
This version is available at https://strathprints.strath.ac.uk/57178/

Strathprints is designed to allow users to access the research output of the University of Strathclyde. Unless otherwise explicitly stated on the manuscript, Copyright © and Moral Rights for the papers on this site are retained by the individual authors and/or other copyright owners. Please check the manuscript for details of any other licences that may have been applied. You may not engage in further distribution of the material for any profitmaking activities or any commercial gain. You may freely distribute both the url (https://strathprints.strath.ac.uk/) and the content of this paper for research or private study, educational, or not-for-profit purposes without prior permission or charge.

Any correspondence concerning this service should be sent to the Strathprints administrator: strathprints@strath.ac.uk
Stabilisation of the high-energy orbit for a non-linear energy harvester with variable damping

Dongxu Su\textsuperscript{1}, Rencheng Zheng\textsuperscript{2}, Kimihiko Nakano\textsuperscript{3} and Matthew P Cartmell\textsuperscript{4}

Abstract
The non-linearity of a hardening-type oscillator provides a wider bandwidth and a higher energy harvesting capability under harmonic excitations. Also, both low- and high-energy responses can coexist for the same parameter combinations at relatively high excitation levels. However, if the oscillator’s response happens to coincide with the low-energy orbit then the improved performance achieved by the non-linear oscillator over that of its linear counterpart, could be impaired. This is therefore the main motivation for stabilisation of the high-energy orbit. In the present work, a schematic harvester design is considered consisting of a mass supported by two linear springs connected in series, each with a parallel damper, and a third-order non-linear spring. The equivalent linear stiffness and damping coefficients of the oscillator are derived through variation of the damper element. From this adjustment the variation of the equivalent stiffness generates a corresponding shift in the frequency–amplitude response curve, and this triggers a jump from the low-energy orbit to stabilise the high-energy orbit. This approach has been seen to require little additional energy supply for the adjustment and stabilisation, compared with that needed for direct stiffness tuning by mechanical means. Overall energy saving is of particular importance for energy harvesting applications. Subsequent results from simulation and experimentation confirm that the proposed method can be used to trigger a jump to the desirable state, thereby introducing a beneficial addition to the performance of the non-linear hardening-type energy harvester that improves overall efficiency and broadens the bandwidth.

Keywords
Energy harvesting, hardening-type Duffing oscillator, tunable stiffness, damping variation

Introduction
Efficient energy harvesting from ambient environmental vibration is of great current interest as a means of providing a free power supply for small-scale electronics. Compared with other energy sources, vibrations are generally ubiquitous\textsuperscript{1,2} and one can readily envisage autonomous wireless sensor nodes and microsystems being usefully powered by such vibration, particularly in inaccessible or hostile environments. This paper presents a comprehensive analytical and experimental study of the benefits of stabilisation of the high-energy orbit in a novel hardening-type non-linear energy harvester in order to improve the efficiency of energy harvesting.

One important feature of conventional vibration-driven energy harvesters is that they provide maximum power when the resonant frequency of the device matches the environmental excitation frequency.\textsuperscript{3–7} However, because of the significantly reduced performance under off-resonance conditions, and the difficulty in directly matching the linear resonance of most practical mechanical devices to the variable frequencies present in an environmental ambient vibration source, research effort has been put into eliminating such shortcomings in linear devices. For instance, a mechanical bandwidth filter comprising piezoelectric cantilevers of various lengths, and with tip masses attached to a common base, has been considered by Shahruz\textsuperscript{8,9} as a solution for increasing the bandwidth of response. Rastegar...
et al. designed an ingenious frequency up-conversion mechanism as a concept for two-stage energy harvesting. The low-frequency vibration of the primary vibrating unit (i.e. the mass) can be transferred to high-frequency vibrations of the secondary vibration units (i.e. the piezoelectric cantilevers), hence providing a single-frequency robust vibration energy harvesting solution in low-frequency excitation scenarios.

Subsequently, the exploitation of non-linear phenomenology started to take over with variations of the Duffing oscillator providing several interesting possibilities. A hardening-type oscillator was investigated by Mann et al. and it was found that at relatively high sinusoidal excitation levels, both low and high-energy responses can coexist for the same parameter combinations. When compared with a linear oscillator using similar parameters the effectiveness of a non-linear energy harvesting device can apparently be increased over certain frequency ranges when operating on the high-energy orbit. In addition to this technique a monostable non-linear device using the piezoelectric effect was proposed by Stanton et al. The response of this system showed an increase in bandwidth and the resulting experimental results verified a distinct capability for outperforming the linear approach.

