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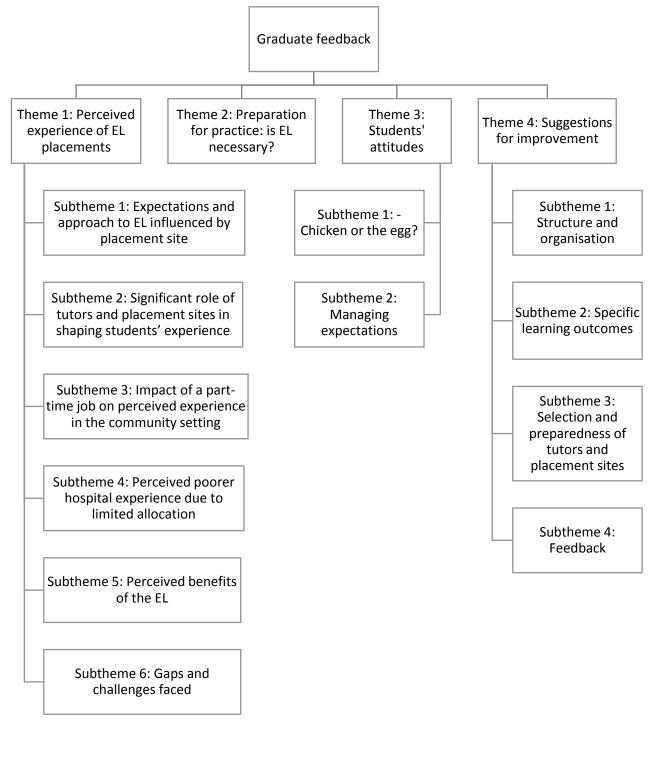
1 **1. Introduction**

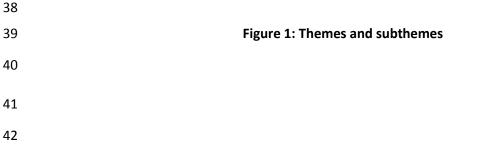
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3 In the United Kingdom (UK), undergraduate master of pharmacy (MPharm) students 4 undertake experiential leaning (EL) as part of their curriculum. The purpose is to equip them 5 with the necessary skills to enter the workforce, and it has been reported that EL helps 6 develop clinical and core soft skills required of a pharmacist such as communication and interpersonal skills (Cox, 2016; McCartney & Boschmans, 2018; Nojima, Ravia, & Hongu, 2017; 7 8 Prisco et al., 2017). Placements can also help students in determining their future career paths 9 and network with the workforce (Owen & Stupans, 2009). With the changing healthcare model and the focus on patient-centred care, EL takes on greater salience. 10

In a School of Pharmacy (SoP) in Scotland, EL focuses predominantly on community 11 and hospital settings. For community EL, the first day is arranged by university staff. Students 12 then negotiate the remaining visit dates with the tutor and may undertake full-day 13 placements if the university timetable permits. For final year EL, students volunteer for a 14 15 limited number of hospital EL places in the first semester while the remaining students have community EL; all attend community EL in the second semester. Before the placement, 16 students are given a handbook which outlines their EL responsibilities as well as the learning 17 outcomes to be achieved for all four years. These learning outcomes are based on the 18 Standards for the Initial Education and Training of Pharmacists introduced by the General 19 Pharmaceutical Council (GPhC), the regulator of pharmacists in the UK (General 20 Pharmaceutical Council, 2011a). Students may also undertake paid or unpaid summer 21 placements in community and hospital practice but students bear the sole responsibility of 22 23 planning these placements, which are not part of the University requirements for study.

24 In 2018, the SoP embarked on the TELL Project, a Three-60 degree evaluation of the 25 ExperientiaL Learning at the university, with the objective of allowing students, graduates, tutors, and stakeholders to TELL us what they think of the EL and what they want from it. We 26 report here the findings from the study involving recent graduates of the MPharm 27 28 programme. The overarching question was: as they undergo pre-registration training to prepare them to be pharmacists, do they feel the EL undertaken during their MPharm was 29 effective in preparing them for practice? This article is Part 2 in a two-part series describing 30 31 the results of a mixed methods study of graduates to obtain feedback on their EL experience. Part 1 describes study methods in detail, reports on the demographics of respondents, details 32 graduates' perceptions of the effectiveness of the EL from the survey results, and discusses 33 themes one to three of the qualitative research (Figure 1). This article, Part 2, reports the 34 overall feedback of graduates regarding EL, and discusses in detail theme four of the thematic 35 36 analysis.





