

1 **Dosing regimen of meropenem for adults with severe burns: a**  
2 **population PK study with Monte Carlo simulations**

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25

## 26 SYNOPSIS

27 **Objectives:** To develop a population model to describe the PK of intravenous meropenem in  
28 adult patients with severe burns and investigate potential relationships between dosage  
29 regimens and antimicrobial efficacy.

30 **Patients and methods:** A dose of 1 g every 8 h was administered to adult patients with total  
31 body surface area burns of  $\geq 15\%$ . Doses for subsequent courses were determined using results  
32 from the initial course and the patient's clinical condition. Five plasma meropenem  
33 concentrations were typically measured over the dosage interval on 1 – 4 occasions. An open  
34 two-compartment PK model was fitted to the meropenem concentrations using NONMEM and  
35 the effect of covariates on meropenem PK was investigated. Monte Carlo simulations  
36 investigated dosage regimens to achieve a target  $T_{>MIC}$  for at least 40%, 60% or 80% of the  
37 dose interval.

38 **Results:** Data comprised 113 meropenem concentration measurements from 20 dosage  
39 intervals in 12 patients. The parameters were  $CL$  (L/h) =  $0.196 \text{ L/h/kg} \times (1 - 0.023 \times (\text{age} - 46)) \times$   
40  $(1 - 0.049 \times (\text{albumin} - 15))$ ,  $V_1 = 0.273 \text{ L/kg} \times (1 - 0.049 \times (\text{albumin} - 15))$ ,  $Q = 0.199 \text{ L/h/kg}$  and  $V_2$   
41  $= 0.309 \text{ L/kg} \times (1 - 0.049 \times (\text{albumin} - 15))$ . For a target of 80%  $T_{>MIC}$ , the breakpoint was 8 mg/L  
42 for doses of 1 g every 4 h and 2 g every 8 h given over 3 h but only 4 mg/L if given over 5  
43 minutes.

44 **Conclusions:** Although 1 g eight-hourly should be effective against *E. coli* and coagulase  
45 negative *Staphylococcus*, higher doses, ideally with a longer infusion time, would be more  
46 appropriate for empiric therapy, mixed infections and bacteria with MIC values  $\geq 4$  mg/L.

## 48 INTRODUCTION

49 Severely burned patients present several key challenges in their management, one being  
50 infection, which is a major cause of illness and death.<sup>1</sup> The earliest organisms isolated from  
51 burn wounds tend to be Gram-positive organisms, such as *Staphylococcus* spp, but in the latter  
52 part of the first post-burn week, Gram-negative organisms become dominant, with  
53 *Pseudomonas* spp being the most common isolates.<sup>2,3</sup>

54 Meropenem is a broad-spectrum  $\beta$ -lactam antibiotic commonly used to treat infections in  
55 patients with burn injuries. A survey of UK hospitals which treat severely burned adults found  
56 that thirteen of the sixteen respondents used meropenem as empiric therapy and / or if  
57 susceptible organisms were identified (unpublished data). In most units, the standard adult dose  
58 of 1g over 5 minutes every 8 h was used. However, it has been known since the 1970s that the  
59 pathophysiological changes which follow a major burn injury may affect the pharmacokinetics  
60 (PK) of drugs.<sup>4</sup> These changes are influenced by a number of factors, including the presence of  
61 sepsis, the area and depth of the burn, serum protein concentration, age,  $CL_{CR}$ , degree of  
62 hydration, presence of oedema and time after injury.<sup>5</sup> As a result, several studies have  
63 recommended using higher antibiotic doses than are given to patients without burn injuries.<sup>6-9</sup>  
64 There is evidence to suggest that meropenem pharmacokinetics are also altered in severely  
65 burned patients<sup>5,10,11</sup> and within our own unit, we previously reported the case of a 27 year old  
66 man with a total body surface area (TBSA) burn of 52% in whom a dose increase to 1 g over 5  
67 minutes every 4 h was needed to achieve target serum concentrations.<sup>12</sup> No previous  
68 population studies have examined intraindividual variability in pharmacokinetic parameters in  
69 this patient group.

70 Since meropenem demonstrates time-dependent killing at clinically relevant  
71 concentrations,<sup>13</sup> the most important pharmacodynamic (PD) index to predict antimicrobial

72 efficacy is the percentage of the dosing interval that the antibiotic concentrations remain above  
73 the MIC of the pathogenic organism ( $T_{>MIC}$ ). Many PD studies have selected a  $T_{>MIC}$  for at least  
74 40% of the dose interval as the target.<sup>14-19</sup> However, as treatment with meropenem is often  
75 empiric, the MIC is not known. Whilst the EUCAST 2013<sup>20</sup> susceptibility breakpoint of 2 mg/L  
76 could be selected as the target MIC, a 2009 study of meropenem activity against nosocomial  
77 isolates across Europe found 79% of *Pseudomonas aeruginosa* isolates susceptible at a  
78 breakpoint of 4 mg/L<sup>21</sup> suggesting this might be a more suitable target. However, such  
79 considerations should always be based on local epidemiology, where it is available. In this  
80 context, dosage regimens can be optimised through integration of PK-PD targets, derived from  
81 both PK data and exposure-response data, with Monte Carlo simulation to predict the probability  
82 of attaining a specific PD target at various dosage regimens.<sup>15,22</sup>

83 The aim of this study was to determine the PK profile of intravenous meropenem given at an  
84 initial dose of 1g over 5 minutes every 8 h to adult patients admitted to hospital with severe  
85 burns, to develop a population model to describe the PK of meropenem in this patient group,  
86 and to use Monte Carlo simulation techniques to investigate potential relationships between  
87 dosage regimens and the achievement of PK/PD targets.