In the studies just described slow forward or backward sweeps of the excitation frequency are required as a precondition in order to stabilise the high-energy orbit, despite the implementation challenge that this offers in practice, and in fact this is a formidable requirement for satisfying ideal harvesting conditions. In order to solve this problem a load circuit with a switch between the conventional load, a negative resistance circuit, and a harmonic drive circuit. A novel non-linear vibrational energy harvester is designed in this paper whose equivalent linear stiffness can be varied by just varying the damping. Moreover, the proposed principle of stabilising the high-energy orbit is demonstrated by analysis of the variation in the frequency-amplitude response curves during the tuning process thereby validating different damping coefficient tuning methods.

The work reported in this paper is organised as follows. The next sections describes the mathematical model of a stiffness tunable device, and the expressions for equivalent stiffness and damping coefficient are derived. This is followed by a frequency–response analysis of the system under harmonic base excitation. The corresponding influence on the frequency response during the process of stiffness tuning is then investigated. Finally, the effectiveness of the theory is confirmed by a series of simulation and experimental results.

**Methodology**

**Apparatus illustrations and modelling of the energy harvester**

A schematic diagram for an energy harvester is shown in Figure 1. It is composed of two linear springs connected in series, with two dampers in parallel with the springs, and a third order non-linear spring. It should be noted that the model is a one-degree-of-freedom system because the linear springs are connected at a node which is an effectively massless point. The equivalent linear stiffness of the system can be tuned by adjusting the damping coefficient of controllable damper $c_2$.

The governing equations for the motion of the system shown can be stated as

$$m\ddot{x} = -k_3(x - x_p) - c_2(x - x_p) - k_3x^3 + F \quad (1a)$$

$$k_1x_p + c_1\dot{x}_p = k_3(x - x_p) + c_2(x - x_p) \quad (1b)$$

where $m$ is the mass, $k_1$, $k_2$ are the stiffness coefficients of the springs, and $c_1$, $c_2$ are the damping shown in Figure 1. $x$ and $x_p$ are the displacements of the mass.
and the connection point of the springs, respectively. The single-frequency harmonic excitation is given by $F = f \cos \omega t$.

The harmonic balance method is applied to generate the responses. The harvester response is presumed to be accurately modelled by a truncated Fourier series, where the number of terms dictates the accuracy of the intended solution.\(^\text{23}\) This type of motion maintains a dominant fundamental frequency at the frequency of excitation. Hence, equations (2a) and (2b) can represent the assumed Fourier series expansion of the displacements of the mass, and connection point, respectively

$$x = a_1 \sin \omega t + b_1 \cos \omega t \quad (2a)$$

$$x_p = a_2 \sin \omega t + b_2 \cos \omega t \quad (2b)$$

where $X^2 = a_1^2 + b_1^2$ and $X_p^2 = a_2^2 + b_2^2$. $X$ and $X_p$ therefore represent the corresponding displacement amplitudes. Equations (2a) and (2b), and the time derivatives, are substituted into equations (1a) and (1b). Ignoring higher order harmonics and equating the coefficients of the harmonic terms $\cos \omega t$ and $\sin \omega t$, four equations are obtained from the mechanical equation as follows

$$k_1 a_1 - c_1 b_2 \omega = k_2 (a_1 - a_2) - c_2 (b_1 - b_2) \omega \quad (3a)$$

$$k_1 b_2 - c_1 a_2 \omega = k_2 (b_1 - b_2) - c_2 (a_1 - a_2) \omega \quad (3b)$$

$$-m a_1 \omega^2 + k_2 (a_1 - a_2) - c_2 (b_1 - b_2) \omega$$

$$+ \frac{3}{4} k_s (b_1^2 a_1 + a_1^3) = 0 \quad (3c)$$

$$-m b_1 \omega^2 + k_2 (b_1 - b_2) + c_2 (a_1 - a_2) \omega$$

$$+ \frac{3}{4} k_s (a_1^2 b_1 + b_1^3) = f \quad (3d)$$

Equations (3a) and (3b) are solved in terms of $a_2$ and $b_2$, then substituted into equations (3c) and (3d). The latter are squared and summed to produce the following equation as

$$\frac{9}{16} k_1^2 X^6 + \frac{3}{2} k_1 \left[ k_2^2 k_2 + 2 k_2 k_1 + (c_1^2 k_2 + c_2^2) \omega^2 \right] X^4$$