43 **2. Methods**

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45 2.1 Study design

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A mixed-methods concurrent triangulation design was adopted which comprised a 47 cross-sectional survey, semi-structured interviews and a focus group discussion (FGD) of 48 recent graduates of the MPharm programme. The university ethics committee confirmed that 49 50 ethical approval was not required for this evaluation. Briefly, the quantitative online survey utilized an 8-item anonymous self-report consisting of one open-ended and seven closed-51 ended questions, the latter utilising 5-point Likert-type scales ranging from strongly disagree 52 (1) to strongly agree (5). In the survey, graduates' feedback on the effectiveness of the EL, 53 organisation and structure of the EL, as well as tutors and placement sites were sought. 54 55 Demographic details were collected. Preliminary findings from the survey were used to 56 develop the interview guide for the qualitative interviews, which adopted a grounded-theory approach. Purposive and snowball sampling were used to recruit study participants. All 57 sessions were audio-recorded and participants were not offered any incentives. 58

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60 2.2 Data analysis

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Analysis of survey outcomes were performed using Microsoft Excel and SPSS 24.0 statistical software (SPSS Inc, Chicago, IL, USA). To create a composite picture of what respondents disagreed and agreed on questions employing the five-point Likert scale, responses were collapsed to a 3-point scale (agree, neural, disagree). Mean values of students' feedback were generated by tabulating their responses on the 5-point Likert scale.

Recorded interviews were transcribed verbatim, and results were imported into NVivo 12 67 Software (QSR International Pty Ltd., Version 12, 2018)(Richards, 2005). A coding framework 68 was developed based on independent coding of two transcripts by the researchers. The 69 remaining transcripts were coded with new codes added to the framework as and when they 70 71 occurred. Thematic analysis was performed on the transcripts as well as open-ended 72 comments, guided by Braun and Clarke's (2006) six phase approach to coding. Data saturation 73 was achieved with no new themes emerging in the later interviews. Transcripts were returned 74 to all participants for comments and/or corrections.

Respondents to open-ended comments are referred to as 'respondents' while those 75 76 who were interviewed are referred to as 'participants' The word 'student' is used as a general 77 term in describing the experience, in describing the 'status' of the graduates when they undertook their EL, and in reference to current or future students undergoing EL. Open-ended 78 79 comments are indicated by the letter 'O' and respondents are identified according to their 80 current pre-registration site (e.g. OH for those working in the hospital), undergraduate parttime job status (e.g. P - part-time; Y - yes), and if they had summer placements (e.g. S -81 82 summer; N - no). Interview participants are identified according to their current preregistration site (e.g. C1 or H1). The one FGD involving hospital pre-registration trainees is 83 identified as H-FGD with numbers indicating the number assigned to each participant during 84 85 the FGD (e.g. #2, H-FGD).

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3. Results

- 3.1 Quantitative survey

95	Sixty-three graduates responded to the quantitative survey, and of the 52 respondents
96	with demographic data, the majority (71.2%) were completing their pre-registration training
97	in the community. During their MPharm, the majority of respondents (67.3%) did not
98	undertake a hospital pharmacy summer placement while 49 (94.2%) worked part-time in a
99	community pharmacy. Respondents were neutral with regard to their overall feedback of the
100	EL component, however 56.8% of those completing their pre-registration training in the
101	community did not agree that the time spent in community was sufficient to prepare them
102	for practice. Thirteen of the 15 respondents from the hospital group felt that the time spent
103	in the hospital was not sufficient to prepare them for practice. There was near unanimous
104	agreement that EL in other settings, such as primary care, should be allowed. None of those
105	currently practicing in the hospital felt the EL was unnecessary. Of the 23 respondents who
106	disagreed that EL prepared them for practice, 78.8% were from the community (Table 1).

- Table 1

09	Overall feedback on Experiential Learning (EL)

	Statements [#]	Disagree	Neither agree nor disagree	Agree	Mean (± SD*)
a)	The allocated EL hours in the community were sufficient to prepare me for practice	24 (46.2)	6 (11.5)	22 (42.3)	3.00 (± 1.56)
b)	The allocated EL hours in the hospital were sufficient to prepare me for practice	41 (78.8)	6 (11.5)	2 (3.8)	1.80 (± 0.96)
c)	Students should be allowed to do placements in other settings e.g. hospices, GP surgeries etc.	1 (1.9)	2 (3.8)	49 (94.2)	4.60 (± 0.66)

