

23 **Abstract**

24 Measuring anti-HPV antibody levels is important for surveillance of the immunological
25 response to both natural infection and vaccination. Here, an ELISA test for measurement of
26 HPV-16L1 antibodies was developed and validated in sera and dried blood spots.

27 An in-house ELISA was developed for measuring anti-HPV-16L1 IgA and IgG levels. The
28 assay was standardized against WHO international standard serum and validated on serum,
29 dried blood spots and cervical liquid based cytology samples from women attending
30 colposcopy clinics in Scotland. Antibody avidity index was also measured in serum samples.

31 The average HPV 16-L1 specific IgG and IgA levels measured in sera, in women attending a
32 routine colposcopy service were 7.3 units/ml and 8.1 units/ml respectively. Significant
33 correlations between serum and dried blood spot eluates for both IgG and IgA were observed
34 indicating that the latter serve as a credible proxy for antibody levels. Average IgG Avidity
35 Index was 35% (95% CI 25%-45%) suggesting previous, historical challenge with natural
36 infection. This ELISA has potential for use in epidemiological and field studies of antibody
37 prevalence and if coupled with avidity measurement may be of use in individual case
38 monitoring of vaccine responses and failures.

39 **Keywords: HPV16, Antibody response, Avidity, Dried Blood spots**

40 **Introduction**

41 Human Papillomavirus (HPV) infections are very common in the general population with an
42 estimated 10-15% prevalence in women of cervical screening age (Crow, 2012). While most
43 HPV infections are cleared naturally within 2 years, persistent infection with one of the “high-
44 risk” HPVs (HR-HPV) is associated with development of cervical cancer. Two high-risk types,
45 16 and 18, are associated with over 70% of cervical cancers (Crow, 2012), which has informed
46 prophylactic vaccine design and implementation. In addition, HR-HPV infection is strongly
47 associated with development of vaginal, vulval, penile, anal and oropharyngeal cancers
48 (Schiffman et al., 2016).

49 As only a minority of those infected with HPV develop disease the host immune response is
50 clearly important in the regulation and trajectory of the infection. This is also evidenced by the
51 fact that immunocompromised individuals are at a greater risk of HPV-associated clinical
52 morbidity (Reusser et al., 2015). Antibodies are important for protective immunity against HPV
53 infection and neutralising antibodies against the major capsid protein L1 of the virus are
54 efficacious against infection with 16/18, which is the rationale behind vaccine design.
55 Currently three prophylactic vaccines are licensed for use – the bivalent vaccine which confers
56 protection against types 16 and 18, the quadrivalent vaccine which protects against 16, 18, 6
57 and 11 and the nonavalent vaccine which protects against HPV 6, 11, 16, 18, 31, 33, 45, 52 and
58 58. The rate of seroconversion associated with the licensed vaccines is high, with reports of
59 >99% seroconversion in both immunocompetent males and females (Paavonen et al., 2007;
60 Van Damme et al., 2015; Villa et al., 2006; Viscidi et al., 2004). Comparatively seroconversion
61 as a consequence of natural infection is low with rates of around 50-70% in women (Carter et
62 al., 2000) and 4-36% in men (Edelstein et al., 2011), with the average time to seroconversion
63 8-9 months after HPV infection (Carter et al., 2000). In addition, concentrations of anti-

64 HPV16L1 serum antibody associated with natural infection are significantly lower than levels
65 generated as a consequence of vaccination (Carter et al., 2000). The lower titres of antibodies
66 generated as a consequence of natural infection, when compared to those generated by the
67 vaccine, are due to the non-lytic nature of the virus, the lack of viraemia and the fact that the
68 epithelia, (the obligate target cells for natural infection) are relative sparse with respect to
69 immune effector cells. In comparison as the vaccine is delivered by intra-muscular injection(s)
70 more immediate and comprehensive exposure to immune effector cells generates high titres of
71 antibodies.

