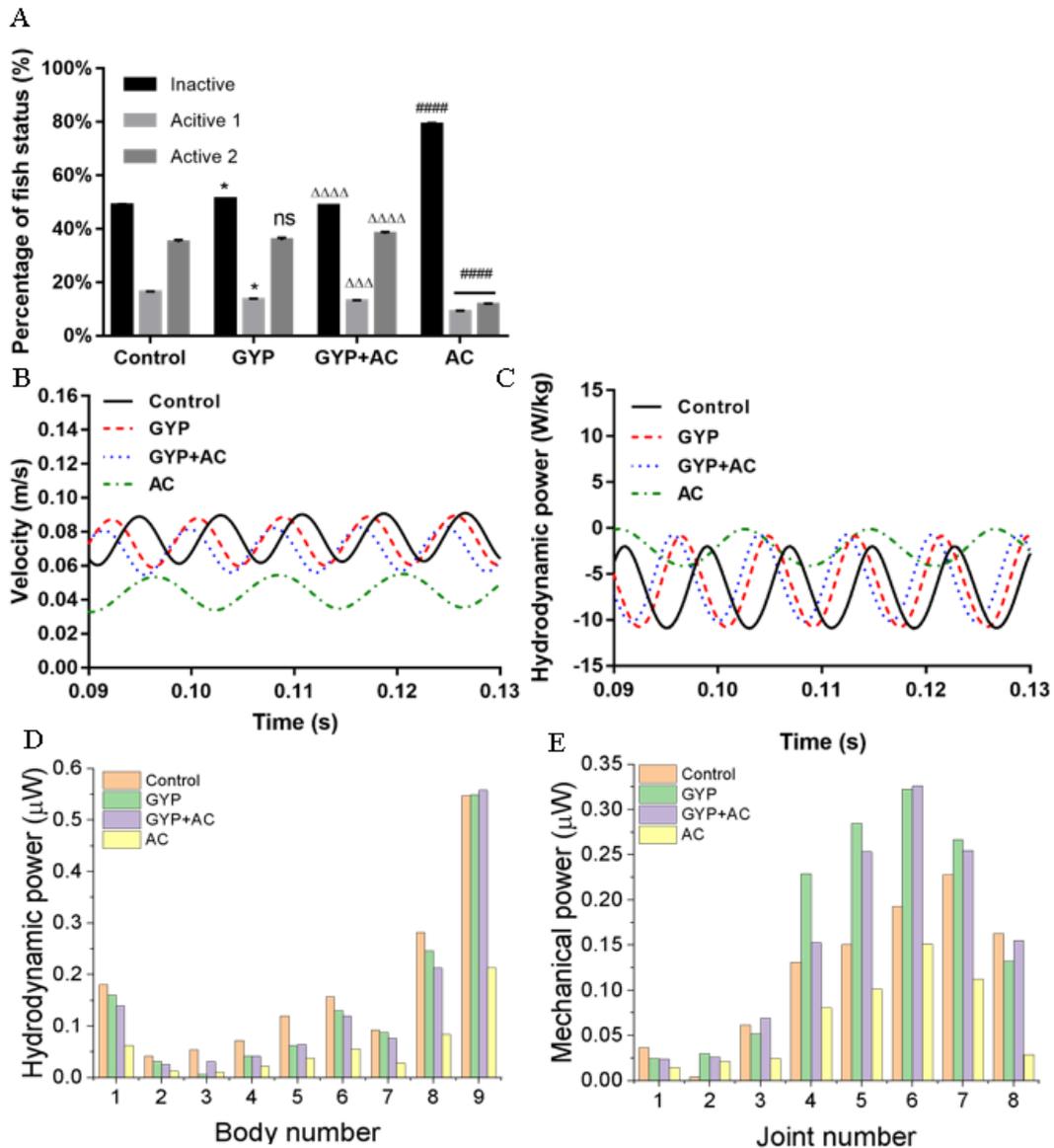
396 mechanical power along the fish body to quantify the differences of force and power

397 for different groups. To display the power distribution more clearly, we have used

398 absolute values for hydrodynamic power distribution along the body. Given that the