 d) Pharmacy employment, for example on a Saturday, should be recognised by the university as EL 	15 (28.8)	2 (3.8)	35 (67.3)	3.79 (± 1.51)	
e) Students should be allowed to select their own EL placement sites	11 (21.2)	17 (32.7)	24 (46.2)	3.42 (± 1.32)	
f) Overall, tutors in the hospital settings prepared me well for practice	19 (36.5)	11 (21.2)	17 (32.7)	2.87 (± 1.35)	
g) Overall, tutors in the community settings prepared me well for practice	13 (25)	17 (32.7)	22 (42.3)	3.19 (± 1.03)	
h) The EL programme was well coordinated	22 (42.3)	14 (26.9)	16 (30.8)	2.77 (± 1.18)	
i) I received sufficient support from the academic staff at SIPBS on matters related to EL	9 (17.3)	12 (23.1)	28 (53.8)	3.45 (± 1.17)	
j) The EL programme is unnecessary	38 (73.1)	5 (9.6)	9 (17.3)	2.08 (± 1.08)	
k) Overall, I think the EL programme prepared me for practice	23 (44.2)	12 (23.1)	17 (32.7)	2.83 (± 1.13)	
Overall mean					

- 110 #EL: Experiential learning111 *SD: Standard deviation
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- 114

115 *3.2 Interviews and focus group discussion*

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Twenty-eight graduates responded to the open-ended comments with regard to 117 118 graduates' overall experience with the EL programme. Ten one-on-one sessions were 119 conducted over the phone: interviews took an average of 24 minutes. Three participants were 120 currently completing their pre-registration training in the community, six were in the hospital, 121 while one was doing a modular attachment. One FGD, which involved four graduates currently completing their pre-registration training in hospital, was conducted in person at 122 the participants' place of work and took approximately an hour. Participants were 123 predominantly female (78.6%) and all but one had part-time jobs in a community pharmacy 124 125 during their undergraduate degree. Thematic analysis revealed the following four key themes (Figure 1): 1) Perceived experience of EL placements; 2) Preparation for practice: is EL 126

necessary?; 3) Students' attitudes; and 4) Suggestions for improvement. We elaborate ontheme four.

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130 3.2.1 Subtheme 1: Structure and organisation

131 3.2.1.1 Allocation of time between placement sites

Most graduates felt that more EL was warranted as the limited time gave an unrealistic 132 picture of what working in the pharmacy would be like. There were a lot of complaints about 133 134 the lack of time spent in the hospital setting, and there was a call by the majority for more hospital EL, as illustrated in the following reflection: "In hospital pharmacy the time spent 135 there was extremely sparse and nowhere near enough to give a good representation of what it 136 137 is like" (OC7, SN, PY) Graduates also wanted more of a balance between time spent in the community and hospital, and there was a request for fairer rotation of hospital placements 138 as the same students kept getting picked. 139

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141 3.2.1.2 Longer duration of placements

142 There was near unanimous agreement among participants for the EL to be conducted in blocks or over weeks, with participants lamenting the half day or one-day placement 143 durations impeded their learning. Participants drew examples from other healthcare 144 professionals who seemed better prepared for practice due to their extended placement 145 experience: "...you see the medical students and you see the nursing students and they're out 146 learning so much day to day on the job but there's no pharmacy students or the pharmacy 147 students might be there for a day and it's not enough time to see everything that's out there." 148 *(M1)* 149

Graduates were of the opinion that longer EL would increase their competencies, 150 151 ensure a better learning experience, enable them to see their tasks through from beginning to the end, and afford more continuity and consistency in their learning. Graduates perceived 152 that spending just half a day did not allow them to integrate well with the placement staff, 153 154 and instead felt that longer placements would allow them to build better working relationships with staff and feel "like part of the team rather than someone who was just 155 visiting" (H7). Some participants suggested that block placements would be easier to 156 157 organise and fit into their timetable.

Graduates perceived that spending half a day in the community did not allow them to 158 get a good understanding of what happens in the pharmacy as some patients might only come 159 160 in and utilise services in the half of the day they were not around. Participants also lamented that the lack of experience gained due to half-day placements forced them to obtain a part-161 162 time job: "...but because the experiential learning placements were just [...] so little time it would just be a half day [...] in 1st and 2nd year I didn't really get much experience so I just 163 went and got my Saturday job just to get more experience" (#3, H-FGD) There were 164 comments, however, from those who had part-time jobs, that spending one to two weeks in 165 166 the community in final year was too long and unnecessary.