88

## 89 PATIENTS AND METHODS

### 90 Patients

91 Adults admitted to a Regional Burns Centre with a major burn (defined as a TBSA burn of at  
92 least 15%), receiving meropenem, were eligible for inclusion in the study. Consent was  
93 obtained from patients who were deemed fit to give it. For incapacitated adults, assent was  
94 obtained from the next of kin, and consent to use the data sought retrospectively from those  
95 patients who survived their injury. The study was approved by the Trust Research and  
96 Development Committee, the National Ethics Research Committee 3/3/045 and the MHRA  
97 (Reference 21310/0001/001-002).

98 Patient demographics (gender, age, weight and height), burn details (TBSA burn, full and partial  
99 thickness burn surface area and percentage burn remaining at time of diagnosis of infection),  
100 routine clinical data (e.g. serum creatinine and serum albumin) and antibiotic prescribing  
101 information were collected for each patient. In addition, the following data were recorded: post-  
102 burn day when blood samples were taken; length of stay in the Intensive Therapy Unit (ITU);  
103 Abbreviated Burn Severity Index (ABSI) Score<sup>23</sup> and patient outcome.

### 104 Study protocol

105 Initial courses of meropenem commenced at a standard dose of 1 g over 5 minutes every 8 h,  
106 as per Trust antimicrobial guidelines. After at least 24 h of therapy, blood samples were taken at  
107 the following times: predose; 30 minutes, 1, 2 and 4 h post dose; and immediately before the  
108 next dose. Blood samples (3 mL) were collected using serum gel tubes, centrifuged at 4,500  
109 rpm, then the resulting serum was separated into plain 2 mL plastic tubes, stored and  
110 transported at 4<sup>0</sup>C for analysis within 24 hours, in line with previous published stability data.<sup>24</sup>  
111 Samples were analysed by HPLC at the National Antimicrobial Reference Laboratory (approved

112 by Clinical Pathology Accreditation Ltd (UK)) using a previously reported method.<sup>25</sup> This has a  
113 lower limit of detection of 0.3 mg/L and a limit of quantification of 1 mg/L, where the intra and  
114 inter assay coefficient of variation (CV)% were both less than 10%. The results were reported  
115 within 24 hours and the dosage regimen was then modified if necessary and when the length of  
116 course allowed to maintain concentrations above 4 mg/L for at least 40% of the dose interval. If  
117 a patient required a second or third course of meropenem, the decision of what starting dose to  
118 use was influenced by results from the initial course and the patient's clinical condition. Serum  
119 concentrations were measured and doses amended as described for initial courses.

## 120 **Pharmacokinetic analysis**

121 A population PK modelling approach was applied to the data using NONMEM Version 7.2.<sup>26</sup>  
122 (ICON Development Solutions, Ellicott City, MD, USA) with first order conditional estimation and  
123 interaction (FOCEI). Post-processing of the NONMEM results was performed with R 2.1.4.0<sup>27</sup>  
124 and diagnostic plots were performed with Xpose version 4 programmed in R 2.1.4.0.<sup>28</sup>

125 Based on a graphical exploratory analysis, an open, two-compartment model with zero order  
126 input and linear elimination and linear distribution from the central to peripheral compartment  
127 was selected to describe the meropenem plasma concentrations after intravenous  
128 administration. This model was parameterized in terms of CL, central volume of distribution ( $V_1$ ),  
129 intercompartmental clearance (Q) and volume of distribution of the peripheral compartment ( $V_2$ ).  
130 Observed  $C_{max}$  was defined as the measured serum concentration at 30 minutes in each  
131 patient. Individual parameter estimates were obtained from the Empirical Bayes Estimates  
132 (EBEs) and were used to calculate half-lives;  $AUC_{0-24}$  was calculated from the total daily dose  
133 and individual estimates of CL.

134 Log-normal distributions were assumed for between-subject variability (BSV) and between  
135 occasion variability (BOV) in the PK parameters; an "occasion" was defined as a set of

136 concentration-time data collected over one day. A proportional model was used to describe the  
137 residual error. The shrinkage of the EBE of the BSV were calculated as previously suggested.<sup>29</sup>

138 Once the base model had been identified and, in the absence of significant shrinkage, EBE of  
139 the BSV were used to identify potential relationships between individual PK estimates and the  
140 clinical covariates gender, age, weight (using linear and allometric relationships), serum  
141 creatinine concentration, measured  $CL_{CR}$ , serum albumin, percentage of TBSA burn,  
142 percentage of full and partial thickness burn surface area, percentage burn remaining at time of  
143 diagnosis of infection and post-burn day. These covariates were first examined using scatter  
144 plots then added to and removed from the population model in a stepwise manner.<sup>30</sup>

145 Improvements in the fit obtained with each model were assessed in several ways. First, the  
146 NONMEM generated objective function value (OFV) was used to perform the likelihood ratio  
147 test. A decrease in OFV of  $\geq 10.83$  was required to reach statistical significance ( $p = 0.001$ ) for  
148 the addition of one fixed effect in a hierarchical model. In addition, improvement in the fit was  
149 assessed by reductions in the BSV, BOV, residual variability and standard errors of the  
150 parameter estimates. Diagnostic plots and shrinkage were also examined.<sup>29</sup>

151 The final population model was evaluated in three ways: a non-parametric bootstrap sampling  
152 procedure with 1,000 samples was conducted using PsN toolkit<sup>31</sup> and a prediction-corrected  
153 visual predictive check (pcVPC) was based on 1,000 simulations.<sup>32</sup> Finally, normalised  
154 prediction distribution errors (NPDE) obtained from 10,000 simulations were computed using the  
155 software developed by Brendel *et al.*<sup>33</sup>

## 156 **Pharmacodynamic simulations**

157 The final PK model was used for simulations that were undertaken to explore the role of the  
158 dosage regimen on the probability of target attainment (PTA). The final parameters of the