72 HPV serology is an essential tool which can provide key insight into the natural history of HPV
73 infection particularly given that molecular detection of HPV using nucleic acid amplification
74 tests cannot determine previous infection. Furthermore, serological tools provide valuable
75 information on the longevity and magnitude of antibody responses to vaccination which,
76 through linkage to clinical outcomes, are essential in informing vaccine regimens and
77 indications, as well as vaccine failures. Avidity testing can additionally inform the quality of
78 antibody response. However, compared to molecular HPV assays which number over 200
79 (Poljak et al., 2016) there are relatively few HPV serology tests, particularly non-proprietary
80 ones. Most serology tests are in-house and not standardised against the WHO International
81 standard sera (Bissett et al., 2012). Another challenge in conducting sero-epidemiology is the
82 practicality of obtaining and processing venous blood, particularly in the context of large
83 population based studies. Dried blood spots offer clear operational advantages in terms of
84 capture, storage and transport, although to our knowledge only two studies have determined
85 the feasibility of this approach (Louie et al., 2018; Waterboer et al., 2012).

86 In light of this, the objectives of the present work were to develop an in house ELISA for the
87 measurement of anti-HPV 16-L1 antibodies and perform avidity measurement. The ELISA
88 was calibrated to the WHO international serum standard. Application of the assay in a

89 prospective colposcopy population allowed antibody titres in serum and dried blood spots to
90 be compared.

91

92 **Materials and Methods**

93 **Governance**

94 Ethical approval was obtained for prospective sample collection from Scotland A Research
95 Ethics Committee (REF 12/SS/0034).

96 **Colposcopy cohort from prospective collection- venous blood and cervical liquid based 97 cytology (LBC) samples**

98 The British Association for Cytopathology (BAC) reporting guidelines and the cervical
99 intraepithelial neoplasia (CIN) nomenclature were used to classify cytological findings and
100 histological outcomes, respectively (Smith and Patnick, 2013). Management of women with
101 abnormal cytological results was performed according to guidelines and algorithms associated
102 with the United Kingdom National Health Service Cervical Screening Programme (NHS CSP),
103 modified for use in the Scottish context (Hirschowitz, 2012; Smith and Patnick, 2013).
104 Unvaccinated women attending the NHS Lothian Colposcopy clinics after a diagnosis of
105 moderate or severe cytological abnormality were recruited to the study. The median age was
106 29 years (21-59 years). Informed consent was obtained from participants for provision of a
107 blood and LBC sample at the time of colposcopy visit. Biopsies were performed as routinely
108 indicated, and study results did not influence clinical management. A total of 96 serum samples
109 were collected of which 95 had matching LBC samples (Figure 1).

110 **Clinical sample collection and processing**

111 Blood

112 Venous blood was collected and serum and blood spots were prepared. Blood spots were
113 prepared using two 75 µl spots on Guthrie spot filter papers. The spots were air dried and stored

114 at 4°C for 24hrs following which blood was eluted using 800µl PBS/0.05% Tween. Serum was
115 separated from the remaining blood by centrifugation at 12000g.

116 Cervical LBC samples

117 Cervical liquid based cytology samples derived from the clinic were collected into 20ml of
118 Preservcyt. Samples were passed through a blunt needle three times to make a uniform cell
119 suspension, aliquotted and stored at -20°C.

120 **HPV testing of LBC samples**

121 Genotyping was performed on the LBC samples using the Optiplex HPV Genotyping Kit
122 (Diamex GmbH) (Kavanagh et al., 2013) which genotypes 18 high-risk or putatively high-risk
123 types and 6 low-risk types according to the current IARC classification.

124 **ELISAs for anti-HPV16 IgG and IgA antibodies in sera and blood spots**

125 Human International Standard (IS) serum against HPV16 (WHO International Standard 05-
126 134 HPV 16 antibodies NIBSC code: 05/134) was obtained from The National Institute for
127 Biological Standards and Control (NIBSC, South Mimms, UK) and reconstituted to a
128 concentration of 10 International Units (IU) of HPV16 L1 specific antibody/ml according to
129 instructions (Ferguson et al., 2011). To detect high affinity antibodies which reflect a strong
130 immune response, 2-fold dilution(s) from 1 in 1000 to 1 in 64,000 of the IS serum were made
131 and used to create a standard curve (Fig 2a). The standard curves were tested 8 times and in
132 duplicate on each subsequent plate. All serum samples were tested in duplicate at 1 in 2000
133 dilutions.

134 For consistency between the amount of total protein in serum and blood spot eluate dilutions,
135 we calculated the lowest amount of protein in serum as 3 µg/ml at a 1 in 2000 dilution.
136 Therefore, blood spot samples were tested at a protein concentration of 3 µg/well. It should be
137 noted that protein in the blood spot eluates also contained protein from all blood cells as well
138 as plasma.

