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Micro-Doppler Based In-Home Aided and Unaided Walking Recognition with Multiple Radar and Sonar Systems

Sevgi Z. Gurbuz, Carmine Clemente, Alessio Balleri, and John J. Soraghan

Abstract

The potential for using micro-Doppler signatures as a basis for distinguishing between aided and unaided gaits is considered in this paper for the purpose of characterizing normal elderly gait and assessment of patient recovery. In particular, five different classes of mobility are considered: normal unaided walking, walking with a limp, walking using a cane or tripod, walking with a walker, and using a wheelchair. This presents a challenging classification problem as the differences in micro-Doppler for these activities can be quite slight. Within this context, the performance of four different radar and sonar systems - a 40 kHz sonar, a 5.8 GHz wireless pulsed Doppler radar mote, a 10 GHz X-band CW radar, and a 24 GHz CW radar - is evaluated using a broad range of features. Performance improvements using feature selection is addressed as well as the impact on performance of sensor placement and potential occlusion due to household objects. Results show that nearly 80% correct classification can be achieved with 10 second observations from the 24 GHz CW radar, while 86% performance can be achieved with 5 second observations of sonar.

Index Terms

Radar micro-Doppler, gait recognition, assisted living, sonar

I. INTRODUCTION

According to the U.S. Center for Disease Control and Prevention [1], every twenty minutes an older person in the U.S. dies from fall-related injuries. Even in nursing homes, which offer supervised care, each year approximately 1,800 elderly Americans fall. A key way to prevent falls, however, is to identify and mitigate risk factors, such as lower body weakness, difficulties with walking and balance, vision problems, foot pain or poor footwear, home hazards, and even broken or uneven steps, among other factors, such as vitamin D deficiency or side-effects of
medicines. Most significantly, while over one third of elderly over age 65 fall each year, only half of these individuals even tell their doctors of such events.

Thus, health monitoring systems should not just detect critical events, such as the falls themselves, but should also assess the presence of any risk factors for falling or other illness through analysis of elderly gait. Characterization of normal movement can also aid fall detectors in determining the transition from a walk to a fall [2]. However, many older or disabled individuals routinely use a variety of walking aids, such as a cane, walker, or wheelchair, or may suffer from irregular or limped walking that may serve as an indicator of fall risk. Although many works have addressed sensors and algorithms for fall detection, the potential for recognizing nuances in elderly gait has been less examined.

Human activity recognition may be accomplished with many different types of sensors, such as wearable devices, video cameras, infrared and seismic sensors. However, these sensors possess significant disadvantages - wearable sensors are ineffective if forgotten to be worn, video cameras have the potential for dual-use as a surveillance device and may infringe upon privacy, while infrared and seismic sensors are more susceptible to false alarms. In contrast, radar and sonar systems possess many unique advantages, especially for home environments, such as being able to fully operate in the dark, when it is nighttime and no lights are on. Vital gait information can be obtained without recording any visual or vocal data that would infringe upon the privacy of the person being observed. Most importantly, not just sudden motions, such as falling, but also more subtle differences in gait caused by the use of walking aides or impairments, such as limping, can also be discerned. These characteristics make radar and sonar nearly ideal sensors for gait recognition applications.

Radar and sonar systems accomplish gait recognition by exploiting the unique patterns in micro-Doppler exhibited for different activities. Micro-Doppler [3] are frequency modulations about the central Doppler shift that are caused by vibrations or rotations of parts of the target. Thus, the rotation of wheels on a vehicle, spinning of blades on a helicopter, or periodic motion of the limbs while a person is in motion all result in a distinct micro-Doppler signatures. Over the past decade, machine learning and pattern recognition techniques have been successfully used to classify many human activities. For example, Kim and Ling [4] achieved a correct classification rate of around 92% using six features to discriminate seven activities performed directly towards the radar. Fioranelli, et.al. [5] correctly identified armed versus unarmed personnel at rates varying between 90% and 97%, depending upon the direction of walking. In home environments, micro-Doppler research has focused primarily on fall detection (see [6] and references therein). While [2] compares the micro-Doppler signatures of normal walking versus walking with a cane or a walker, no classification results were presented.