159 population PK model were used to generate individual total drug concentration profiles for each  
160 of the 1,000 simulated patients using NONMEM. The clinical characteristics of the simulated  
161 patients mirrored those of the original patient group. Simulations were performed for four steady  
162 state dosage regimens given by bolus injection over 5 minutes: 1 g every 8 h; 2 g every 8 h; 1 g  
163 every 6 h; 1 g every 4 h. In addition, three 3 hour infusion regimens: 1 g every 8 h; 2 g every 8 h  
164 and 1 g every 6 h and steady state concentrations arising from three continuous infusions: 3, 4  
165 and 6 g over 24 h were simulated. For evaluation of these dosage regimens, MIC values were  
166 chosen across the range 0.125-128 mg/L. In each patient, the time that the drug concentration  
167 remained above the MIC was calculated as the cumulative percentage of the dosage period.<sup>34</sup>  
168 For each MIC and dosing regimen, PTA was defined as the probability of 1000 simulated  
169 patients achieving the target  $T_{>MIC}$  for at least 40%, 60% or 80% of the dose interval. For each  
170 meropenem regimen, the highest MIC at which the PTA was  $\geq 90\%$  was defined as the PK-PD  
171 susceptible breakpoint.

172 A second analysis was conducted using MIC distributions of *Escherichia coli*, coagulase  
173 negative *Staphylococcus*, *P. aeruginosa* and *Enterococcus faecalis* derived from the EUCAST  
174 database.<sup>20</sup> These MIC distributions were extracted from 8005 strains of *E. coli*, 143 strains of  
175 coagulase negative *Staphylococcus*, 57505 strains of *P. aeruginosa* and 12369 strains of *E.*  
176 *faecalis*. The cumulative fraction of response (CFR) was used to estimate the overall response  
177 of pathogens to meropenem for each of the ten dosage regimens, subdivided according to CL.  
178 This estimate accounts for the variability of drug exposure in the population and the variability in  
179 the MIC combined with the distributions of MICs for the pathogens. For each MIC, the fraction of  
180 simulated patients who met the PD target was multiplied by the fraction of the distribution of  
181 microorganisms for each MIC. The CFR was calculated as the sum of fraction products over all  
182 MICs.

183



## 184 RESULTS

### 185 Patient Demographics

186 Twelve patients (7 male) were recruited to the study with a mean age at the time of the first  
187 course of 46 years (range 27 to 73). The median percentage of TBSA burn was 41% (range 20  
188 to 80) and the median ABSI Score was 10 (range 5 to 12). Most burns (n = 10) resulted from  
189 flame injuries; inhalation injury was present in 7 cases. All patients were mechanically  
190 ventilated, spending a median of 40.5 days in intensive care (range 19 to 119 days). Five did  
191 not survive their injury. The following pathogenic bacteria were isolated: coagulase negative  
192 *Staphylococcus* in 9 patients; *P. aeruginosa* in 4 patients, mixed coliforms and *Enterococcus*  
193 spp in 4 patients, *E. coli*, *Stenotrophomonas maltophilia* and *Enterobacter cloacae* in 3 patients.  
194 Other microorganisms found were *E. faecalis*, *Bacillus cereus*, *Staphylococcus aureus*,  
195 *Acinetobacter baumannii*, *Haemophilus influenzae*, *Klebsiella* spp and *Proteus mirabilis*.

196 In general, renal function was not impaired at the time of recruitment into the study and none of  
197 the patients required renal replacement therapy. The median (range) of serum creatinine was  
198 41  $\mu\text{mol/L}$  (22 to 112) and of measured  $\text{CL}_{\text{CR}}$  was 136.5 ml/min (60 to 217). Measured  $\text{CL}_{\text{CR}}$   
199 was only available for 8 of the 12 patients.

### 200 Serum Concentration-Time Profiles

201 A total of 113 plasma meropenem concentration measurements were available, with a median  
202 of 9 (range 4-24) measurements per patient. One high trough concentration that was  
203 inconsistent with all other data from the same patient was removed from the analysis. Overall,  
204 there were 20 sets of measurements (occasions); 7 patients had one occasion, 3 patients had  
205 two occasions, 1 patient had three occasions and 1 patient had four occasions. Individual  
206 concentration-time profiles are presented in Figure 1.

207 Patients initially received a standard intravenous infusion of meropenem over 5 minutes at  
208 doses of 1 g every 8 h for 3-5 consecutive days. In seven patients, sub-optimal serum  
209 concentrations were reported, which required an increase in the frequency of administration in  
210 three patients to 1 g every 6 h, in one patient to 2 g every 8 h and to 1 g every 4 h in one  
211 patient. Observed  $C_{max}$  ranged from 9.2 to 79.2 mg/L with a mean (SD) of 28.4 (16.1) mg/L  
212 while the pre-dose trough ranged from 0.3 to 19.2 mg/L with a mean (SD) of  $2.8 \pm 4.2$  mg/L.

### 213 **Pharmacokinetic Analysis**

214 An open two compartment disposition model with zero order input and linear elimination and  
215 distribution adequately described the time course of plasma concentration following meropenem  
216 administration.

217 All parameters were linearly related to body weight. Scatterplots of individual estimates of the  
218 parameters against the measured and derived clinical and demographic data identified  
219 additional potential relationships between CL and age, measured  $CL_{CR}$ , serum albumin, TBSA  
220 burn, full thickness burn surface area and percentage burn remaining at time of diagnosis of  
221 infection. Relationships were identified between  $V_1$  and  $V_2$  and serum albumin; only the inclusion  
222 of age on CL and serum albumin on CL,  $V_1$  and  $V_2$  achieved statistically significant reductions in  
223 the OFV when included individually in the population model. A further improvement in the fit was  
224 achieved by including BOV in CL in the model. The final population model reduced the OFV  
225 from 385.5 (base model) to 276.0 and had the following structure:

$$226 \quad CL = 0.196 \text{ L/h/kg} \times (1 - 0.023 \times (\text{age} - 46)) \times (1 - 0.049 \times (\text{albumin} - 15))$$