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168 3.2.1.3 Organisation of placement sites

Participants highlighted that there should be better communication between the university and placement sites so they were aware when students were coming and were able to set aside time for this. Participants also suggested that placement sites should be selected based on where students live, with one suggesting that students be allowed to submit a list of preferred sites based on their location. There was a call by graduates for more variation in types of pharmacies students were sent to e.g. independent vs chain pharmacies. Similarly,
many felt it would be good to include other placement sites such as primary care, saying it *"… would be excellent especially as there are more and more pharmacists getting jobs situated in GP practices…" (OC16, SN, PN)*

The majority felt that students should not be allowed to select their own placement 178 sites as if given the option, most would just pick their own part-time pharmacies. Participants 179 thought it was good to be pushed out of their comfort zones and work at a place they were 180 181 unfamiliar with. Participants suggested instead that students be allowed to indicate to the university what area of pharmacy they were interested in as "...people have different interests 182 in what they want to do career-wise [...] and they might prefer certain places over others but I 183 184 think a varied experience learning is the best way to sort of get the most experience and see what suits you as a person." (H2) 185

When asked if students should be sent to the same site each year, responses were ambiguous. Some felt they should be sent to different sites as it would allow a more varied experience that would enable students to get an exposure to different pharmacy systems and working styles: "...I've worked with lots of different pharmacists, so I've seen a bit of oh I like what this person does, but I also don't like what this person does, so you take different things from different pharmacists, which is I think really useful." (C1)

Others were in agreement that students should be sent to the same site each year, arguing that this allowed students to develop familiarity with how the pharmacy works, enabling students to become accustomed with the systems in place. More importantly, participants felt that being sent to the same site each time would allow them to develop a rapport with the pharmacy staff, which would help facilitate the experience, "…you become *familiar with the staff and that you maybe feel more comfortable and get to know them meaning*

you can focus on your objectives better and they can help you once you've got that relationship with them." (*H7*) According to participants, ultimately it would depend on the tutor and placement site: if students had a tutor who was engaged and eager to teach, it would be in their best interest to be sent to the same site. Similarly, participants felt if a pharmacy was not busy enough and lacked workload, students might be at a disadvantage if they kept being sent to the same site.

On whether their part-time work should contribute toward their EL hours, some felt 204 it should be taken into consideration. Arguments to support this was the fact that they 205 covered similar tasks during their part-time work. Others, however, disagreed, commenting 206 that their role at work was as a staff or "technician", whereas their role during EL was as a 207 208 student, and it was important to make this distinction. According to participants, this might not be achievable at their place of work where they have their own responsibilities and might 209 not be given the necessary tasks to achieve their learning outcomes. Participants also 210 211 perceived that it would be difficult changing their role in their work place from dispenser to 'pharmacist': "... experiential learning you were supposed to be there to learn how be the 212 pharmacist and to learn what you needed to, whereas at work you have tasks that you need to 213 do and you need to get done whereas I think it's probably more beneficial if you learnt 214 experiential learning as [...] a kind of supernumerary figure that was there solely to learn." 215 216 *(H4)*

In busy pharmacies where they worked part-time, participants perceived not having the opportunity to ask questions or spend time focusing on their own learning. Participants also perceived that there could be bias on the part of tutors who might just sign them off even if they hadn't completed a task, as one graduate noted, "... *they might [...] have a good relationship with the tutor the tutor might sign them off for something where they actually* 222 maybe shouldn't[...] maybe the tutor won't want to be 'oh you've not done this' because they 223 get along..." (C1) There were suggestions that students be allowed instead to focus on tasks 224 which had not been covered during their part-time jobs or for them to be allowed to 225 undertake less time in the community for EL.

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227 3.2.2 Subtheme 2: Specific learning outcomes

The learning outcomes outlined in the handbook were said to be achievable and most 228 found it as a good guide to help them structure their placement experience in terms of time 229 and workload, and facilitate the application of their knowledge to practice. There were 230 suggestions, however, for more guidance and explanation on the learning outcomes and what 231 232 was expected of students. Some perceived the learning outcomes as too simple and vague, suggesting that it should be more specific and focused for example, "...say dispense x amount 233 of prescriptions, check x amount of prescriptions [...] I feel the learning outcomes were quite 234 235 vague they (tutors) didn't know exactly what you had to complete." (C2) There was also a suggestion to include interprofessional learning outcomes so students learned how to 236 communicate with other healthcare professionals. 237

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239 3.2.3 Subtheme 3: Selection and preparedness of tutors and placement sites