Most of the studies to date have focused on the recognition of grossly different motor movements whose signatures exhibit clearly distinct visual differences [7]. This work presents a detailed study of the performance attainable for the classification of typical aided and unaided gaits of the elderly or disabled - a challenging problem due to subtlety of differences between signatures. In particular, the performance of four different radar and sonar systems is investigated for five different classes of mobility: 1) normal unaided walking, 2) walking with a limp, 3) walking using a cane or tripod (one arm constrained), 4) walking with a walker (both arms constrained), and 5) using a wheelchair. A wide range of micro-Doppler features are evaluated for the classification of in-home gaits, and feature
selection exploited as a method for mitigating the detrimental effects of occlusion and aspect angle. Performance is compared for different sensor positions, including ceiling-mounted down-looking positioning.

The remainder of the paper is organized as follows: in Section II, an overview of the micro-Doppler effect, computation of the micro-Doppler signature and the differences in the patterns of the signature for different activities and sensors, with and without occlusion is discussed. In Section III, classification of the five types of aided and unaided gait signatures with four different radar/sonar systems is addressed. In Section IV, the potential for feature selection to improve classification performance is demonstrated, while in Section V the impact of detrimental situations such as occlusion and aspect angle is investigated. Section VI concludes with an assessment of the use of micro-Doppler based radar/sonar gait recognition and future work.

II. RADAR AND SONAR MICRO-DOPPLER SIGNATURES

Micro-Doppler signatures may be obtained from a wide variety of continuous wave (CW), frequency modulated continuous wave (FMCW) and pulse Doppler radar and sonar devices; however, the micro-Doppler shifts observed are sensitive to the frequency band of the transmitted signal. At lower frequency bands, the micro-Doppler shift caused by minute vibrations or rotations may not be detectable. Although human micro-Doppler signatures have been investigated at frequencies as low as UHF [8], it is more common to use frequencies that are between L-band and K-band for indoor applications, while frequencies of 24 GHz and 77 GHz have been used by automotive radar for pedestrian detection [9].

Sonar systems have attracted growing interest in recent years and are potentially a good candidate to complement RF sensors in indoor health monitoring applications. Due to a significantly lower speed of propagation of acoustic pressure waves in air (343 m/s), with respect to speed of light (300,000,000 m/s), small target movements can induce much greater Doppler shifts and hence produce more distinct Doppler modulations as compared to radars. Indeed, small target vibrations or rotations can reach Doppler shifts of thousands of Hertz even when a relatively low frequency is used in transmission. Acoustic micro-Doppler presents several other advantages. The hardware can be significantly cheaper and data collection is easier, faster, and cost effective. Due to the use of relatively low operating frequencies (generally a few tens of kHz) echoes from targets can be digitized directly at radio frequency without the need of electronic elements to down-convert signals into baseband and extract their in-phase and quadrature components. On the other hand, acoustic applications are limited in distance due to the high attenuation of sound waves in air. Over the last decade, there has been significant research interest in applying micro-Doppler techniques to air acoustic sensors operating at ultrasound frequencies (20 kHz to 80 kHz) for the detection humans [10], [11].

In this work, a variety of radar and sonar systems are considered to investigate the feasibility and performance of micro-Doppler signature based recognition of highly similar aided and unaided gaits. More specifically, systems of varying cost, size, power, bandwidth and frequency are considered: a 40 kHz CW sonar, 5.8 GHz wireless pulsed Doppler (PD) radar mote [12], 10 GHz CW radar, and 24 GHz CW radar, as illustrated in Figure 1 and Table I.
Fig. 1. Radar and sonar systems tested. (a) 5.8 GHz PD radar mote, (b) 10 GHz CW radar, (c) 24 GHz CW radar, (d) 40 kHz CW sonar.

<table>
<thead>
<tr>
<th></th>
<th>5.8 GHz PD radar</th>
<th>10 GHz CW radar</th>
<th>24 GHz CW radar</th>
<th>40 kHz CW sonar</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Size</strong></td>
<td>1 x 2 x 3 cm$^3$</td>
<td>80 x 25 x 8 cm$^3$</td>
<td>10.5 x 8.5 x 0.5 cm$^3$</td>
<td>15 x 15 x 1.5 cm$^3$</td>
</tr>
<tr>
<td><strong>Approximate Cost</strong></td>
<td>100 USD</td>
<td>15,000 USD</td>
<td>1,500 USD</td>
<td>3,000 USD</td>
</tr>
<tr>
<td><strong>Range Resolution</strong></td>
<td>0.6 m</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Doppler Resolution</strong></td>
<td>0.5 Hz</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Maximum Range for Humans</strong></td>
<td>5 m</td>
<td>150 m</td>
<td>70 m</td>
<td>15-20 m</td>
</tr>
</tbody>
</table>