139 Successful IgG and IgA binding with the IS sera for HPV16L1 protein (AbCam, Cambridge,
140 UK) was obtained when the antigen was used at 50ng/well (500ng/ml) (data not shown,) so
141 this concentration was used subsequently for all samples. HPV16L1 protein was diluted in 100
142 μ l PBS and coated onto ELISA grade 96 well NUNC MaxiSorp[®] plates (eBiosciences, Hatfield
143 UK) by overnight incubation at 4°C. The wells of the plate were decanted and blotted on tissue
144 paper, washed x5 with PBS containing 0.1% Tween20 (wash buffer). ELISA buffer (100 μ l
145 PBS containing 1% BSA) was added to each well to block non-specific binding. IS serum
146 against HPV16L1 protein was pre-absorbed against BSA by diluting to 1 in 200 with ELISA
147 buffer, incubating overnight at 4 °C followed by centrifugation at 20,000g for 15 min in a
148 benchtop microfuge to remove any complexes. The IS serum was then diluted in ELISA buffer,
149 added to wells and incubated for 1h at room temperature. Plates were washed as above and 100
150 μ l biotinylated-anti-human IgG (1 in 100,000 dilution), or biotinylated-anti-human IgA (1 in
151 10,000 dilution) both from Vector Laboratories Ltd (Peterborough, UK), were added to the
152 wells and incubated for 1h at room temperature. Plates were again washed as above. A 100 μ l
153 volume of streptavidin-horseradish peroxidase complexes (Vector Laboratories Ltd
154 (Peterborough, UK)) was added to each well and incubated for 1h at room temperature before
155 plates were again washed as above. Subsequently, a 100 μ l volume of TMB (SIGMA (Poole,
156 UK) reagent was then added to each well and plates incubated at 37°C for 30 minutes before
157 the colour reaction was stopped with 1N sulphuric acid. An automated dual filter plate reader
158 was used to measure absorbance at 450nm/630nm.

159 **Antibody avidity measurement**

160 To determine the avidity index of IgG, we utilised the guanidine hydrochloride method (Inouye
161 et al., 1984) that has been used previously in studies of anti-HIV (Chawla et al., 2007) and anti-
162 HPV IgG antibodies (Dauner et al., 2012) in human serum. Initial experiments established that
163 2M guanidine hydrochloride (GuHCL) treatment gave optimal results in the ELISA. ELISA

164 was performed as described above except GuHCL treatment was performed for 15 minutes
165 before addition of biotinylated anti-human IgG. Avidity index was measured as the percentage
166 of IgG (IU/ml) with GuHCL treatment divided by IgG (IU/ml) without treatment. GuHCL has
167 been reported as a chemical that disrupts the strength of binding between antibody and antigen
168 and in particular does this without disrupting the VLP structure of HPV 16-L1. Thus GuHCL
169 was used for the present study

170 **Statistics**

171 Analysis was performed using Graphpad Prism™. Data were tested to determine whether
172 there was correlation between IgG and IgA in the same samples and between different types
173 of samples. A p-value < 0.05 was considered to be statistically significant.

174 **Results**

175 **Clinical and viral annotation of samples**

176 Of the 96 women in the study cohort with moderate or severe cytological abnormalities, 5
177 (5.2%) had a biopsy which was reported as normal, 1 woman (1.05%) had CIN1, 40 (41.67%)
178 had CIN2, 43 (45.2%) had CIN3, 2 (2.1%) had high grade cervical glandular intraepithelial
179 neoplasia (CGIN) , 1 (1.05%) had small cell cervical carcinoma (SCCC) and 4 were missing
180 or not definitive (Figure 1).

181 HPV genotyping was performed on LBC samples from 95 women (one women had no
182 associated LBC sample collected). A total of 92 (95.7%) women tested positive for any HPV,
183 52 had mono-infections and the remainder of HPV positive women had ≥ 2 infections.
184 HPV16/18 were the most common types (48/91, 52%). In total 72 (75.7%) women were
185 currently infected with HPV 16 or a related virus in the alpha species group 9 and 20 women
186 were infected with other HR-HPV types (Figure 1).