Participants were of the opinion that tutors should be trained so they are familiar with the learning outcomes students have to achieve, with students relating certain instances where the tutors were perceived as not being sure of what was expected of students. Participants felt this was also necessary to ensure tutors were aware that students were there to learn and get more exposure to the role of pharmacists. This was mentioned in the following open-ended comment: *"Training sites [...] in community must be told with emphasis* that the student should not be used as another member of staff, and should undertake limited
dispensing activities to give time for clinical consultations and other activities." (OC4, SY,
PY)

The presence of pre-registration trainees in the site was perceived by participants to 249 250 enhance the placement experience as it allowed them to ask questions in preparation for their future roles. As pre-registration trainees had recently undergone a similar experience, it 251 was perceived by participants that they were able to explain things better to students and 252 were better aware of areas they needed assistance with. Participants felt tutors who were 253 also trained as pre-registration tutors provided a much better placement experience 254 compared to those not trained, noting "all the other people that I had been with in community 255 weren't pre-registration tutors, had never had a pre-registration trainee so it wasn't quite as 256 beneficial [...] there was just a clear difference in somebody who was a pre-registration tutor 257 and somebody who's not a pre-registration tutor and knowing what to do." (H4). The 258 259 experience with pre-registration tutors was perceived as very positive by participants, with students allowed to be more hands-on, and the tutors perceived as being very organised with 260 several tasks planned for the students to undertake: "...and the pharmacist that I was with 261 262 during that one week they were all pre-registration tutors and they were so good [...] they were very trusting of the student that was with them which I thought was quite nice..."(H5) 263

Participants felt that more information about the students and their level of knowledge should be provided to tutors to ensure they are pitching at the right level, as according to them the course had changed significantly from when their tutors had undertaken it. It was also suggested that tutors should have protected time when students are there on placements to ensure students are given their full attention, as illustrated in the following statement: "...*to be able to actually not need to think oh I need to do discharges [...]*

270 I need to do this I need to do that while trying to teach students which is really hard..."(H1)

Likewise, according to participants it was important to select placement sites which 271 would allow students to have a varied experience and be exposed to different types of 272 services. In the community especially, students wanted more hands-on experience which did 273 274 not include dispensing. Participants also felt it should be ensured that all students benefitted equally from their placement experience. One participant shared, "...we found the eight of us 275 that went to the [tertiary-care hospital] had a really, really, really good experience whereas 276 other students were having a terrible experience [...] it should all be a level playing field it 277 shouldn't matter where you go you should all get the same out of it I think." (M1) 278

One suggestion was that pre-registration training sites should be selected as 279 280 placement sites, given their experience in training students as pharmacy staff would be familiar with having students and know how to place them within the pharmacy. To ensure 281 students were getting the relevant placement experience, participants suggested that quality 282 283 assurance of placement sites should be undertaken, such as via visitations or getting feedback 284 from students. This was suggested to ensure there was a good structure in place and sites were not short-staffed or too busy that students could not complete their learning outcomes, 285 and not too quiet there was nothing to do, similar to what is done for pre-registration 286 placement sites. One participant lamented, "...but I feel people have gone to community 287 pharmacies for a placement and people have been off and it's almost that's been allowed 288 because they knew they had a student coming in..."(H5) 289

290 Similarly, participants suggested that checks were necessary to vet tutors to ensure 291 they were well-prepared for students, were available, and actually interested in supervising 292 students. This was highlighted in the following comment: "…*I think the university should limit* 293 *the number of pharmacies that take on or agree to take on students because I feel a lot of*

community pharmacies they'll take on a student but don't really want to put in that effort to make sure the student makes the most out of it [...]but there are again another select pharmacies which make sure that students get the best possible experience..." (#3, H-FGD)

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299 3.2.4 Subtheme 4: Feedback

Participants reported receiving no feedback from any of the tutors, , although 300 graduates felt this was understandable in the hospital as they were limited to shadowing the 301 302 pharmacists and did not actually perform any tasks. However, participants were unanimous in their desire for feedback, noting that having an awareness of their strengths, weakness, 303 304 and areas they needed to improve on, would help them in their future practice and in writing 305 their reflections. As well, participants were of the opinion that obtaining feedback would prepare them for the same experience during pre-registration training, as feedback was at 306 the very core of pre-registration training. Participants also felt feedback should be formalised 307 as this would ensure engagement from tutors and that feedback was actually given: "...if it's 308 309 more formalised the tutors are more likely to have involvement with the students as well so they'd be looking out for things that they're not doing so well and [...]may be able to pick up 310 311 on things that the students might not notice (#3, H-FGD) There were also suggestions that feedback should be both ways, with students feeding back to the university on the tutors as 312 well. Participants felt this would also encourage tutor-engagement as tutors knew the 313 314 information would be passed on to the university

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316 4. Discussion

Suggestions for improving the EL were mainly related to the structure, with calls for longer duration, better allocation to the hospital setting, and expansion to other sites such as primary care. While having a part-time job had a major impact on their EL experience and feedback, opinion was divided as to whether it should contribute to EL hours. The importance of tutor-training and selecting appropriate placement sites was also stressed, along with the need for feedback from tutors.