A. Experimental Measurements of Micro-Doppler Signatures

Experimental measurements of all micro-Doppler signatures used in this study were conducted in an indoor laboratory environment, such as shown in Figure 2, at distances between 2 meters to 5 meters from the radar transmitter. Subjects included both men and women spanning ages between 20 to 40 who were not normally disabled or elderly, but who role-played during use of the walking aides, moving much more slowly and laboriously than normal.

Many time-frequency distributions can be used to represent the micro-Doppler signature, including the Gabor transform, Wigner-Ville Distribution, and S-transform, among others. For applications requiring the detection of minute movements, such as gestures made by someone standing or breathing, for instance, extremely high resolution of frequency changes is required. In such cases, the empirical mode decomposition (EMD) and Hilbert-Huang Transform (HHT) have been shown [13] to offer good performance. However, the most commonly used time-frequency representation is the spectrogram, which is defined as the modulus of the Short-Time Fourier Transform

$$|STFT(n, \omega)| = \left| \sum_{-\infty}^{\infty} x[n + m]w[m]e^{-j\omega m} \right|$$  \hspace{1cm} (1)

where $x[n]$ is the received signal and $w[m]$ is a window function. Spectrograms for the 24 GHz CW radar were...
computed by sampling the data at 1.1 kHz and applying a window of 180 ms. 75% overlap and 256 frequency points were utilized. To mitigate clutter, a high pass filter with cutoff frequency of 40 Hz was applied. For the 10 GHz CW radar, data was sampled at 10 kHz, and windows 0.2 seconds in duration with 50% overlap were used in computing the spectrograms. The I/Q samples of the 5.8 GHz radar are output at a rate of 180 Hz, and the spectrograms were generated with 2048 frequency points, an overlap of 8 points, and a Hanning window length of 64 points. High pass filtering with a cutoff at 5 Hz was applied for ground clutter removal. 40 kHz sonar data was processed with a sampling rate of 10 kHz and a 200 ms STFT using windows with 50% overlap.

Examples of the spectrograms obtained from each radar and sonar system for different degrees of mobility are shown in Figures 3 - 8. The most pristine spectrograms are attained with the 24 GHz pulsed Doppler system, due to its higher transmit frequency and greater range resolution; however, all systems share several fundamental trends. The torso response appears as the strongest part of the micro-Doppler signature, with appendage motion being of lower strength, higher frequency signals. Limping signatures have a lower stride rate, with the returns from one leg dominating. The presence of a cane has a similar effect, but the utilization of the walking aid also reduces the overall Doppler spread while the signature over one leg cycle is broader than that over the other leg cycle. Moreover, the difference in gait due to having both hands constrained by the walker, as opposed to one free hand when using the cane, is also visually observable. The two-stage motion that is induced by first pushing the walker forward and then stepping up into it can also be seen as two arches in the 24 GHz radar spectrograms. These effects are obscured in the spectrograms of the lower frequency systems, with mainly the gross periodicities being evident. Finally, wheelchair spectrograms reveal the periods over which the subject is turning the wheels versus letting the wheelchair roll.

Experimental testing of the algorithms surveyed in this paper was accomplished by first establishing databases of signatures from which training and testing sets were randomly selected. To avoid overtraining the classifier a typical ratio of 60%-70% of the total data was utilized. Table II summarizes the total measurements taken from each radar or sonar system for use in this study.
### Table II

**Micro-Doppler Signature Acquisition Characteristics.**

<table>
<thead>
<tr>
<th>%</th>
<th>Duration of Acquisition (s)</th>
<th>Total Number of Acquisitions</th>
<th>Training Set Size</th>
<th>SNR</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.8 GHz PD radar mote</td>
<td>4</td>
<td>240</td>
<td>60%</td>
<td>38 dB</td>
</tr>
<tr>
<td>10 GHz CW radar</td>
<td>10</td>
<td>100</td>
<td>70%</td>
<td>20 dB</td>
</tr>
<tr>
<td>24 GHz CW radar</td>
<td>10</td>
<td>100</td>
<td>70%</td>
<td>39 dB</td>
</tr>
<tr>
<td>40 kHz CW sonar</td>
<td>5</td>
<td>120</td>
<td>70%</td>
<td>26 dB</td>
</tr>
</tbody>
</table>