187 **Level of anti-HPV16-L1 antibodies in sera**

188 Anti-HPV16-L1 antibody levels as measure by ELISA in sera from the 96 women were
189 measured against standard curves of the IS serum (Figure 2a&b). The average HPV 16-L1
190 specific IgG and IgA levels in the colposcopy population was 7.3 units/ml and 8.14 units/ml
191 respectively. There was significant correlation between the levels of IgG and IgA anti-HPV16-
192 L1 antibodies in the sera (two-tailed Spearman $r=0.5094$, $p<0.0001$) (Figure 2c) of the
193 women. There was no significant difference between anti-HPV16-L1 IgG or IgA levels
194 according to underlying histology (Kruskal Wallis test; no disease IgG versus CIN2+ IgG,
195 $p=0.7531$; no disease IgA versus CIN2+ IgA $p=0.9905$).

196 **Level of anti-HPV16-L1 antibodies in blood spot eluates**

197 All blood spot eluates were tested for total protein concentration and the mean \pm standard error
198 of mean (s.e.m) concentration was 1652 ± 41.78 $\mu\text{g/ml}$. Data for blood spots are given in units
199 of anti-HPV16-L1 specific antibody (IU)/100 mg protein (Figure 3a) calculated against
200 standard curves of the IS serum.

201 Average IgG level in blood spots in the colposcopy population was 3.94 units/ml and the
202 average IgA level was 12.71 units/ml. There was a significant correlation (two-tailed
203 Spearman $r=0.4900$, $p<0.0001$) between IgG and IgA antiHPV16L1 antibodies in the blood
204 spot eluates (Figure 3b). There were also significant correlations between serum and dried
205 blood spot eluates for the levels of IgG, two-tailed Spearman $r=0.2815$, $p=0.0063$ (Figure 3c)
206 and IgA, two-tailed Spearman $r=0.5485$, $p<0.0001$ (Figure 3d).

207 **Anti-HPV16-L1 antibody levels according to HPV infection**

208 To determine whether serum antibody levels reflected current infection, all serum samples from
209 women with HPV infection were stratified according to a) having a HPV16 or a
210 phylogenetically related type which resided in the alpha species group 9 or b) having an other
211 HPV type, outside the alpha 9 group. Figure 4 shows that, although there was a range in levels
212 of anti-HPV16L1 antibody, sera from women currently infected with at least one alpha 9 type

213 (the majority of whom were HPV 16 positive (n=48/72 alpha 9positive women), showed
214 significantly higher values of both IgG (Figure 4a) and IgA (Figure 4b) anti-HPV16L1
215 antibodies compared to those infected with other HPV types.

216 **Avidity index measurement in serum**

217 Antibody avidity (AI) in sera from 34 women who had IgG values for HPV16 of 75% or above
218 (relative to the International Standard serum) (Figure 5) was assessed. The average avidity
219 index in the sample set was 34.86 (95% CI- 24.84- 44.88) and of the 34 sera, 33 showed a
220 significant decrease in antibody levels following GuHCL treatment; the mean \pm s.e.m %
221 decrease was $65.14 \pm 4.929\%$.

222

223 **Discussion**

224 Efforts at detection of HPV antibodies as a tool to monitor and assess vaccine efficacy have
225 increased significantly in recent years. Several assays, designed to measure HPV antibody
226 responses in serum are available such as GST- L1 multiplex test (Waterboer et al., 2005), cLIA
227 (Wentzensen et al., 2011) and in house ELISAs (Mesher et al., 2016). However, there is a lack
228 of harmonization and standardization of these tests which makes it challenging to compare data
229 from different studies.

230 In the present study a reproducible in-house ELISA was developed using widely available
231 reagents which can robustly detect HPV 16 IgG and IgA in serum and blood spots. The assay
232 has been calibrated to the international HPV16 serum standard developed by WHO (Pagliusi
233 et al., 2006). The ability to use dried blood spots has implications for both low resource and
234 primary care settings as they only require taking a droplet of blood and can be transported to
235 the lab at ambient temperatures. A correlation between the levels of IgG and IgA was found in
236 serum, blood spot and LBC samples. A strong correlation between anti-HPV16L1 IgG and IgA
237 in serum and blood spots was also observed. The present study thus independently validates

238 the studies/observations of Waterboer et al (2012), and more recently Louie et al (2018) and
239 demonstrates the feasibility of using dried blood spots for surveillance purposes. In addition,
240 the present work we reference to an international standard (which Waterboer et al did not
241 incorporate) showed that the ELISA can measure both IgA and IgG effectively.

242 Another objective of this study was to use the ELISA to investigate the avidity of IgG
243 antibodies which may provide insight into vaccine efficacy during the longitudinal monitoring
244 of vaccinated cohorts.