$$+ \frac{1}{(k_1 + k_2)^2 + (c_1 + c_2)^2 \omega^2} X^2 = f$$

For the equivalent model of the system, the corresponding relationship between the frequency and amplitude of the response can be given as\(^\text{24}\)

$$\frac{9}{16} k_1^2 X^6 + \frac{3}{2} k_1 \left[ k_2^2 k_2 + 2 k_2 k_1 + (c_1^2 k_2 + c_2^2) \omega^2 \right] X^4$$

$$+ \frac{1}{(k_1 + k_2)^2 + (c_1 + c_2)^2 \omega^2} X^2 = f$$

where $k_e$ is the equivalent linear stiffness coefficient, and $c_e$ is the equivalent damping coefficient. From equations (4) and (5), the equivalent stiffness and damping coefficients can be expressed as

$$k_e = \frac{k_1 k_2 (k_1 + k_2) + (c_1^2 k_2 + c_2^2) \omega^2}{(k_1 + k_2)^2 + (c_1 + c_2)^2 \omega^2}$$

$$c_e = \frac{k_1^2 c_1 + k_2^2 c_2 + (c_1 + c_2) \omega^2}{(k_1 + k_2)^2 + (c_1 + c_2)^2 \omega^2}$$

A set of physically reasonable parameters used for simulation is shown in Table 1. These data are also used for the numerical examples afterwards.

The equivalent stiffness and damping coefficients as functions of $c_2$ and the stiffness coefficient ratio $k_2/k_1$ are plotted in Figures 2 and 3, respectively. It is noted that the equivalent stiffness increases with increasing $c_2$ and that it can be tuned within a larger range when $k_2/k_1$ is smaller, as shown in Figure 2. However, from Figure 3, it can be shown that the equivalent damping increases first, then decrease with increasing $c_2$, and that smaller $k_2/k_1$ can cause a greater equivalent damping when a certain value of the damping coefficient $c_2$ is applied.

The effects of damping coefficient variation on the response

The tuning of the damping coefficient can cause a change in the equivalent stiffness, and then a further influence on the frequency–amplitude response curve of the oscillator. The detailed principle of the proposed method is presented in this section. Figure 4
Thus, following the high-energy orbit, the operating point jumps to point B when the frequency of the excitation exceeds a certain threshold. Figure 4 shows the frequency–response curves under different conditions. The process of triggering the jump is also illustrated in Figure 3. This phenomenon does not influence the jump from point A to B, but the movement from point B to C is further discussed below.

The jump-up and jump-down frequencies of a hardening-type, lightly damped Duffing oscillator with linear viscous damping can be found in the literature. Brennan et al. presented a full set of expressions for the analytical solution using the harmonic balance method, and made some comparisons with other expressions. To analyse the tuning process quantitatively, and for the sake of clarity, the approach taken by Brennan is followed.

The non-dimensional form of equation (5) can be expressed as

$$\frac{9}{16} p^2 U^6 + \frac{3}{2} p(1 - \Omega^2) U^3$$

$$+ \left( (1 - \Omega^2)^2 + (2\zeta\Omega)^2 \right) U^2 = 1$$

(8)

where $\Omega = \frac{\omega_0}{\omega_p}$, $\alpha = \sqrt{\frac{\zeta}{\omega_p}}$, $U = \frac{k}{\alpha} p^2$, $\beta = \frac{k}{\alpha}$ and $\zeta = \frac{c}{2m\alpha}$.

To find the analytic expressions for the jump-up and jump-down frequencies, equation (8) is rearranged as

$$U^2 \Omega^2 + \left( (4\zeta^2 - 2) U^2 - \frac{3}{2} U^4 \right) \Omega^2$$

$$+ \left( U + \frac{3}{4} \beta U^3 \right) = 1$$

(9)

Solving equation (8) and assuming that $\zeta^2 < 1$, the positive solutions are

$$\Omega_{1,2} \approx \sqrt{\frac{3 \beta U^2}{4} + 1} \pm \sqrt{\frac{1 - 4 \zeta^2 U^2 - 3 \beta^2 U^4}{U}}$$

(10)