### B. Effect of Occlusion and Partial Illumination

In home environments, occlusion and partial RF illumination of the monitored subject can occur. For example, the return from the legs can be partially or completely occluded by the presence of furniture, such as a bed, or the target can be partially illuminated by the radar beam if the subject is climbing the stairs. In Figure 9, spectrograms obtained using the 24 GHz radar are shown for walking with a cane and normal walking in the cases of optimal illumination, occlusion and climbing the stairs. In particular, a 70 cm tall obstacle representing a bed was used to acquire the occluded data, while for the climbing stair acquisition the radar was located on the landing on top of a stairwell with the antenna beam axis parallel to the landing.

By observing the spectrograms in the presence of occlusions, and comparing them with the optimal illumination cases, a loss in signal power is evident due to a rise of the noise floor in the normalized spectrogram. In the case of occluded walking with a cane, it is possible to identify a missing component relative to the dragged foot that is instead visible in the optimal illumination spectrogram. Similarly, the obstructed walking spectrogram carries less information with a spectrogram dominated by the torso motion only.

The spectrograms relative to the climbing stairs observations carry mainly the torso, head and shoulders motion information due to the fact that the legs are not visible to the radar and that the arms do not swing (as one hand holds the handrail). In the normal walking case the torso motion is clearly visible with a growing scattering intensity due to the increasing area visible to the radar while the target climbs the stairs. Climbing the stairs using a cane produces a behavior similar to normal walking; however, the spectrogram carries some additional information due to the motions required to move the cane before each step.

Thus, the main issue introduced by occlusion and sub-optimal illumination is the loss of peculiar information that can contribute to activity discrimination. One way to mitigate this effect is to utilize multiple sensors positioned so as to minimize the possibility for occlusion. In the case there is occlusion, however, although there is no way to correct for the lost information, the classification algorithm can adapt to the situation by basing class decisions on features anticipated to be minimally affected by the occlusion. A detailed discussion of feature selection algorithms that may be used to optimize classification performance is given in Section V.
III. AIDED AND UNAIDED GAIT RECOGNITION

Machine learning and pattern recognition techniques may be exploited to automatically detect differences in the micro-Doppler signature and to perform classification based upon these variations. The process may be divided into three main steps: 1) feature extraction, 2) feature selection, and 3) classification. Micro-Doppler features may be generally grouped into three categories:

- **physical features** [14], i.e. those features relating to the physical properties of the target motion, such as mean gait velocity, mean stride rate, frequency of limb motion, bandwidth of Doppler signal, bandwidth of torso return, extreme frequency magnitude and extreme frequency ratio [15], gait velocity and stride variability [16]. Some physical features are also extracted from the cadence velocity diagram (CVD), which is derived from the spectrogram. An example of a CVD feature is the appendage-to-torso ratio [17], which is defined as the ratio of the power of the returns from the torso to that of the limbs. More recently, a novel angle-invariant image processing technique utilizing pseudo-Zernike moments extracted from the CVD has also been proposed [18] that has been shown to possess important invariant properties. Translational invariance allows robust identification of targets with different main Doppler shifts but belonging to the same class. Scale invariance allows the provision of features that are invariant with respect to variations of the aspect angle, making the algorithm applicable in a multistatic scenario without the requirement of a multistatic training dataset. Moreover, scale invariance enables mitigation of inter-class variability, namely physical differences between targets of the same class (e.g. two people walking, a tall and a short one that would introduce different micro-Doppler shift that might otherwise have led to an incorrect classification).

- **speech-inspired features** [19]–[22], which are features initially developed for speech processing, but which have been found to be useful in classifying micro-Doppler, such as linear predictive coefficients (LPC), cepstrum coefficients and, especially, mel-frequency cepstrum coefficients (MFCC); and

- **transform-based features** [23]–[25], which are typically chosen as the coefficients of a transform, such as the Fourier Transform, Wavelet Transform, and Discrete Cosine Transform (DCT).

