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3 **Frequency-dependent ultrasound-induced transformation in *E. coli***

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5 Jeremy Deeks¹, James Windmill², Maduka Agbeze-Onuma¹, Robert M. Kalin¹, Peter Argondizza³, Charles

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W. Knapp^{1*}

7

¹ Department of Civil & Environmental Engineering, University of Strathclyde, Glasgow, UK

8

² Centre for Ultrasonic Engineering, Department of Electronics & Electrical Engineering, University of

9

Strathclyde, Glasgow, UK

10

³ Humanities & Social Sciences; University of Strathclyde, Glasgow, UK

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Authors' email addresses:

13

jeremydeeks@yahoo.com, James.Windmill@eee.strath.ac.uk; maduka.agbeze-onuma@strath.ac.uk;

14

Robert.Kalin@strath.ac.uk; p.argondizza@strath.ac.uk; Charles.Knapp@strath.ac.uk

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16

* - Corresponding author

17

Department of Civil & Environmental Engineering

18

University of Strathclyde

19

75 Montrose Street, Glasgow, UK, G1 1XJ

20

E: charles.knapp@strath.ac.uk

21

T: +44 141 548-3351

22

23 **Abstract** (140 words)

24 Ultrasound-enhanced gene transfer (UEGT) is continuing to gain interest across many disciplines; however,
25 very few studies investigate UEGT efficiency across a range of frequencies. Using a variable frequency
26 generator, UEGT was tested in *E. coli* at six ultrasonic frequencies. Results indicate frequency can
27 significantly influence UEGT efficiency positively and negatively. A frequency of 61 kHz improved UEGT
28 efficiency by ~70% higher, but 99 kHz impeded UEGT to an extent worse than no ultrasound exposure.
29 The other four frequencies (26, 133, 174, and 190 kHz) enhanced transformation compared to no
30 ultrasound, but efficiencies did not vary. The influence of frequency on UEGT efficiency was observed
31 across a range of operating frequencies. It is plausible that frequency-dependent dynamics of mechanical
32 and chemical energies released during cavitation-bubble collapse (CBC) are responsible for observed
33 UEGT efficiencies.

34 **Keywords:** bacteria; plasmid; sonoporation; transformation; ultrasonic

35 **Introduction**

36 Bacterial genomes are fluid. The diversity and adaptability of microorganisms are due to their ability to
37 acquire mobile genetic elements by horizontal (or lateral) gene transfer. This has been responsible for
38 driving bacterial evolution, and it is currently exploited in biotechnology to manipulate metabolisms in
39 microorganisms. Natural gene transfer between microorganisms is dependent on three mechanisms:
40 transduction, transformation, and conjugation. The main thrust of this research was to determine whether
41 horizontal gene transfer via transformation can be enhanced by use of ultrasonic energy.

42 It has been demonstrated that ultrasound exposure enhances the efficiency of gene transfer into bacterial
43 cells in solution, and even induce transformation in non-competent cells (Song et al. 2007). Exposure to
44 ultrasound temporarily, and reversibly, increases the permeability of cell membranes, allowing larger
45 molecules such as plasmid DNA to pass through the cell membrane in a phenomenon known as
46 “sonoporation”. The increased permeability in cell membranes is largely the result of secondary forces
47 generated by cavitation, the growth oscillation compression and explosion of micro-bubbles in solution
48 (Newman and Bettinger 2007). These secondary forces generated by cavitation include extreme local

49 pressures and temperatures, which increase the membrane porosity, and micro-jets generated by bubble
50 collapse can inject molecules (or plasmids) into the cell.

51 However, the mechanism by which ultrasound physiologically alters cells to enhance genetic
52 transformation can also decrease cell viability. Ultrasound power intensity and period of exposure will
53 influence the type and degree of bio-effects experienced by the cells. Therefore, with regard to genetic
54 transformation, there exists a therapeutic ratio where enhancement of transformation efficiency is greatest
55 and impact on cell viability minimal. Subsequently, researchers have attempted to optimize ultrasound
56 operation by adjusting parameters such as acoustic power and duration of exposure (Song et al. 2007).
57 Despite these efforts, the ultrasonic frequency, as a parameter of operation, has largely been overlooked.
58 Previous studies have been limited by instrument availability, tending to operate at a single frequency and
59 power (e.g., 20, 40 or 80 kHz).

60 It has not been determined whether the feasibility of plasmid incorporation is frequency dependent. Using a
61 variable-frequency generator, we determined whether ultrasound-induced transformations are affected by
62 frequency. The use of ultrasound to induce high rates of gene transfer has the advantages of not being
63 media dependent and non-invasive. This opens technological applications requiring a transformation
64 strategy not bound by electro-chemical requirements.