399 fish larvae were submerged in the solution, the whole body would have been exposed,
400 therefore we assumed that the axial muscle along the entire body would be affected by
401 exposure to acetic acid and GYP. Although the total power is kept balanced during
402 cruising, the power distribution is different for the internal muscle and body surface.
403 The averaged hydrodynamic power for the fish larvae in different groups in **Fig 3D**
404 showed a significant higher value starting from approximately 75% of body length.
405 According to motion equations, this region had the largest shape change along the
406 body in global frame, resulting in larger fluid force and more hydrodynamic power. In
407 **Fig.3E**, the mechanical power generated along the body showed an increase towards
408 the tail and a steep decrease at the tail. Higher mechanical power starts from
409 approximately joint number 4, located at the centre of the body, indicating that the
410 main power is generated in the posterior half of the body. In the posterior region, the
411 larger body curvature indicates higher muscle strain, thus indicating that more
412 strenuous work is done by this part of the body. Among the different groups, the group
413 treated with 0.1% acetic acid displayed significantly lower hydrodynamic power and
414 mechanical power. After treatment with GYP, the power increased to a level close to
415 that of the control group. For all body segments, both mechanical and hydrodynamic
416 power followed the tendency of the total hydrodynamic power, suggesting that
417 exposure influenced the entire axial muscle system. In this part of the study, the
418 internal muscle power has been quantified to provide a better understanding of the
419 beneficial effects of GYP.

420



421

422 Figure 3(A) Comparisons of swimming status for each treatment group, with mean \pm s.d.

423 * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$, ns for not significant. Comparison of GYP

424 group with control group is represented by '*'; comparison of AC treated group with

425 GYP+AC group is represented by 'Δ'; comparison of control with AC group is represented

426 by '#'. AC: 0.1% acetic acid; GYP: Gypenosides. Inactive (black column): Active 1: cyclic

427 swimming (light grey) Active 2 (dark grey): short time swimming. (B) Velocity comparison

428 for four groups based on numerical simulations. (C) Total hydrodynamic power comparison

429 for four groups. The negative values indicate balance with positive mechanical power due to

430 the zero total kinetic energy. (D) Hydrodynamic power distribution along fish body. Power

431 exerted by the fluid is calculated for each body segments, expressed with body numbering

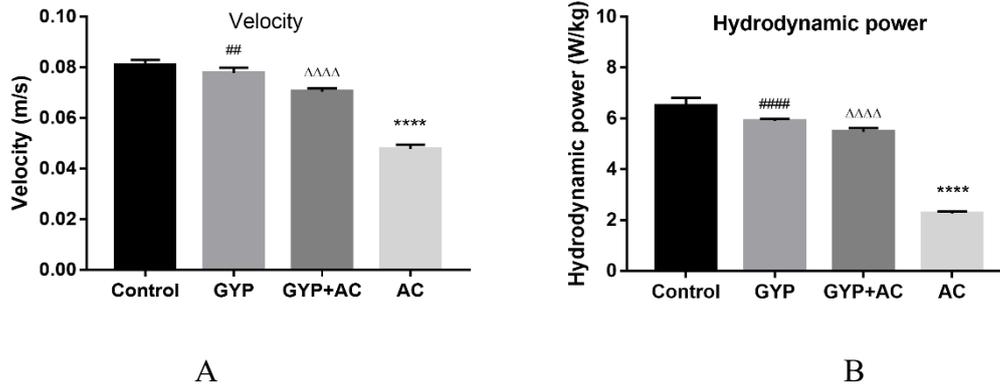
432 from 1-9. (E) Mechanical power distribution along fish body. Power generated by all virtual

433 joints numbering from 1-8 between two adjacent body segments are calculated.

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445 We also carried out statistical analysis of hydrodynamic and mechanical power at

446 different body sections and virtual joints to clarify if the effects of GYP protection

447 varied along the zebrafish body (**Fig. 5**). For hydrodynamic power, the overall

448 tendency along the body of power generated remained the same with total body

449 hydrodynamic power shown in **Fig. 4B**. It was obvious that the zebrafish larvae

450 exposed to acetic acid generated lower hydrodynamic power. When comparing GYP

451 and GYP+AC group, it is possible that at some body sections the GYP+AC group

452 zebrafish can generate higher hydrodynamic power than that of GYP group. This