The efficacy of a given feature set is dependent upon many parameters, including transmitter frequency, range and Doppler resolution, the aspect angle of target motion relative to the radar line of sight, and signal-to-noise ratio (SNR). A study of the effect of features on performance under varying operational conditions is given in [26] based upon simulated micro-Doppler signatures. In this work, several different feature sets that have experimentally yielded superior results are utilized to establish baseline performance. Subsequently, performance gains achievable through a formalized approach to feature selection is discussed in Section V.

A. Radar System Performance

The classification performance achieved from three different radar systems is shown in Table III. Signatures from the 24 GHz radar were used to extract pseudo-Zernike moments of order 20 and were classified with a support vector machine (SVM) classifier. An overall correct classification performance of 72.58% was achieved for 5 second dwell times, while increasing the dwell time to 10 seconds improved the classification rate to 79.70%.
In contrast, signatures from the 10 GHz CW radar were used to extract 15 cepstral features and processed with a Nave Bayesian classifier. Results show that just 5 seconds of data was sufficient to correctly classify all wheelchair returns. Walking and cane/tripod usage were correctly recognized at a rate of 85% and 69%, respectively, while the most confusion occurred between walking and use of a walker as well as limping with cane/tripod usage. Overall a correct classification rate of 66% was achieved.

As a low cost, low power, wireless system, the 5.8 GHz radar yielded one of the more challenging datasets. The system gives no access to the received return, only outputing one sample per pulse; thus, correction for effects such as range migration is not possible, resulting in a blurring effect on the spectrogram. A total 127 features, comprised of 13 physical features, 10 DCT coefficients, 3 cepstrum coefficients, and 101 LPCs were extracted and supplied to an SVM classifier. A two-tier approach was utilized, first discriminating wheelchair use from the remaining four classes, followed by classifying the remaining four bipedal motions. With just a 4 second dwell time, the wheelchair was correctly identified 92.8% of the time, while the remaining bi-pedal classes were classified correctly at an overall rate of 67.74%.

In general, all systems were able to effectively ascertain the wheelchair, while the most confusion was seen between the single-handed walking aids (cane/tripod) and the two-handed use of a walker. This is not unexpected considering the similarity of the two motions, and because constraining one arm also subconsciously limits use of the other, thereby minimizing the arms swing of the free hand and rendering the signature even more similar to that of the walker, which constrains both hands. Typically longer dwell times result in improved performance: in the 24 GHz CW radar increasing the dwell time from 5 seconds to 10 seconds improved classification performance by 7%. In the case of the 5.8 GHz wireless radar mote, however, the extremely short range of just 5 meters severely limits the dwell time. For the same dwell time of 5 seconds, a 6.58% difference in performance was observed between the 24 GHz and 10 GHz systems. This difference is caused in part by the difference in SNR levels between the two data sets, and in part by the difference in frequency and choice of features. Because the wavelength at 24 GHz is about half of the wavelength at X-band, for the same velocity the 24 GHz radar observes a Doppler shift twice that observed at X-band.

B. Sonar System

Sonar systems have several unique advantages over radar, which have caused them to become of increasing interest in micro-Doppler studies. Because the speed of sound in air is about 343 m/s, for the same target velocity a higher Doppler shift is incurred by sonar than than incurred at RF frequencies, thereby leading to greater resolution. Moreover, as the RF spectrum becomes increasingly congested, the potential for interference may be mitigated by instead using ultrasonic frequencies. Although sonar systems suffer from severe attenuation at longer distances, this drawback is less of a concern in the indoor environments that are the focus of this work. Nevertheless, a noticeable increase in signal strength may be observed as a person moves towards the sonar. Classification performance of a 40 kHz sonar system was assessed for a dwell time of 5 seconds using 15 cepstral features and a Nave Bayesian classifier, as given in the confusion matrix shown in Table IV. An overall correct classification performance 86%
TABLE III
CONFUSION MATRICES SHOWING CLASSIFICATION PERFORMANCE ACHIEVED FROM DIFFERENT RADAR SYSTEMS