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325 4.1 Contribution of part-time work to EL hours

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A number of respondents and participants felt that part-time work should be 327 328 recognised by the university as ELA nationwide survey of universities in the UK also revealed some support for students receiving EL credit for their part-time work (Details not provided 329 330 to preserve blinding). However, participants highlighted that they had their own 331 responsibilities at their work, which did not allow any time for learning. One of the key aspects 332 of EL is the process of reflecting about the experience. As illustrated in Kolb's cycle, students have to immerse themselves in the experience and then reflect on the experience (Kolb DA, 333 1984). This process then facilitates the acquisition of new skills and ways of thinking. Students, 334 335 however, are not asked to reflect during their part-time work (Pham, 2009).

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337 *4.2 Adopting quality assurance measures*

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339 Issues with tutors such as the lack of interest and preparation, prompted calls for tutor 340 training. With the introduction of the Preparation for Facilitating Experiential Learning 341 Training (PFEL) for tutors by NES, it is hoped that tutors will have a clearer idea on what should

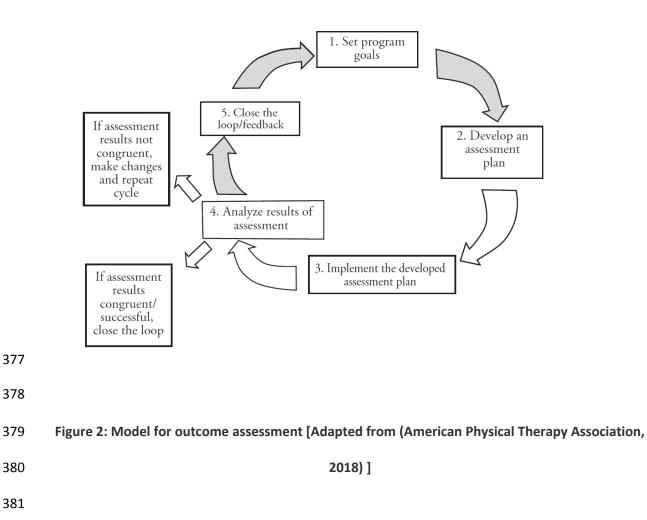
be expected of students, and of themselves (NHS for Education Scotland, 2019). Indeed, participants in this study noted that the quality of training received from pre-registration tutors was superior to those who were not. In Scotland, NES provide additional QA around pre-registration training sites that is currently not conducted in the rest of the UK, and as such all pre-registration tutors must undergo training which exceeds the GPhC requirements. Thus, QA measures and regular placement visits should be introduced to ensure students are getting an educationally-appropriate experience (Skrabal et al., 2010).

349 Continuous quality improvement (CQI) processes are important to ensure EL outcomes are achieved and all students receive a standard experience across different sites 350 (Assemi, DiVall, Lee, Sy, & O'Sullivan, 2017). It has also been noted that site visits help in 351 352 building and maintaining a collaborative relationship between the university and tutors (Assemi et al., 2017), ultimately translating to a better student experience. The Standards 353 354 introduced by the GPhC call for quality assessment of placement sites (Standard 2.3) (General 355 Pharmaceutical Council, 2011b). However, no details have been provided about the methods 356 for going about this. One of the major challenges highlighted with regard to EL was QA of sites and tutors, the latter ranked third in a survey of UK universities (Details not provided to 357 preserve blinding). This has been mainly attributed to the lack of staff and resources 358 (Darbishire, Devine, Holowatyj, & Schmelz, 2008; Details not provided to preserve blinding; 359 360 Devine & Darbishire, 2015). Potential solutions would be to use teleconferencing for remote site visits and webinars to communicate with tutors (Assemi et al., 2017). 361