$$227 \quad V_1 = 0.273 \text{ L/kg} \times (1 - 0.049 \times (\text{albumin} - 15))$$

$$228 \quad Q = 0.199 \text{ L/h/kg}$$

229  $V_2 = 0.309 \text{ L/kg} \times (1 - 0.049 \times (\text{albumin}-15))$

230 The population model identified a typical whole body clearance estimate of 0.196 L/h/kg in a  
231 patient with the mean age of 46 years and the mean albumin concentration of 15 g/L. Inclusion  
232 of weight, age and albumin reduced BSV in CL and Q from 47.2% and 94.4%, respectively, to  
233 negligible values. The shrinkage of BSV in  $V_2$  was estimated at 27.6%. BOV for  $V_1$ ,  $V_2$  and Q  
234 were negligible and fixed to 0; BOV for CL was 28.8%. The population model predicted a wide  
235 range of CL estimates (0.082 to 0.352 L/h/kg), which mainly reflected the age range of the  
236 patients. Individual parameter estimates for each patient on each occasion are listed in Table 1.  
237 The mean CL was 18.4 L/h and ranged from 5.3 to 36.0 L/h; mean estimates of distribution and  
238 elimination half-lives were 0.4 h (range 0.3 to 0.6 h) and 2.9 h (range 1.3 to 9.7 h), respectively.  
239  $AUC_{0-24}$  ranged from 83 to 563 mg·h/L (mean 226 mg·h/L).

240 The final population model parameters and non-parametric bootstrap estimates are presented in  
241 Table 2. From 1,000 replicates analysed during the bootstrap analysis, 11% failed to minimize  
242 successfully and were excluded. The population estimates of the final model were similar to the  
243 mean of the non-parametric bootstrap replicates that minimized successfully and were  
244 contained within the 95% confidence intervals. The precision of the NONMEM parameter  
245 estimates was also acceptable except for BSV in  $V_2$ , which had a standard error >80% and had  
246 to be fixed to the estimated value. Likewise, histograms of distributions of the individual random  
247 effects on parameters were centred around the population typical value (data not shown) and  
248 the pcVPC presented in Figure 2 demonstrates consistency between the model predictions and  
249 the raw data. Finally, the NPDE check confirmed a normal distribution around each individual  
250 observation within the predictions of the model.

251 **Pharmacodynamic analysis**

252 The percentages of simulated patients who achieved 40%, 60% or 80% of  $T_{>MIC}$  at each MIC  
253 value with six of the meropenem dosage regimens are presented in Figure 3. For targets of 40%  
254 and 60%  $T_{>MIC}$ , the PK-PD breakpoint was 8 mg/L for a dose of 1 g every 8 h if given over 3 h  
255 but only 4 mg/L if administered over 5 minutes. For a target of 80%  $T_{>MIC}$  the PK-PD breakpoint  
256 was 8 mg/L for all infusions and doses of 1 g 4 hourly and 2 g over 3 h every 8 h but reduced to  
257 4 mg/L if the 8 hourly dose was given over 5 minutes. Table 3 shows that when the results were  
258 integrated with the MIC distribution for each organism and split according to CL estimates, the  
259 cumulative fraction of response (CFR) for the all targets were  $\geq 99\%$  with all the dosage  
260 regimens for *E. coli* and coagulase negative *Staphylococcus*. For *E. faecalis* and *P. aeruginosa*,  
261 the CFRs were  $> 89\%$  for all the continuous infusions, except for doses of 3 and 4 g daily in  
262 patients whose CL was  $> 20$  L/h. Continuous infusions consistently achieved better results than  
263 3 hour infusions and 3 hour infusions were better than bolus administration. The lowest CFR  
264 results were obtained with a dose of 1 g every 8 h over 5 minutes, which was only acceptable  
265 for patients whose CL estimates were  $< 10$  L/h.

## 266 DISCUSSION

267 This study determined the population PK of meropenem following intravenous doses of 1-2 g  
268 given every 4-8 h to a group of twelve adults with severe burns. The influence of patient  
269 covariates on PK parameters and PK-PD relationships were investigated with the aim of  
270 proposing a suitable dose regimen for this population.

271 The 2-compartment structural model was in line with other studies of meropenem PK.<sup>10,19</sup> Whilst  
272 considerable inter-patient variability was observed in the meropenem PK values, the mean  
273 clearance and volume of distribution estimates were around 20-40% higher than those reported  
274 in other patient groups.<sup>19,25,35,36</sup> Physiological changes and excessive hydration in patients with  
275 major burns can adversely affect the PK of antibiotics and increase both CL and volume of

276 distribution. Even greater increases in  $V$  would be expected in patients with large burns due the  
277 increased extracellular fluid volume and hydration required to compensate for the loss of  
278 intravascular fluid accompanying hypoalbuminaemia.<sup>4</sup>

279 A recent study of Korean patients with burn injuries<sup>10</sup> explored the relationship between  
280 meropenem dose and the likelihood of achieving serum concentrations above the MIC of *P.*  
281 *aeruginosa* for >40% of the dosing interval. Although they reported higher clearance and  
282 distribution volumes than seen in non-burn patients, their estimates were lower than observed in  
283 our study. These findings may reflect differences in the characteristics of the patients since  
284 serum albumin concentrations were markedly lower (15 compared with 27 g/L) and body weight  
285 higher (83 compared with 66 kg) in our study.