65 **Materials and Methods**

66 Ultrasound (US)-system setup consisted of a custom-built 2.54 cm diameter Tonpitz probe-type transducer
67 connected to a function/arbitrary waveform generator (Agilent, model 33220A, 20 MHz capacity), an
68 amplifier (Kalmus, model 155LCR), and a custom-built impedance-matching circuit, between the amplifier
69 and transducer, to increase power output. Acoustic power was determined by radiation force balance
70 (Rooney 1973), and adjusted to achieve an intensity of 0.240 W cm^{-2} at all operating frequencies.

71 Samples consisting of 5.0×10^{10} CFU ml^{-1} *E. coli* MC1000 cells and $0.1 \text{ ng } \mu\text{l}^{-1}$ plasmid DNA [(pGFPuv
72 (Clontech Laboratories, Mountain View, CA; GenBank Accession #U62636), 3.3 kbp: pUC, *lacZ*-GFPuv,
73 *amp^r*) in TE buffer (pH 8.0)] re-suspended in phosphate buffered saline (PBS) buffer [all PBS buffer was
74 pH 7.0 and room-temperature (22 °C)] to a total volume 10 ml, were poured into a sonication-container —a

75 closed bottom, clear plastic Perspex tube (5 cm inner-diameter and 1 mm thick walls)—for US exposure
76 (sonication). The transducer tip was submerged into a sample-suspension (US medium), directing the beam
77 downward into the sample, which was sonicated for 10 s (single-pulse) at room temperature (22 °C) with
78 an operating frequency of either 26 kHz, 61 kHz, 99 kHz, 133 kHz, 174 kHz, or 190 kHz. Five replicate
79 experiments (samples) were conducted at each frequency and for the control group (no US exposure), and
80 means \pm SE (standard errors) were reported.

81 Before exposure, cells grown overnight (17 hrs in 100 ml LB broth, 37 °C with 150 rpm shaking) were
82 harvested by centrifugation (7000 rpm at 4 °C for 5 min), washed twice with 30 ml PBS buffer, re-
83 suspended in 10 ml PBS buffer in 50-ml polypropylene conical-bottom centrifuge tubes, and left for (1.5 h)
84 to reach room temperature (22 °C). Plasmid DNA was extracted and purified from overnight cultures of
85 transformed *E. coli* MC1000, a few days prior to UEGT experiments, using QIAGEN Plasmid Maxi Kit.
86 Cell and plasmid concentrations were measured using a BioTek Epoch Micro-Volume Spectrophotometer
87 (OD600 nm and OD260 nm, respectively).

88 Plasmid DNA were added to each sample 60s prior to exposure. Samples were mixed in the 50 ml
89 centrifuge tubes by inverting 6 times, and then poured into the SC. After US exposure (sonication), samples
90 were returned to 50 ml centrifuge tubes, incubated 1h at room temperature (22 °C), after which serial
91 dilutions were prepared (in PBS) and plated onto selective LB agar (100 μ g ml⁻¹ ampicillin) to screen for
92 transformants. SC and transducer tip were cleaned between samples with 70% ethanol, rinsed twice with
93 dH₂O, once with PBS, and dried. After 24 h incubation (37°C), CFU's were counted, GFP (green
94 fluorescent protein) gene expression in select colonies was confirmed via fluorescent microscopy (Olympus
95 BX60).

96 **Results and Discussion**

97 *E. coli* cells were exposed to six ultrasound frequencies (26 kHz, 61 kHz, 99 kHz, 133 kHz, 174 kHz and
98 191 kHz; all at 0.240 W cm⁻²), generated from a variable frequency generator, and pGFP plasmids (pUC,
99 *lacZ*-GFPuv, amp^r). The control group (sans sonication) did produce some transformants, indicating a
100 degree of pre-existing competency and providing a baseline for UEGT efficiency comparison. Differences
101 in transformation rates were noted once cells were exposed to plasmids in presence of US. Comparison of

102 means \pm SE from each frequency and the control group are presented in Table 1. One-way ANOVA test
103 revealed frequency significantly influenced UEGT efficiencies ($F_{6, 28} = 91.3, P < 0.001$). Post-hoc analyses
104 via Tukey's HSD confirmed CFU-means from all frequencies varied significantly from the control group
105 ($0.000 < P < 0.003$). However, of the six frequencies tested (Figure 1), only two, 61 kHz and 99 kHz,
106 produced significantly different results from the other four, 26 kHz, 133 kHz, 174 kHz, and 190 kHz (0.000
107 $< P < 0.001$)—among which there were no significant differences ($0.469 < P < 1.000$).