One method widely adopted for CQI is the five-step process outlined by the American Physical Therapy Association (Figure 2)(American Physical Therapy Association, 2018; Assemi et al., 2017). Before beginning the cycle, the first step would be to set up the assessment team who will be in charge of the CQI. Goals of the CQI should then be developed and linked to

expected outcomes which are measurable and assessable. These goals and outcomes will be 366 367 dependent on the 'target' i.e. tutor-specific, site-specific or student-specific. For example, a student-specific outline can be defined as "At the end of the EL, students should achieve or 368 be able to..." The next step is the development of an assessment plan which will include 369 specific information such as on indicators of outcomes, timeframes, and threshold criteria 370 that will warrant the need for a change. The assessment plan is also developed depending on 371 the 'target' e.g. site visits and feedback from students for tutor-specific assessments. Some 372 sites have used Yelp-type rating from students while others have employed tutor report cards 373 (Assemi et al., 2017). 374

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385	Results of the CQI are then analysed and changes implemented if necessary. This could						
386	include discussing feedback from students with tutors who received low ratings, or initiating						
387	training programmes, extra visits, and discussions with tutors where problems are flagged						
388	(Assemi et al., 2017). The final step is closing the loop which involves a feedback process about						
389	the changes or actions implemented. It is imperative that it is understood that CQI processes						
390	including the resultant changes implemented are for the 'greater good of the programme'						
391	and should not be seen to have punitive connotations (American Physical Therapy						
392	Association, 2018).						
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394	4.3 Duration of placements						

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Participants stated a preference for block placements, similar to EL in Australian 396 universities (Owen & Stupans, 2009). In Scotland, allocation of graduates to pre-registration 397 sites is based on tutors' preference lists (NHS Education for Scotland, 2019). To obtain a place 398 on this list, students are encouraged to undertake placements at their preferred sites to 399 400 establish a relationship with staff and be able to show their self-worth and skills, and this is 401 best achieved through longer placement durations (Prisco et al., 2017). In addition, shorter 402 placements are not practical for the development of most skills, as outlined in students' learning outcomes. For instance, professionalism is frequently stressed in the Standards 403 (General Pharmaceutical Council, 2011b), and is achieved in EL through the process of 404 405 socialisation. This is enhanced through a process of feedback between tutors and students,

and role-modelling where students learn through interacting with and observing other staff
(Hammer, 2006) – a process that requires a significant amount of time.

In addition, tutors often have to spend considerable time orientating new students to 408 409 the practice site and the workings of the site, which would take up a significant proportion of 410 students' time if they were on brief placements (Hall, Musing, Miller, & Tisdale, 2012). Tutors would then have to repeat the whole process again with a new batch, only for them to go 411 412 away again without gaining sufficient clinical exposure. A longitudinal placement model, as 413 proposed by Hall et al, would allow these students to receive their orientation and then have sufficient time to immerse themselves in the practice team and contribute to patient care 414 415 (Hall et al., 2012). This will then make practice sites more open to accepting students for placements as they see their value to the site and patients (Chase, 2007; Hall et al., 2012; 416 Walker et al., 2015; Zdyb, Lyden, & Allen, 2015). 417

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419 *4.4 The value of peer-mentors*

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421 Many study participants noted that the presence of pre-registration trainees facilitated their learning. . Peer-teaching or tiered-teaching is a model that has long been 422 adopted in the clinical teaching of medical students, and has been shown to increase the 423 424 development of clinical skills and cognition (Allen & Smith, 2010; Hall et al., 2012; Lindblad, 425 Howorko, Cashin, Ehlers, & Cox, 2011; Secomb, 2008). Indeed, there are calls for pharmacy programmes to adopt this model as it would ease the burden on pharmacy staff as well as 426 ensure a better student to tutor ratio (Allen & Smith, 2010; Hall et al., 2012; Lindblad et al., 427 428 2011). Lindblad et al (2011) conducted a study where same-year peers acted as mentors to 429 pharmacy students undertaking placements after them, and reported an increase in students'

confidence, judgement, time-management skills, responsibility, and patient interventions.
Peer-teaching was also postulated to help pre-registration trainees reinforce their own
knowledge and refine their communication skills (Allen & Smith, 2010; Lindblad et al., 2011).
It would also ensure pre-registration trainees receive exposure to teaching, thereby creating
a new generation of tutors (Allen & Smith, 2010).

435 As noted, many tutors did not undergo EL or were trained at a time when the focus 436 was on developing different skills such as risk aversion and accuracy (Hall et al., 2012) Pre-437 registration trainees, on the other hand, are better able to understand the challenges students face at the placement setting, and are able to teach students at the students' level 438 439 of knowledge. This is because their knowledge level is only slightly higher compared to students'. This is in contrast to tutors who have much higher levels of knowledge, and 440 therefore tend to communicate with students in a more complex or advanced manner, 441 442 causing students to become discouraged (Ross & Cameron, 2007).