<table>
<thead>
<tr>
<th></th>
<th>5 seconds of 24 GHz CW radar data classified with SVM</th>
<th>10 seconds of 24 GHz CW radar data classified with SVM</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>%</td>
<td>Limping</td>
</tr>
<tr>
<td>Limping</td>
<td>72.70</td>
<td>11.90</td>
</tr>
<tr>
<td>Cane/Tripod</td>
<td>10.53</td>
<td>55.43</td>
</tr>
<tr>
<td>Walking</td>
<td>10.03</td>
<td>11.83</td>
</tr>
<tr>
<td>Walker</td>
<td>3.40</td>
<td>13.76</td>
</tr>
<tr>
<td>Wheelchair</td>
<td>4.90</td>
<td>5.76</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>5 seconds of 10 GHz radar data classified with Naive Bayes</th>
<th>4 seconds of 5.8 GHz radar data classified with SVM</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>%</td>
<td>Limping</td>
</tr>
<tr>
<td>Limping</td>
<td>42.30</td>
<td>51.30</td>
</tr>
<tr>
<td>Cane/Tripod</td>
<td>20.00</td>
<td>69.40</td>
</tr>
<tr>
<td>Walking</td>
<td>2.63</td>
<td>1.32</td>
</tr>
<tr>
<td>Walker</td>
<td>4.20</td>
<td>2.70</td>
</tr>
<tr>
<td>Wheelchair</td>
<td>0.00</td>
<td>0.00</td>
</tr>
</tbody>
</table>

was achieved, higher than the performance achieved by any of the RF systems previously employed due to the 3.5-fold improvement in Doppler resolution relative to that at X-band.

IV. SENSOR POSITIONING AND ASPECT ANGLE DEPENDENCE

Sensor positioning is an important topic in micro-Doppler analysis. Especially in indoor applications, it is likely that the aspect angle between the subjects direction of motion and the radars line-of-sight will dynamically vary with time and include angles that are close to 90°; i.e., the subject is walking tangentially relative to the radar line-of-sight. Because radar measures radial velocity, as the aspect angle increases and approaches 90°, the Doppler shift resulting from human motion decreases. The discriminability of micro-Doppler features is reduced for signatures with small Doppler spread; as a result, classification performance degrades with angle.
One possible remedy of this situation is to use a multi-static radar to acquire multi-perspective data. In [27], sensors are positioned such that there is a 90° difference in the orientation. In this way, when one sensor is acquiring data at a high aspect angle, the other sensor will be collecting observations at a low aspect angle. Observations at multiple angles also minimize the chances of occlusion. Indeed, in [27], placement of a sensor on the ceiling, such that the radar was looking down upon the subject, was shown to result in improved classification performance. Although when the subject is directly under the ceiling radar at aspect angle of 90° is observed, at all other locations within the room, regardless of the direction the subject, more advantageous aspect angles will be attained. Moreover, the chances of occlusion with a ceiling radar are minimal. As an example, consider the micro-Doppler signature obtained from the 5.8 GHz pulse Doppler radar mote placed under the ceiling and looking down as the subject walks back and forth under the radar. Irrespective of the subject motion, a spectrogram showing clearly the micro-Doppler is attained, as shown in Figure 10.

To see the effect of sensor position on classification performance, consider the classification results obtained when the 5.8 GHz radar mote is placed at 0°, 30°, 60° aspect angles on furniture in a room as well as on the ceiling looking down upon the center of the room. The classification results obtained with 4 seconds of data from which the same 127 feature set as used in Table III is extracted and classified with SVM are given in Table V. From these results it may be seen that at 0° an overall performance of 73.94% is achieved, while poorer performance are achieved for 30° and 60° where the correct classification drops to 64.47%, and 46.44%, respectively. In contrast, the ceiling radar yields an overall performance of 56.42%, which is 10% higher than the result attained with a sensor observing the subject at a 60° aspect angle.

V. Feature Selection

In addition to sensor positioning, another way to mitigate the affect of aspect angle is to choose features that are more robust under such conditions. Selection of features based on experience or trial and error yields good results, but not necessarily optimal results. Moreover, utilization of all possible features also does not guarantee optimal results due to the curse of dimensionality. Thus, it is advantageous to pursue a methodological approach to feature selection. The goal of feature selection is to choose a set of feature such that the classification performance is maximized, while the total number of features is minimized. In [28] and [29], a robust Principle Component Analysis method was utilized to extract a minimum, orthogonal set of features for micro-Doppler analysis. In [26], the performance achieved by a forward selection wrapper algorithm is compared to that of a t-test filter method, and it is shown that feature selection is essential to ensuring robust performance when the aspect angle changes dynamically, such as for walking along a quarter-circle path. Wrapper methods are classifier dependent, because the optimal feature set is determined by trying and comparing feature combinations, whereas in filter methods features are selected based upon a metric. Thus, wrappers tend to outperform filters for a given classifier. In recent work by Tekeli, et. al. [30], it was shown that a mutual information based metric, the Mutual Information Feature Selector under Uniform Information Distribution (MIFS-U) [31], yielded results quite comparable to that given by wrapper methods by maximizing the mutual information between the features and the classes, given a penalty that increases...
as the number of selected features increases:

\[
\max \left( I(C; f_i) - \beta \sum_{f_s \in S} \frac{I(C; f_s)}{H(f_s)} I(f_s; f_i) \right)
\]  \hspace{1cm} (2)

where \( I(C; f_i) \) is the mutual information between feature \( f_i \) in the set of all features \( \mathcal{F} \) and the class variable \( C \), \( I(C; f_s) \) is the mutual information between selected feature \( f_s \) and the class variable \( C \), \( H(f_s) \) is the entropy of a feature in the selected feature set \( S \), \( I(f_s; f_i) \) is the mutual information between \( f_i \) and the already selected feature \( f_s \) in the selected feature set \( S \), and \( \beta \) is a parameter that controls the relative importance of relevance and redundancy. In the beginning of the selection process, the MIFS-U algorithm first ensures relevance to the class variable. As the selected feature set grows, new selections are required to be increasingly less redundant. In this way, the ratio \( I(C; f_s)/H(f_s) \) facilitates efficient de-selection of features.

The benefit of applying a feature selection approach, such as MIFS-U, is illustrated in Figure 11, which shows the variation of classification performance with the number of features utilized for the four-class problem of discriminating walking, limping, walking with a cane/tripod, and walking with a walker with the 5.8 GHz wireless pulsed Doppler radar mote. From this plot it may be seen that performance comparable to using all 127 features may be obtained in fact with just 15-20 features by using proper selection.
VI. DISCUSSION AND CONCLUSIONS

In the work, the potential for micro-Doppler analysis to recognize similar in-home aided and unaided gaits — unaided walking, walking with a limp, walking with a cane or tripod, walking with a walker, and using a wheelchair — has been investigated. The classification performance of four different radar and sonar systems is examined; namely, a 40 kHz sonar, a 5.8 GHz wireless pulsed Doppler radar mote, a 10 GHz X-band CW radar, and a 24 GHz CW radar. Results show that for indoor applications sonar not only has the distinct advantages of higher resolution and no interference in RF communication bands, but also exhibits the highest performance, with a correct classification rate of 86%. The radar systems considered correctly classified the activities with rates ranging from 66% to 73% when the subject directly moved towards the radar. When the aspect angle increases to 60°, this performance drops to as low as 46%. Ceiling mounted sensors exhibited slightly better performance with 56% correct classification, but this is still substantially poorer than that achieved by a waist-high sensor observing in-line with the subject’s motion. Increasing the duration of observation from 5 seconds to 10 seconds dramatically improves classification rates to about 80% for the 24 GHz radar. Thus, it is recommended that radar systems employed for such indoor monitoring applications have sufficient range to span an entire room, and that multiple sensors, place either orthogonally on the walls or on the ceiling be used to compensate for angle-dependent degradations and minimize the possibility for occlusions, while also ensuring the maximum possible dwell time on the subject. Overall, the results show that radar and sonar micro-Doppler classification algorithms, which utilize varying choices in feature sets or explicitly employ feature selection algorithms, can be used for gait-based health monitoring of elderly or disabled individuals. Future work will aim at improving performance through the use of a radar/sonar network and data fusion.

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Fig. 3. Measured spectrograms of a single person walking.

Fig. 4. Measured spectrograms of a single person walking with a limp.
Fig. 5. Measured spectrograms of a single person walking with a cane.

Fig. 6. Measured spectrograms of a single person walking with a tripod.
Fig. 7. Measured spectrograms of a single person walking with a walker.

Fig. 8. Measured spectrograms of a single person using a wheelchair.
Fig. 9. Spectrograms of walking with cane and normal walking in optimal illumination, occlusion and climbing stairs.

Fig. 10. Sample spectrogram of a subject walking back and forth underneath a ceiling mounted, down-looking 5.8 GHz pulse Doppler radar mote.
Fig. 11. Classification performance as a function of the number of features selected using MIFS-U.