286 The final population model related all parameters linearly to body weight, which is consistent  
287 with the findings of early population PK analyses.<sup>16,35</sup> The identification of age and serum  
288 albumin as factors influencing the PK of meropenem, with age having the greater effect, also  
289 correspond well with previous findings.<sup>18,35</sup> Meropenem is primarily renally cleared<sup>36</sup> and the  
290 effect of age probably reflects an age-related change in renal function. Although renal function  
291 has been included as a covariate in other population studies,<sup>5,19</sup> it could not be properly  
292 investigated in this study. The small number of patients and lack of renal impairment were  
293 contributing factors but an additional issue was that due to technical difficulties in collecting  
294 urine, measured  $CL_{CR}$  values were only available for 14 of the 20 occasions in 8 of the 12  
295 patients. Using an equation to estimate  $CL_{CR}$ , such as the Cockcroft-Gault equation,<sup>37</sup> was  
296 unsatisfactory because there was a very poor correlation between estimated and measured  
297  $CL_{CR}$  values. Similar findings were previously reported by Conil et al,<sup>38</sup> who concluded that  
298 formulae based on serum creatinine are imprecise in assessing renal function in burn patients  
299 and should be abandoned in favour of direct measurement based on a 24 h urine collection.  
300 Serum albumin was found to influence  $CL$ ,  $V_1$  and  $V_2$ . Hypoalbuminaemia is a consequence of

301 the hypermetabolic phase because of leakage to the extravascular fluid and decreased hepatic  
302 production<sup>4</sup> and is consistent with higher estimates of these parameters.

303 Although a weak correlation between meropenem CL and TBSA burn was identified with the  
304 base model, in contrast with the findings of Doh *et al*,<sup>10</sup> attempts to estimate the effect of TBSA  
305 on the parameters failed, probably because there were insufficient data to support a relationship  
306 in the population model due to the relatively small number of patients.

307 This study identified an influence of weight, age and albumin concentration on the  
308 pharmacokinetics of meropenem. However, with such a small data set, there is limited power to  
309 conduct a comprehensive covariate analysis and the clinical impact of these covariates cannot  
310 be clearly defined. When these factors were included in the model, between subject variability  
311 in CL could no longer be identified. This might be interpreted as indicating that all variability  
312 between individuals was explained by these covariates. However, between occasion variability  
313 remained high and a more likely explanation is that meropenem pharmacokinetics change so  
314 much within a patient who has a burn injury that it cannot be separated from pharmacokinetic  
315 variability between patients. The results presented in Table 1 for patient 6 support this  
316 suggestion. Clearance estimates ranged from 14 to 36 L/h despite minimal changes in age,  
317 weight or albumin concentration between occasions.

318 Based on the developed model, the Monte Carlo simulations determined the PK-PD breakpoints  
319 for a range of meropenem regimens and MIC values. It was noticeable that of the five patients  
320 who did not survive their injury, three had serum concentrations above 4 mg/L for more than  
321 40% of the dose interval at their starting dose of 1 g every 8 h. Although these poor outcomes  
322 may have reflected other aspects of the patient's condition, it may also suggest that a target of  
323 40% of the dose interval above 4 mg/L was insufficient. In their study of meropenem in febrile  
324 neutropenic patients, Ariano *et al* calculated the mean  $T_{>MIC}$  to be 83% for clinical responders

325 compared with 59% for non responders<sup>39</sup>. This is in line with another clinical study of beta-  
326 lactams which showed a significantly greater outcome when  $T_{>MIC}$  was at least 80%.<sup>40</sup> In the  
327 present study, a regimen of 1 g over 5 minutes every 8 h would be sufficient to achieve 80%  
328  $T_{>MIC}$  against highly susceptible bacteria, such *E. coli* and coagulase negative *Staphylococcus*.  
329 However, for infections due to *E. faecalis* or less susceptible strains of *P. aeruginosa*, a dose of  
330 1 g over 5 minutes every 4 h may be necessary to achieve 80%  $T_{>MIC}$ . Given the low toxicity risk  
331 of high dose meropenem<sup>41</sup> in patients without renal impairment, and the possible consequences  
332 of sub-therapeutic dosing, a dose of 1g every 4 h should be considered in patients with  
333 infections caused by these organisms and also for empiric treatment. A better approach may be  
334 to administer meropenem by infusion, either over 3 hours<sup>42</sup> or by continuous infusion.<sup>43</sup>  
335 However, although a continuous infusion would improve the  $T_{>MIC}$ , there may be practical  
336 limitations due stability issues with meropenem.<sup>44</sup> Additionally, with continuous infusion there is  
337 always the risk of  $T_{>MIC}$  of 0%, if a patient has an unusually high meropenem clearance. For  
338 infections caused by a known organism with a known MIC, the regimen could be tailored  
339 according to the pharmacokinetic data presented in this study.

340

341 In summary, the PK of intravenous meropenem in adults with severe burns is influenced by age,  
342 body weight and serum albumin but there is wide between and within patient variability in CL  
343 and  $V_2$ . Although a dose of 1 g eight-hourly should be effective against *E. coli* and coagulase  
344 negative *Staphylococcus*, a higher dose of 1 g over 5 minutes every 4 h or 2 g over 3 h every 8  
345 h would be more appropriate for empiric therapy, mixed infections and bacteria with MIC values  
346 of 4 mg/L and above.

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Table 1 Individual estimates of PK parameters on each sampling occasion