Peer-teaching also supports social constructivism, where students learn through collaborative dialogue with more knowledgeable peers (Harland, 2003). Possible issues that could arise would be a mismatch between personalities and learning styles, and students not spending sufficient time with tutors (Secomb, 2008). Care should also be taken so that there is a balance and pre-registration trainees are not over-burdened with teaching or tutoring duties (Allen & Smith, 2010). If this is to be adopted, it should be pilot-tested to assess its value and feasibility within the UK healthcare system.

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451 *4.5 Primary care placements*

Another area for improvement was the lack of exposure to other placement sites, 453 particularly primary care. It is projected that by 2029, 1.3 million people in Scotland will be 454 living with chronic diseases namely diabetes, heart failure, lung conditions, and hypertension 455 (Crooks & Adil, 2017; Duncan & Jowit, 2018). There is thus a call to focus on the prevention 456 457 of diseases or health maintenance rather than treatment (Kingston et al., 2018; Montgomery et al., 2017) - which is best achieved in the primary care settings. This is where pharmacists 458 459 can assume a significant role in counselling patients and members of the public through public 460 health programmes on disease prevention such as smoking cessation, weight loss etc. (Montgomery et al., 2017). 461

NES also aims to train more pharmacists to work in primary care to improve 462 463 medication management (Scottish Government, 2017). While some universities in the UK have started sending students for primary care placements, this is still not widely adopted 464 465 (Details not provided to preserve blinding). To ensure our graduates are prepared to work in 466 this emerging area, the curriculum should change and move along with the changing healthcare environment (Cox, 2016). Adding other placement sites will also help add to the 467 pool of possible placement sites, addressing the issue of limited placement sites at the 468 hospitals and community pharmacies (Details not provided to preserve blinding). 469

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471 *4.6 Importance of feedback*

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According to all participants, no feedback was received from tutors, but all agreed they wanted feedback. This has been echoed in other studies where students expressed a desire for detailed feedback from tutors so they could improve themselves (Owen & Stupans, 2009). Feedback, which is stressed in EL theories (Kolb & Kolb, 2005), is an important tool for

developing students' professionalism and should be provided in real-time (Hammer, 2006). It
should also be tailored according to each student as some may need more feedback than
others. More importantly, feedback should be used to let students know they are doing well,
and not just to point out their shortcomings (Hammer, 2006).

481 Feedback should be dialogical rather than transmission-centred, where students work together with tutors to set out plans to ensure the same mistakes are not made again 482 483 (Hammer, 2006; Nicol & Macfarlane-Dick, 2006). It should also be used to empower students 484 to be self-regulated learners, where students interact with and use the feedback to regulate and improve themselves (Nicol & Macfarlane-Dick, 2006; Pereira, Flores, Simão, & Barros, 485 2016). Indeed, feedback 'offers students an experiential base for reflection' (Quinton & 486 Smallbone, 2010). In the same vein, students should also be encouraged to provide feedback 487 about the site and tutor. Students' comments about the experiences observed provides an 488 489 opportunity for tutors to pick up on and correct things the students may have misunderstood 490 (Hammer, 2006). In addition, as EL placements move toward 'doing' rather than merely shadowing, feedback will assume greater importance. Research into the feasibility of 491 facilitators conducting competency-based assessments of students during their EL is being 492 undertaken, which will then increase the importance of feedback. 493

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495 **5. Limitations**

As study respondents and participants had graduated a year before the study, there is the issue of recall bias. Additionally, while we achieved the required sample size, the use of a third party to distribute the link to the survey might have affected the number of responses received as the researchers had no direct contact with the respondents. While the number of participants in the qualitative interviews from the hospital sector outnumbered those from

the community, as it pertains to the thematic analysis, we feel this was balanced out by the 501 502 number of open-ended comments received from graduates currently undergoing their preregistration period in the community. Demographics of survey respondents which showed a 503 female preponderance and the majority doing their pre-registration in the community also 504 505 matches the national spread of pre-registration training. This study was conducted in one institution which may limit the transferability of the findings to other institutions worldwide. 506 507 However, our findings are relevant to undergraduate pharmacy programmes in the UK due to 508 similarities in key placement sites, support provided to tutors, and challenges faced with EL.

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- 510

511 6. Conclusion

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The healthcare environment in the UK is changing, and so too should experiential learning programmes to ensure our graduates are ready for practice. More stringent measures should be designed and undertaken to support the QA of both the site and tutors. This could mirror some of the processes used by NES for the pre-registration training, which could support a more equitable experience. MPharm programmes can look to other countries such as the United States and Australia to make programmatic changes in terms of duration of placements and variability in placement sites.

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