It should be noted that when the jump-up phenomenon occurs, this frequency is weakly dependent upon the damping ratio. Thus, by setting $\zeta = 0$ and finding the point at $\frac{dU_0}{dt} = 0$, the non-dimensional displacement amplitude of the jump-up frequency can be given as

$$U_0 \approx \left( \frac{2}{3\beta} \right)^{1/3}$$

(11)
Substituting equation (11) into equation (10) gives the jump-up frequency
\[
\Omega_u \approx \sqrt{1 + \frac{3}{2} \left(\frac{\alpha F^2}{k}\right)^{1/3}}
\] (12)

To trigger a jump to the high-energy orbit, the dimensional jump frequency \(\omega_u\) should be higher than the excitation frequency \(\omega\). Hence, from equation (12), the minimum equivalent stiffness coefficient for triggering a jump is defined by
\[
k'_e = m\omega^2 - \left(\frac{3}{2}\right)^{1/3} (\alpha F^2)^{1/3}
\] (13)

It is assumed that the electrical damping is small and \(c_1 << c_2\). By setting \(c_1 = 0\), the corresponding minimum control damping coefficient can be given by equation (6) as
\[
c_{2\min} = \sqrt{\frac{k'_e(k_1 + k_2)^2 - k_1k_2(k_1 + k_2)}{\omega^2(k_1 - k'_e)}}
\] (14)

Using equation (14), and substituting equation (13) into equation (7), the required equivalent damping coefficient to get the target equivalent stiffness can be expressed as
\[
c_{2\alpha} = \sqrt{\frac{(k'_e(k_1 + k_2)^2 - k_1k_2(k_1 + k_2))(k_1 - k'_e)}{\alpha\omega^2(k_1 + k_2)}}
\] (15)

To increase the jump-up frequency tuning range as much as possible, it is necessary to analyse the influence of the parameters \(k_2/k_1\) and \(\alpha F^2\) on the ratio between the maximum and minimum jump-up frequencies and this can be expressed as the following frequency ratio
\[
\frac{\omega_{u\max}}{\omega_{u\min}} = \sqrt{\frac{k_{max} + (3/2)^{4/3}(\alpha F^2)^{1/3}}{k_{min} + (3/2)^{4/3}(\alpha F^2)^{1/3}}}
\] (16)

where \(k_{max} = k_1\) when \(c_1 = c_2 = 0\) and \(k_{min} = k_1k_2/(k_1 + k_2)\) when \(c_2 \to \infty\).

Assuming that \(k_1 = 1000\) N/m, the jump-up frequency ratio as a function of \(k_2/k_1\) and \(\alpha F^2\) is shown in Figure 5, where \(\alpha F^2\) governs the degree of non-linearity and the excitation amplitude.

It is noted that a smaller stiffness coefficient ratio \(k_2/k_1\) is propitious for increasing the tuning range. Additionally, the weaker non-linearity and smaller excitation amplitude can achieve a similar effect for increasing the jump-up frequency tuning range.

As analysed above, it is possible to trigger a jump to the high-energy orbit by tuning the damping until the jump-up frequency exceeds the frequency of the excitation. However, under some conditions it is necessary to continue to decrease the equivalent stiffness to close to the jump-down frequency, which is the peak response point of the oscillator. It should be noted that the equivalent damping of the system also varies besides the equivalent stiffness in the process of damping variation, as shown in Figure 3, which has strong influence on the occurrence of the multi-valued frequency-amplitude curve and the value of the jump-down frequency. Thus, excessive
equivalent damping during the tuning process (point B to point C shown in Figure 4) may again lead to an undesirable jump-down to the low-energy orbit.

The condition for the multi-valued frequency–amplitude curve to occur is defined as 

$$\beta \geq \frac{28}{357} k^3$$

(17)

Equation (17) can be combined with equations (13) and (15) to give

$$\alpha F^2 \geq \frac{25}{357} \left( \frac{c_4 k^2}{m} \right)^{3/2}$$

(18)

It can be seen that the stronger non-linearity and higher level of excitation amplitude are beneficial for meeting the requirement determined by equation (18) for an inflexion to occur. However, this will decrease the tuning range of the jump-up frequency.