| Patient number | Occ | Daily dose (mg) | Age (years) | Weight (kg) | Albumin (g/L) | AUC <sub>0-24</sub> (mg.h/L) | CL (L/h)    | V <sub>1</sub> (L) | V <sub>2</sub> (L) | Q (L/h)     | Dt <sub>1/2</sub> (h) | Et <sub>1/2</sub> (h) |
|----------------|-----|-----------------|-------------|-------------|---------------|------------------------------|-------------|--------------------|--------------------|-------------|-----------------------|-----------------------|
| 1              | 1   | 3000            | 27          | 68          | 15            | 146                          | 20.5        | 18.6               | 20.4               | 13.5        | 0.32                  | 2.0                   |
| 2              | 1   | 3000            | 38          | 53          | 13            | 164                          | 18.2        | 15.9               | 12.2               | 10.5        | 0.31                  | 1.6                   |
| 2              | 2   | 6000            | 38          | 65          | 10            | 443                          | 13.5        | 22.1               | 17.0               | 12.9        | 0.41                  | 2.5                   |
| 2              | 3   | 4000            | 38          | 65          | 9             | 231                          | 17.4        | 23.0               | 17.6               | 12.9        | 0.40                  | 2.2                   |
| 3              | 1   | 3000            | 62          | 114         | 15            | 208                          | 14.4        | 31.1               | 29.8               | 22.6        | 0.40                  | 3.4                   |
| 4              | 1   | 3000            | 73          | 87          | 13            | 336                          | 8.9         | 26.1               | 30.7               | 17.3        | 0.48                  | 5.2                   |
| 5              | 1   | 3000            | 45          | 93          | 12            | 111                          | 26.9        | 29.1               | 37.2               | 18.5        | 0.39                  | 2.7                   |
| 6              | 1   | 3000            | 35          | 102         | 15            | 83                           | 36.0        | 27.8               | 39.3               | 20.3        | 0.31                  | 2.3                   |
| 6              | 2   | 3000            | 35          | 100         | 15            | 99                           | 30.3        | 27.3               | 38.6               | 19.9        | 0.33                  | 2.5                   |
| 6              | 3   | 4000            | 35          | 100         | 17            | 203                          | 19.7        | 24.6               | 34.8               | 19.9        | 0.36                  | 2.9                   |
| 6              | 4   | 4000            | 35          | 100         | 16            | 285                          | 14.0        | 25.9               | 36.7               | 19.9        | 0.41                  | 4.0                   |
| 7              | 1   | 3000            | 37          | 65          | 24            | 229                          | 13.1        | 9.9                | 9.4                | 12.9        | 0.20                  | 1.3                   |
| 8              | 1   | 3000            | 27          | 74          | 15            | 118                          | 25.3        | 20.2               | 20.5               | 14.7        | 0.30                  | 1.8                   |
| 8              | 2   | 6000            | 27          | 74          | 15            | 238                          | 25.2        | 20.2               | 20.5               | 14.7        | 0.30                  | 1.8                   |
| 9              | 1   | 3000            | 40          | 65          | 14            | 176                          | 17.1        | 18.6               | 16.1               | 12.9        | 0.34                  | 1.9                   |
| 9              | 2   | 4000            | 40          | 75          | 18            | 297                          | 13.5        | 17.4               | 15.1               | 14.9        | 0.30                  | 2.1                   |
| 10             | 1   | 3000            | 59          | 99          | 16            | 220                          | 13.6        | 25.7               | 25.1               | 19.7        | 0.37                  | 3.1                   |
| 10             | 2   | 3000            | 59          | 70          | 15            | 221                          | 13.6        | 19.1               | 18.7               | 13.9        | 0.36                  | 2.5                   |
| 11             | 1   | 3000            | 70          | 86          | 10            | 563                          | 5.3         | 29.2               | 38.0               | 17.1        | 0.61                  | 9.7                   |
| 12             | 1   | 3000            | 39          | 103         | 18            | 141                          | 21.3        | 23.9               | 23.0               | 20.4        | 0.30                  | 2.0                   |
| <b>Mean</b>    |     | <b>3500</b>     | <b>46</b>   | <b>82.9</b> | <b>14.8</b>   | <b>226</b>                   | <b>18.4</b> | <b>22.8</b>        | <b>25.0</b>        | <b>16.5</b> | <b>0.4</b>            | <b>2.9</b>            |
| <b>SD</b>      |     | <b>950</b>      | <b>16</b>   | <b>17.5</b> | <b>3.3</b>    | <b>118</b>                   | <b>7.4</b>  | <b>5.3</b>         | <b>9.8</b>         | <b>3.5</b>  | <b>0.1</b>            | <b>1.8</b>            |

478 Abbreviations Occ, sampling occasions; CL, clearance;  $V_1$ , volume of the central compartment;  $V_2$ , volume of the peripheral compartment; Q,  
479 intercompartmental clearance;  $AUC_{0-24}$ , daily area under the concentration-time curve;  $Dt_{1/2}$ , distribution half-life;  $Et_{1/2}$ , elimination half-life  
480

481 Table 2 Parameter estimates and bootstrap analysis of the final population PK model for meropenem in patients with burn injuries

482

| Pharmacokinetic Parameter              | Central Tendency (SE) | Non-Parametric Bootstrap |                         |
|--|-----------------------|--------------------------|-------------------------|
|  |                       | Mean (SE)                | 95% Confidence Interval |
| CL(L/h/kg)                             | 0.196 (0.013)         | 0.201 (0.016)            | 0.169 - 0.223           |
| V <sub>1</sub> (L/kg)                  | 0.273 (0.026)         | 0.291 (0.035)            | 0.216 – 0.330           |
| V <sub>2</sub> (L/kg)                  | 0.309 (0.032)         | 0.316 (0.048)            | 0.229 – 0.388           |
| Q (L/h/kg)                             | 0.199 (0.035)         | 0.186 (0.036)            | 0.139 – 0.259           |
| CL_AGE                                 | 0.023 (0.001)         | 0.023 (0.003)            | 0.018 – 0.028           |
| CL,V <sub>1</sub> ,V <sub>2</sub> _ALB | 0.049 (0.012)         | 0.049 (0.017)            | 0.021 – 0.078           |
| BSV V <sub>2</sub>                     | 0.079 (0.046)         | 0.079 FIX                | 0.079 FIX               |
| BOV CL                                 | 0.083 (0.026)         | 0.080 (0.037)            | 0.023 – 0.144           |
| Residual variability                   | 0.044 (0.012)         | 0.043 (0.014)            | 0.021 – 0.066           |

483 Abbreviations: SE (standard error, expressed as variance); CL, clearance; V<sub>1</sub>, volume of the central compartment; V<sub>2</sub>, volume of the peripheral  
484 compartment; BSV, between-subject variability; BOV, between occasion variability



Table 3. Cumulative fraction of predicted response to achieve targets of 40%, 60% and 80%  $T_{>MIC}$  for 10meropenem dosage regimens against strains of *E. coli*, coagulase negative *Staphylococcus*, *E. faecalis* and *P. aeruginosa*.