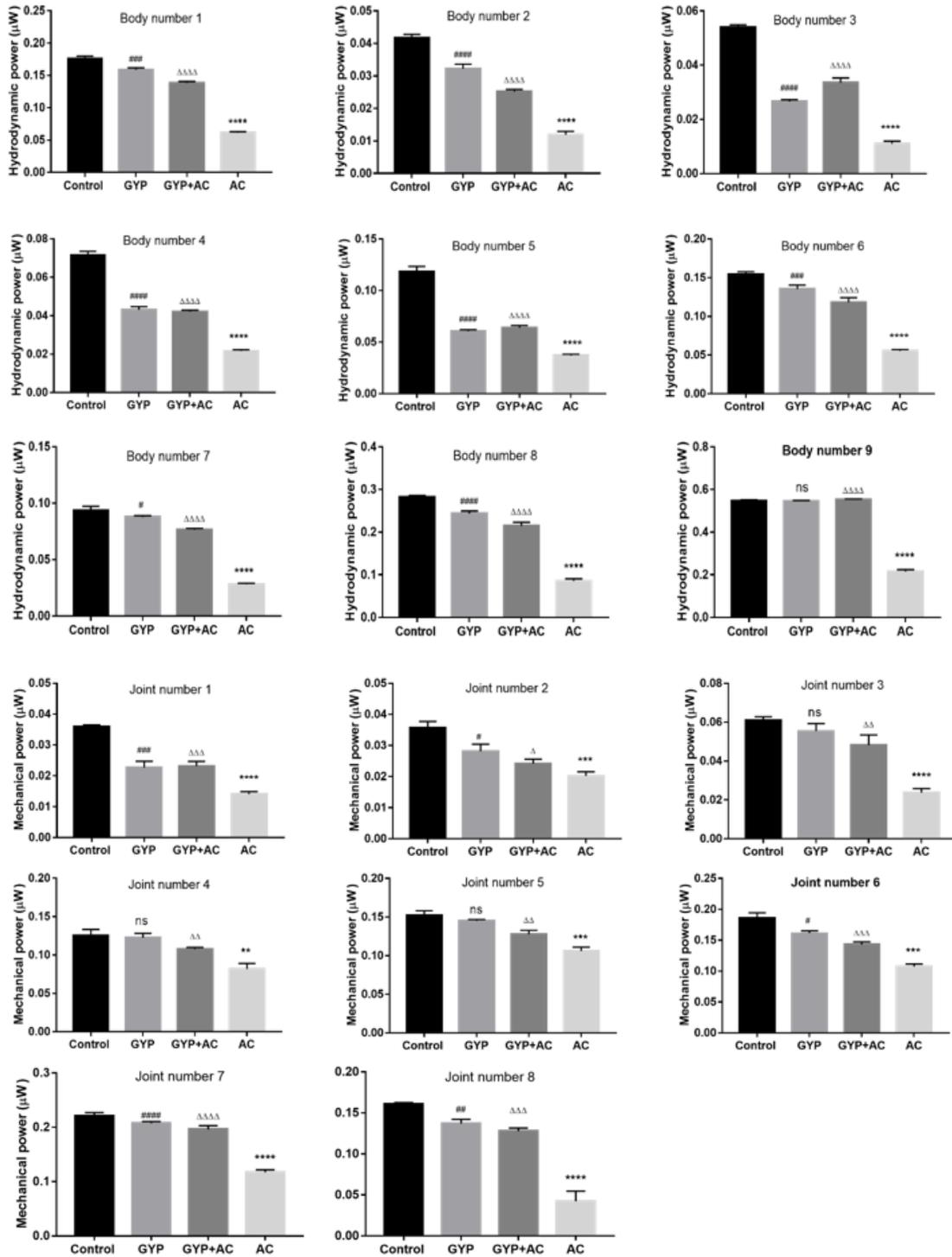
453 might be caused by minor side effects of GYP, together with stimulation by acetic

454 acid, as the effect of GYP could vary at different body sections due to different

455 absorbing abilities. However, similar circumstances should not affect mechanical

456 power, which directly reflects power generated with muscle contractions.

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461 Figure 5. Statistical analysis on hydrodynamic and mechanical power along the body. Body
 462 sections numbering from 1 to 9 depict hydrodynamic power comparisons among treated
 463 groups. Virtual joints numbering from 1 to 8 display mechanical power comparisons among
 464 treated groups. For all groups, ns, no significance; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** p
 465 < 0.0001 . Comparison of Control group with GYP group is represented by '#'; comparison of
 466 Control with AC is represented by '*'; and comparison of GYP+AC with AC is represented
 467 by 'Δ'.