Another condition is that the jump-down frequency should be kept higher than the excitation frequency. The jump-down frequency can be found by equating the two values in equation (10) to yield

$$1 - 4c_2 U^2 - 3 \beta c_2 U^4 = 0$$

(19)

and rearranging the expression gives

$$U_d \approx \left[ \frac{2}{3 \beta} \left( \frac{2}{1 + \frac{3 \beta}{4c_2}} \right) \right]^{1/2}$$

(20)

Substituting equation (20) into equation (10) yields the jump-down frequency of the frequency–amplitude curve as

$$\Omega_d \approx \frac{1}{2} \left( \frac{3 \beta}{4c_2} + 1 \right)^{1/2}$$

(21)

As shown in Figure 3, a maximum equivalent damping exists when the damping $c_2$ is large enough. Substituting equations (6) and (7) into equation (21) leads to the corresponding damping $c_2$ versus the minimum jump-down frequency being obtained from $\frac{dc_2}{dF} = 0$, which leads to the following expression

$$c_{2d} = \frac{k_1 + k_2}{\omega} \times \frac{k_2 \left( \sqrt{9k_1^2 + 4k_1k_2 + 4k_2^2 - 3k_1} \right)}{2k_1 k_2 - 3k_1 \sqrt{9k_1^2 + 4k_1k_2 + 4k_2^2 + 9k_1^2 + 2k_2^2}}$$

(22)

The corresponding equivalent stiffness coefficient $k_{1d}$ and damping coefficient $c_{2d}$ can then be obtained by substituting equation (22) into equations (6) and (7), respectively. Thus, the condition for keeping the oscillating point on the high-energy point can be expressed as

$$\Omega_{d_{min}} \geq \Omega$$

(23)

Using the same values of $k_1$ and $\alpha F^2$ as previously obtained, and setting the mass at $m = 1$ kg, Figure 6 shows the minimum jump-down frequency $\Omega_{d_{min}}$ as a function of the stiffness coefficient ratio $k_2/k_1$ and $\alpha F^2$. It is obvious that the higher values of $k_2/k_1$ and $\alpha F^2$ can increase the available minimum jump-down frequency of the system, which also indicates that the jump-down frequency can also be increased by employing a greater non-linearity in the stiffness and excitation amplitude. However, as discussed above, this will decrease the tunable jump-up frequency range. Therefore, the parameters $k_2/k_1$ and $\alpha F^2$ should be appropriately selected.

**Numerical examples**

The parameters in Table 1 are used for simulation but under different excitation level $F$ and stiffness.
Figure 7. Variation of the damping coefficient and velocity vs displacement phase trajectories of the magnetic end mass (blue line: damping coefficient instantaneously tuned, and green line: damping coefficient slowly tuned): (a) changing the damping coefficient $c_2$, (b) response with $F$ and $k_2$ set to 3N and 1000 N/m, respectively, (c) response with $F$ and $k_2$ set to 2N and 1000 N/m, respectively, and (d) response with $F$ and $k_2$ set to 3N and 500 N/m, respectively.

Figure 8. Jump-down frequency as a function of damping coefficient $c_2$ under various excitation levels and stiffness coefficients $k_2$.

coefficient $k_2$. Figure 7 presents the tuning process for the damping coefficient $c_2$, and the corresponding velocity versus displacement phase trajectories of the magnetic end mass. As shown in Figure 7(b), the oscillating point jumps to the high-energy orbit with the increase in the damping coefficient, and then moves further towards the maximum response point by decreasing $c_2$ and by setting $F$ and $k_2$ equal to 3N and 1000 N/m, respectively.

However, when the excitation amplitude $F$ is set to 2N, the condition defined by equation (23) cannot be satisfied, as shown in Figure 8, the minimum
jump-down frequency is smaller than the excitation frequency of 5.2 Hz. The oscillating point jumps to the low-energy orbit again during a decrease in the damping coefficient, which is shown in Figure 7(c) (green line). A similar response can be seen in Figure 7(d) (green line) when the stiffness coefficient $k_2$ is set to 500 N/m. The corresponding jump-down frequency as a function of the damping coefficient $c_2$ is also presented in Figure 8. It establishes that the smaller value of $k_2/k_1$ can decrease the available minimum jump-down frequency of the system in the process of damping variation.

The condition defined by equation (23) provides a limitation on the tuning procedure. However, from Figure 7(c) and (d) (blue line), it is interesting to find that another approach to triggering a jump to the high-energy orbit is by instantaneously decreasing the damping coefficient $c_2$, when the condition defined by equation (23) is not satisfied. It is known that the steady-state orbit is also significantly dependent upon the initial conditions. This is evaluated by using the basin of attraction obtained by choosing the initial conditions from the lattice points in the phase plane and then solving the equation of motion numerically until the trajectory converges to one of the steady-state solutions. As mentioned previously, by increasing the controllable damping $c_2$, the operating point can jump to the high-energy orbit (see point B in Figure 4). Then, when $c_2$ instantaneously decreases to the initial value this could be regarded as an initial condition to be applied to the oscillator, and this initial condition is caused by the response of the oscillator at point B in Figure 4. If the initial conditions can lead to the basin of attraction for the high-energy solution then the oscillator will stabilise on the corresponding high-energy orbit. This approach gives a possible solution to the limitation problem defined by equation (23).