|                | Dose / interval | Clearance    | Cumulative Fraction of Predicted Response (%) |                   |                   |  |                   |                   |                    |                   |                   |                      |                   |                   |
|----------------|-----------------|--------------|---|-------------------|-------------------|--|-------------------|-------------------|--------------------|-------------------|-------------------|----------------------|-------------------|-------------------|
|                |                 |              | <i>E. coli</i>                                |                   |                   | coagulase negative <i>Staphylococcus</i> |                   |                   | <i>E. faecalis</i> |                   |                   | <i>P. aeruginosa</i> |                   |                   |
|                |                 |              | 40%<br>$T_{>MIC}$                             | 60%<br>$T_{>MIC}$ | 80%<br>$T_{>MIC}$ | 40%<br>$T_{>MIC}$                        | 60%<br>$T_{>MIC}$ | 80%<br>$T_{>MIC}$ | 40%<br>$T_{>MIC}$  | 60%<br>$T_{>MIC}$ | 80%<br>$T_{>MIC}$ | 40%<br>$T_{>MIC}$    | 60%<br>$T_{>MIC}$ | 80%<br>$T_{>MIC}$ |
| Over 5 minutes | 1g/8h           | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 99                | 93                 | 89                | 84                | 95                   | 93                | 92                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 99                                       | 99                | 99                | 74                 | 60                | 47                | 88                   | 84                | 81                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 98                | 98                | 50                 | 28                | 18                | 83                   | 77                | 72                |
|                | 2 g/8h          | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 98                 | 96                | 93                | 99                   | 97                | 96                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 99                | 99                | 92                 | 84                | 72                | 94                   | 91                | 88                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 99                | 79                 | 58                | 42                | 89                   | 84                | 80                |
|                | 1 g/6h          | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 96                 | 93                | 90                | 98                   | 96                | 94                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 99                                       | 99                | 99                | 88                 | 72                | 64                | 91                   | 87                | 86                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 98                | 70                 | 48                | 32                | 87                   | 82                | 77                |
|                | 1 g/4 h         | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 98                 | 97                | 97                | 99                   | 99                | 98                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 100               | 99                | 93                 | 91                | 85                | 95                   | 94                | 91                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 99                | 85                 | 77                | 70                | 91                   | 89                | 85                |
| Over 3 hours   | 1 g/8 h         | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 99                | 95                 | 92                | 88                | 96                   | 95                | 93                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 99                                       | 99                | 99                | 88                 | 73                | 57                | 91                   | 88                | 84                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 98                | 71                 | 52                | 30                | 87                   | 83                | 78                |
|                | 2 g/8 h         | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 98                 | 97                | 96                | 99                   | 98                | 97                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 100               | 99                | 96                 | 92                | 83                | 98                   | 94                | 90                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 100                                      | 99                | 99                | 91                 | 78                | 69                | 93                   | 89                | 85                |
|                | 1 g/6 h         | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 97                 | 96                | 95                | 98                   | 97                | 97                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 99                | 98                | 92                 | 87                | 80                | 94                   | 91                | 89                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 99                | 86                 | 74                | 70                | 91                   | 87                | 86                |
| Over 24 hours  | 3 g/24 h        | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 95                 | 95                | 94                | 97                   | 97                | 96                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 100               | 100               | 89                 | 89                | 89                | 92                   | 92                | 92                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 99                | 76                 | 75                | 74                | 88                   | 88                | 87                |
|                | 4 g/24 h        | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 97                 | 97                | 97                | 99                   | 99                | 98                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 100               | 100               | 94                 | 90                | 89                | 96                   | 92                | 92                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 99                | 86                 | 83                | 81                | 91                   | 90                | 89                |
|                | 6 g/24 h        | CL <10 L/h   | 100   | 100               | 100               | 100                                      | 100               | 100               | 99                 | 99                | 98                | 99                   | 99                | 99                |
|                |                 | 10<CL<20 L/h | 100   | 100               | 100               | 100                                      | 100               | 100               | 97                 | 96                | 94                | 98                   | 96                | 95                |
|                |                 | CL>20 L/h    | 100   | 100               | 100               | 99                                       | 99                | 99                | 92                 | 89                | 88                | 94                   | 91                | 91                |



Figure 1: Serum concentration-time profiles of meropenem from 12 patients (20 occasions) with burn injury. Key: open circles 1 g every 8 h, open triangles, 1 g every 6 h, closed triangles 1 g every 4 h, closed squares 2 g every 8 h