468

469 A possible factor that can influence fish swimming performance is body elasticity,
470 which has not been considered in the current research. Zebrafish larvae swim in an
471 intermediate flow regime with large viscous effects, which requires higher thrust to
472 overcome drag; this is achieved by higher tail beat frequency and amplitude. This
473 would in turn cause higher drag and energy loss (lateral momentum shedding), and so
474 any evaluation of swimming performance should consider the body elasticity, which
475 can save energy. [54] studied flexural stiffness of superficial neuromasts as this is
476 correlated with the detection of surrounding fluid. [55] provided a prediction of fish
477 body's visco-elastic properties and related it to muscle mechanical behaviour *in vivo*
478 based on a continuous beam model. Although not tested on zebrafish specifically, fish
479 in general tend to adjust their body elasticity at specific positions in order to optimize
480 their swimming performance by increasing efficiency and energy saving [56].
481 However, the distribution of visco-elastic properties along the fish body are difficult
482 to measure precisely, thus the mutual contributions from visco-elastic properties to the
483 optimized swimming performance cannot be determined individually. Moreover, it is
484 technically difficult to observe subtle body curvature changes. Different fish species
485 may have different elasticity for different purposes, such as for
486 acceleration/deceleration or cruising swimming [21]. Acknowledging the importance
487 of body elasticity for a better understanding of muscle function in controlling fish
488 swimming, we intend to focus in our future research on the visco-elastic properties at
489 predicted positions, with the help of muscle dissection. To be specific, muscle related
490 adverse medical treatment may have effects on muscle tissues such as shortened or
491 dissolved local muscle fibres [57]. By applying predicted elasticity characteristics and
492 comparing these with the live fish tissue properties at those locations, it might be
493 possible to account for the influences on altered swimming behaviors.

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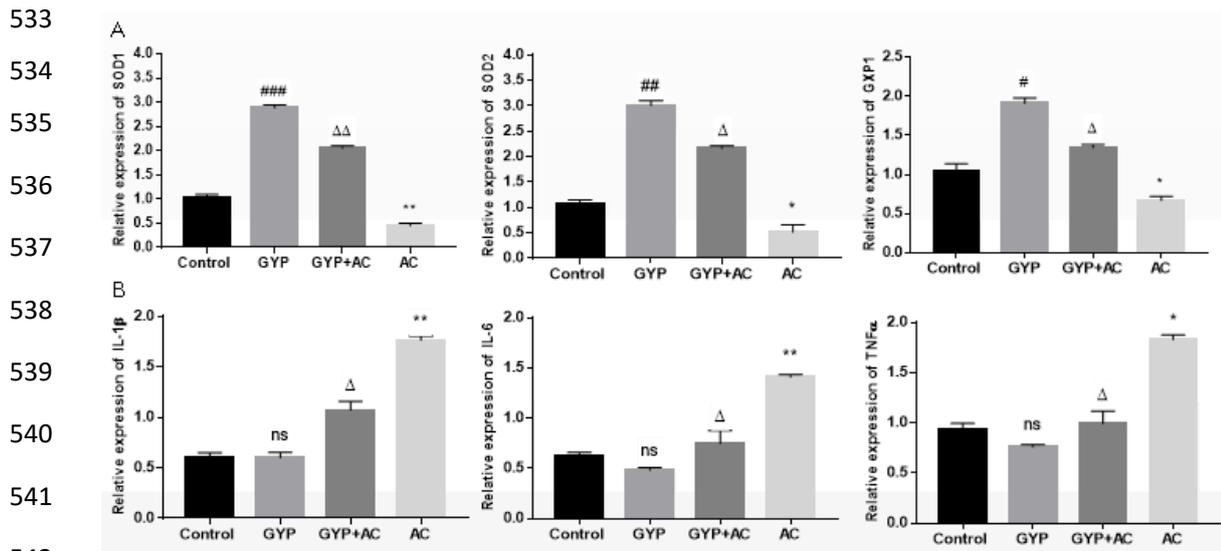
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497 ***Gypenoside increased anti-oxidative capacity and decreased inflammation in acetic***
498 ***acid-treated zebrafish larvae***