**Experimental tests**

This section describes the experimental tests performed to validate the proposed method. A picture of the fabricated energy harvester attached to the shaker table (m060, IMV Corp., Japan) is shown in Figure 9, in which three permanent magnets are arranged in a repulsive configuration to provide the cubic non-linear stiffness, and where the magnetic end mass attached to the piezoelectric beam is aligned
with respect to the symmetrically fixed permanent magnets (top and bottom magnets) in the vertical direction. The top and bottom magnets are symmetrically attached to sliders on a rail and this configuration allows the distance to be adjusted equally on each side, and so the natural frequency of the device is set to 16.3 Hz. It should be mentioned that an electrical damper is favourable for the experiment and that it can be fabricated using a linear DC motor or a DC generator coupled with a ball screw so that it can produce a high level of damping. The damping could be tuned using a variable resistance, with the advantage that electrical energy can be harvested by the controllable damper, even during the tuning process. However, because of the mass of the linear DC motor and the equivalent mass of the moment of inertia of the ball screw and rotor, it becomes rather difficult to achieve a very high damping ratio, as expected in an ideal experimental device. As an alternative, a small piece of ferrous metal is attached to the beam and an electromagnetic restraining device is placed under it with a small gap between them. And the gap is set small enough to minimise the influence on the response caused by the initial displacement when the beam is released. The piezoelectric beam can be regarded as two springs connected at the location of the small piece of ferrous metal. The electromagnetic restraining device is used to simulate the conditions that $c_2 \rightarrow 0$ and $c_2 \rightarrow \infty$ by restraining and releasing the beam, respectively. On the other hand, the piezoelectric bimorph provides the electrical damper $c_1$ for energy harvesting. A schematic diagram of the ideal energy harvester is also presented on the right-hand side of Figure 9.

Figure 10 presents the measured voltage on a load resistance of 1 MΩ when the energy harvester is subjected to a base excitation of 0.62 m/s² at 18 Hz. It can be seen that the output voltage decreases when the beam is held by the electromagnetic restraining device, because the oscillating point moves to the lower frequency side of the frequency–response curve, and the natural frequency of the system is measured to be 23.25 Hz. When the beam is released by the electromagnet it can be seen that it jumps to the oscillating point which is close to the jump-down point on the high-energy orbit, and this validates the proposed solution to the limitation defined by equation (23). Figure 11 compares the cumulative generated energy when the harvester is operated on the low-energy orbit and the condition with damping variation.

**Conclusions**

This study has investigated the principle of stabilising the high-energy response of a non-linear vibrational energy harvester that is stiffness tunable, by changing the damping coefficient of the system. The mathematical model of the energy harvester with equivalent stiffness and damping coefficients is derived, and their influence on the frequency–response curve during the tuning process is also presented. The ratio between the stiffness coefficients of the two springs connected in series, the non-linear stiffness, and the excitation amplitude all apparently affect the available tuning range of the system, especially the minimum jump-down frequency when decreasing the controllable damping coefficient, and this provides a limitation. However, through numerical study and experimentation it was established that instantaneous variation of the damping was a possible approach to the solution. The method proposed in this paper can trigger a jump from the low-energy orbit to the high-energy orbit, thus enhancing the availability of harvestable energy from external harmonic vibration. Compared with the approach of self-excitation for stabilising the high-energy orbit by consuming part of the harvested electrical energy, and mechanical methods for stiffness tuning,19–21 the proposed method requires little additional energy consumption, as demonstrated in this study. Certainly, a circuit is needed to vary the damping and this is inevitable for any active tuning method. However, this proposed method is a potentially easy way of implementation and can be considered to be a promising approach to promoting the practical implementation of a hardening monostable energy harvester.

**Conflict of interest**

None declared.

**Funding**

The study was supported by the Institute of Industrial Science at the University of Tokyo, Japan. The first author also wishes to record his sincere gratitude to the China Scholarship Council for the financial support (Grant no: 201206050004).

**References**