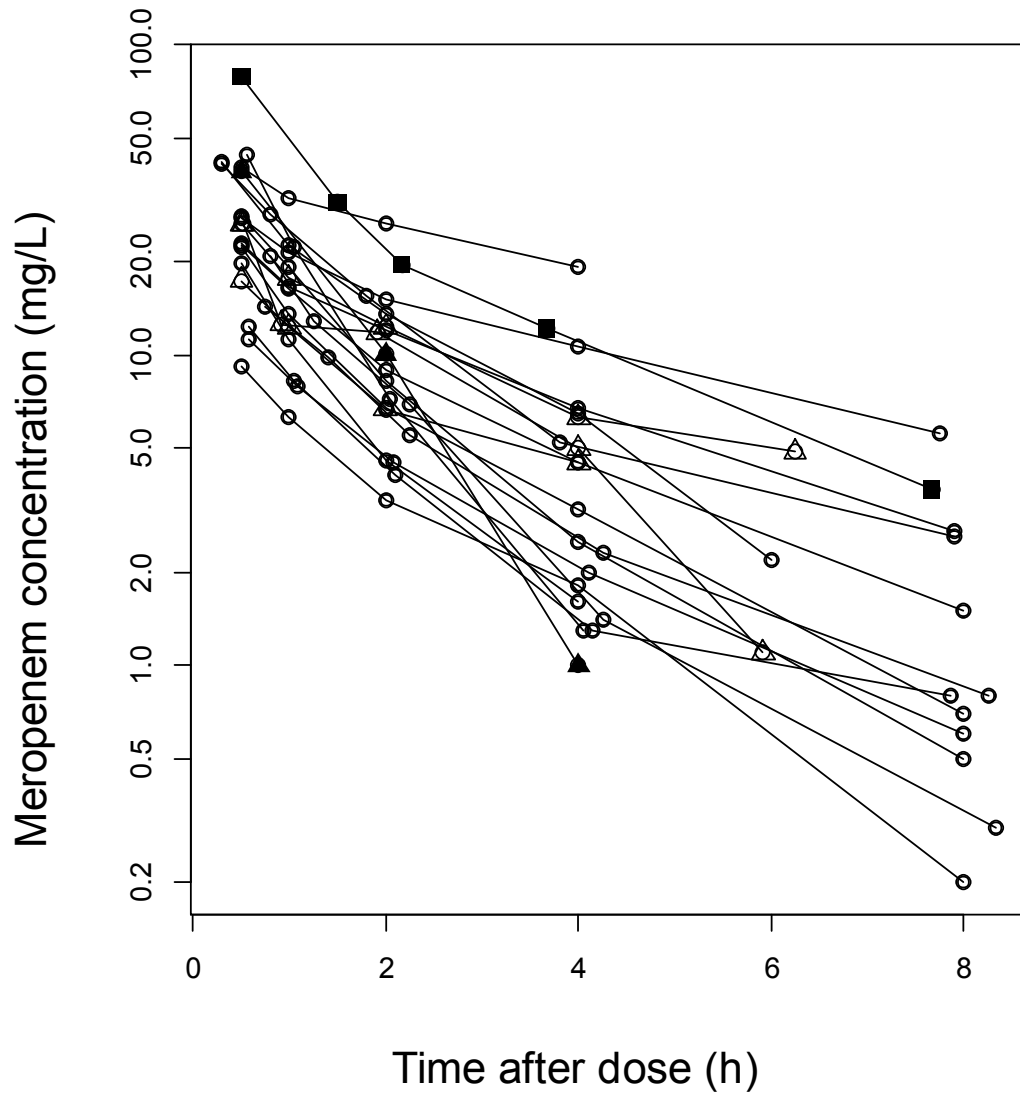


Figure 2. Prediction-corrected visual predictive check of the final model describing the PK of meropenem in patients with severe burn injuries. The solid lines represent the 5th, 50th and 95th percentiles of the plasma meropenem concentrations and the model-based predictions of the percentiles and their 95% confidence intervals.

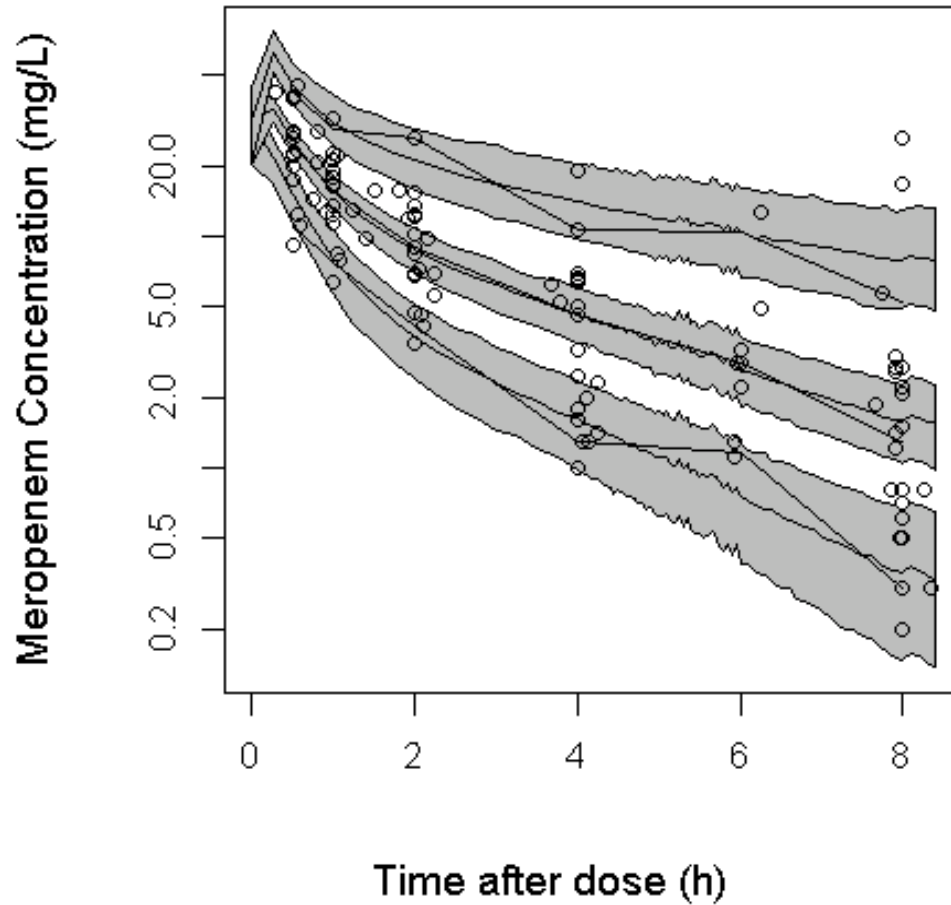


Figure 3. Percentage probabilities of achieving a target 40% (left), 60% (middle) and 80% (right)  $T_{>MIC}$  using 6 different meropenem dosage regimens. Key: open circles 1 g every 8 h over 5 min, closed circles 1 g every 8 h over 3 h, open squares 2 g every 8 h over 5 min, closed squares 2 g every 8 h over 3 h, open triangles 3 g over 24 h, closed triangles 6 g over 24 h.