499 Oxidative stress and inflammation play an important role in the development of pain
500 and have been shown to be two main molecular mechanisms involved in muscle
501 atrophy in mice and also in humans [58, 59]. This suggests they might be capable of
502 inducing muscle-related symptoms. Previous work showed that the natural product
503 quercetin inhibited inflammatory pain by increasing glutathione (GSH) generation
504 and decreasing the production of inflammatory mediators [60]. Another natural
505 product, diosgenin, demonstrated a capacity to ameliorate the neuropathic pain
506 associated with diabetes mellitus. Diosgenin treatment in streptozotocin-induced
507 diabetic rat inhibited production of IL-1 β and TNF- α in serum, enhanced catalase and
508 SOD activities in serum, sciatic nerve and dorsal root ganglion, and restored
509 nociceptive thresholds [61]. Our previous work demonstrated that GYP restored
510 antioxidative capacity and inhibited proinflammatory cytokine production in
511 H₂O₂-treated retinal pigment epithelial (RPE) cells [33]. Intraperitoneal injection of
512 diluted acetic acid has been widely used to induce pain in rodent models [60, 62].
513 Acetic acid induces production of inflammatory cytokines such as IL-1 β , IL-8 and
514 TNF- α , which mediate writhing response in mice [62]. Acetic acid has been applied to
515 induce pain and nociception in zebrafish (larvae or adults) via introduction to
516 zebrafish water or by local injection [10, 19, 41, 63-65]. Studies on functional
517 consequence of acetic acid exposure in zebrafish have mainly been focused on
518 zebrafish locomotion activity and behavior. Here we examined the effects of acetic
519 acid on oxidative stress and inflammation in zebrafish and whether GYP mediated
520 oxidative stress and inflammation in acetic acid-treated zebrafish larvae (shown as
521 **Fig. 6**). QRT-PCR data demonstrated that expression of antioxidant genes, including
522 SOD1, SOD2 and GPX1, was significantly decreased in acetic acid-treated zebrafish
523 compared to untreated control zebrafish and that co-treatment with GYP resulted in a
524 marked increase in expression of these three genes (shown as **Fig. 6A**). Acetic acid
525 treatment caused significantly increased expression of inflammatory cytokine genes
526 IL-1 β , IL-6 and TNF- α when compared to untreated control zebrafish; co-treatment

527 with GYP reversed the acetic acid-induced effects (shown as **Fig. 6B**). Based on our
 528 numerically simulated results regarding internal muscle mechanism variations, we
 529 deduce that GYP can alleviate pain caused by 0.1% acetic acid and the effect can be
 530 attributed to antioxidant and anti-inflammatory functions and expressed with
 531 quantified internal muscle mechanisms. Most importantly, we have developed a novel
 532 approach to evaluate the therapeutic potential of GYP for neuropathic pain.



543 Figure 6. GYP regulated expression of antioxidant and pro-inflammatory genes. (A)
 544 Expression of antioxidant genes in untreated and treated zebrafish larvae. (B) Expression of
 545 proinflammatory genes. Experiments were repeated three times. Data are presented as means±
 546 standard error (SE). ns, no significance; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Comparison of
 547 Control group with GYP group is represented by '#'; comparison of Control with AC is
 548 represented by '*'; and comparison of GYP+AC with AC is represented by 'Δ'.

549

550 In conclusion, in this paper an analysis of the protective effect of Gypenosides against
 551 acetic acid on zebrafish larvae has been carried out. Unlike previous research, we
 552 have combined CFD simulations on zebrafish locomotion to study the effects on
 553 zebrafish behaviors and internal muscle mechanics. As a high concentration of acetic
 554 acid is known to cause pain/damage to zebrafish larvae muscle and has been tested
 555 extensively, we chose to investigate the protective effects of of 5 $\mu\text{g}/\text{mL}$ GYP
 556 against exposure to 0.1% acetic acid and observed the alleviation of muscle
 557 inflammation after GYP treatment. The conclusions have been confirmed by both
 558 QRT-PCR data and CFD simulated results, showing that our computational method

559 could assist in evaluating the protective effect of GYP against acetic acid and other
560 harmful substances. In addition, we have also quantified the internal muscle
561 mechanics that can partially reflect the effects of medicine on muscle status, data that
562 is difficult to acquire from standard experiments. Considering the cheaper cost and
563 faster preparations of CFD simulation compared to qRT-PCR analysis, our method
564 could potentially be used to evaluate the effects of drugs on zebrafish behaviors and
565 thus support the development of therapeutic drugs for neuropathic pain.

566

567 Author contribution

568 Q.X. and X.S. conceived the study. Z.Z. and G.M.T. carried out the experiments. Z.Z.,
569 G.M.T., H.J. and X.S. analysed the data. Z.Z., Q.X., J.R. and X.S. wrote the
570 manuscript.

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575 Conflicts of interest

576 The authors have no interest to declare.

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