245 Avidity is the measurement of the strength of interaction between the specific antibody and the
246 antigen it recognises. During the course of an immune response, antibodies of increasing
247 avidity for antigen are produced and selected by somatic mutation of the immunoglobulin genes
248 in antibody producing B lymphocytes. Generally, avidity of IgG antibodies increases over the
249 4-6 months following a cleared infection and declines thereafter. Thus a high avidity
250 measurement indicates a recent or persistent infection. Natural infection with HPV has been
251 associated with low avidity antibodies as demonstrated recently by Louie et al 2018.
252 Furthermore, the avidity index (AI) observed in the present study is similar to that observed in
253 the study of Scherpenisse et al (2013) who reported around 35% AI associated with natural
254 infection and that the AI of vaccine induced antibodies was around 3 times higher. AI is
255 therefore, to an extent a proxy of immunisation-induced antibodies and notably reports that AI
256 were similar between a 2-dose and 3-dose regimen supported the rationale for 2-dose regimens
257 (Sankaranarayanan et al., 2016).

258

259 In conclusion, in this study, a standardised ELISA test developed for anti-HPV16L1 antibodies
260 was validated against the WHO international positive serum standard for HPV16. This assay
261 was amenable to both venous blood and dried blood spots. While the sample size used for this
262 study is small, this technique has promise for widespread use in epidemiological and field

263 studies of antibody prevalence and coupled with the avidity measurement may be of use in
 264 individual cases for monitoring vaccine responses such as failures. The existence of serological
 265 assays which are calibrated to the same standards will also facilitate cross-study comparison in
 266 the future.

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394 **Figure legends**

396 **Figure 1. Underlying pathology of the cervical sample set.** Details of samples used within
 397 the study. CIN- Cervical Intraepithelial Neoplasia, CGIN- Cervical Glandular Intraepithelial

398 Neoplasia, SCCC – Small Cell Cervical Cancer, HR-HPV – high –risk Human Papilloma
 399 virus.

400 **Figure 2. Measurement of Anti HPV 16 L1 antibodies in sera by ELISA**

401 (A) Linear regression of ELISA standard curves. Mean (solid lines) and 95% confidence
 402 intervals (dashed lines); red lines = IgG; black lines = IgA. Plates coated with 50ng/well
 403 HPV16L1, n=8; r^2 for IgG=0.8872; r^2 for IgA = 0.9371. OD= optical density. (B) Levels of
 404 IgG and IgA in serum samples calculated against the IS serum standard. Bars show mean \pm
 405 95% confidence interval, n=94. (C) Correlation between levels of anti-HPV16 L1 IgG and
 406 IgA antibody in sera; n=94; two-tailed Spearman $r=0.5248$, $p<0.0001$.

407

408 **Figure 3. Measurement of Anti HPV16 L1 antibodies in eluates from dried blood spots.**

409 (A) IgG and IgA antibody, bars show mean + 95% confidence interval, n=94. (B) Correlation
 410 between levels of anti-HPV16 L1 IgG and IgA antibody in blood spots; n=94; two-tailed
 411 Spearman $r=0.4900$, $p<0.0001$ (C) Correlation between levels of anti-HPV16 L1 IgG
 412 antibody in serum and blood spots; n=95; two-tailed Spearman $r=0.2815$, $p=0.0063$. (D)
 413 Correlation between levels of anti-HPV16 L1 IgA antibody in serum and blood spots; n=95;
 414 two-tailed Spearman $r=0.5485$, $p<0.0001$.

415 **Figure 4. Measurement of Anti HPV16 L1 antibodies in sera from women with and**

416 **without infection with HPV 16 (or related types)** (A) IgG and (B) IgA levels in serum from
 417 women with HPV 16 or a virus that resides in the alpha 9 species group, where HPV 16 is
 418 located (n=72). This is compared to sera from women with unrelated virus types (n=20). Bars
 419 show 95% confidence interval(s), Mann Whitney Test

420 **Figure 5. Measurement of IgG avidity in sera following treatment with guanidine**

421 **hydrochloride (GuHCl).** HPV16L1 binding antibodies in 34 sera with IgG levels >75% of
 422 the IS serum were compared before and after GuHCl treatment. (A) 33/34 sera showed a

423 reduction in avidity after treatment; $p < 0.001$, Wilcoxon signed rank test. (B) Avidity index of
424 antibodies in sera; bars show mean \pm 95% confidence interval.

425