108 **TABLE 1 ... FIGURE 1**

109 Absence of growth on selective media ($100 \mu\text{g ml}^{-1}$ ampicillin) from MC1000 cells, at the same
110 concentration but unexposed to plasmid DNA, ruled out natural antibiotic resistance as a factor in
111 microorganisms' growth in control treatment, and confirmed pre-existing competency in the control group.
112 The observation that five of the six frequencies investigated produced more CFU than the control group
113 supports previous assertions (Song et al. 2007) that UEGT can improve bacterial transformation
114 efficiencies. Maximizing UEGT efficiency, however, was not the focus of this study, but rather to
115 investigate the influence of frequency as a single-parameter on UEGT efficiency in bacteria. For the first
116 time, evidence presented herein indicates significant influence of operating frequency in UEGT efficiency.

117 At lower frequencies, individual cavitation-bubble collapse (CBC) events release more energy and occur
118 less frequently due to larger bubble growth, resulting in greater spatial and temporal concentration of
119 mechanical effects from each CBC than at higher frequencies (Mason et al. 2011). Implications for physical
120 modification of surface materials are described by Mason et al. (2011) who observed, via Scanning
121 Electron Microscopy (500x), more distinct, though spatially less uniform, physical surface-modification—
122 visually recognizable at the $1\text{-}\mu\text{m}$ level—of plastic wafers at 20 kHz and considerably less obvious, though
123 more uniformly distributed, physical modifications at 40 kHz despite similar sums of net mechanical
124 impact. Likewise, Tezel et al. (2001) found exposing skin to 20 kHz generated macroscopically larger,
125 more spatially concentrated pores than smaller, more spatially disperse pores produced at 58.9 kHz despite
126 equal increases in net permeability (electrical conductivity) from both. Furthermore, during cellular
127 sonoporation each incidence of cell membrane-perforation (pore formation) is largely attributable to the
128 jetting force (micro-jets) from an individual CBC, as revealed by high-speed photography (Kudo et al.

129 2009, Ohl et al. 2006), and it has been demonstrated pore size can vary considerably, e.g. 20–1000 nm, by
130 changing operating parameters other than frequency (Newman and Bettinger, 2007, Schlicher et al., 2006).

131 Collectively, this evidence (e.g., Mason et al. 2011, Newman and Bettinger 2007, Ohl et al. 2006, Schlicher
132 et al. 2006) suggests frequency could similarly influence properties of pore-morphology during
133 sonoporation, e.g. pore-size, shape, quantity, location and/or density on cell membranes, even if net-
134 changes to membrane permeability are frequency-independent. Since CBC jet-force magnitude is inversely
135 related to frequency (Mason et al. 2011), we can logically assume characteristics of subsequent pore
136 morphology, e.g. size and expanse, are too. Therefore, it is plausible membrane-disruptions (pores) were
137 more severe at 26 kHz compared to more frequent, though less severe disruptions, at 61 kHz, which could
138 affect UEGT efficiency.

139 Sufficient membrane-disruption(s) is essential for UEGT, but cell death ensues if too severe (Joyce et al.
140 2011). If characteristics of membrane disruption(s) are frequency-dependent, an optimum frequency likely
141 exists for maximizing UEGT efficiency. More severe disruptions at 26 kHz than 61 kHz could have
142 disfavored cell repair and viability equating to lower efficiency at 26 kHz than 61 kHz (Figure 1). At higher
143 frequencies, spatial and temporal de-concentration of mechanical-effects from individual CBC-events
144 (Mason et al. 2011, Tezel et al. 2001) could have induced sub-optimal sonoporation qualities, i.e.
145 insufficient permeabilization, for plasmid uptake or UEGT, equating to higher efficiency at 61 kHz than at
146 133 kHz, 174 kHz, and 190 kHz.

147 The extremely low efficiency at 99 kHz does not seem to fit this proposed mechanistic-influence of
148 frequency. Significant differences in the acoustic power absorbed by the medium in the sonication chamber
149 at various frequencies investigated were ruled out by calorimetry (Margulis and Margulis 2003), and
150 although free radical oxidation can be a major cause of supercoiled plasmid DNA degradation in
151 pharmaceutical formulations (Evans et al. 2000), exposing plasmid DNA (suspended in TE buffer pH 8.0)
152 to all frequencies used produced no noticeable changes in plasmid-integrity, as revealed by gel
153 electrophoresis (data not shown). Collectively, this suggests some additional factor(s) can strongly
154 influence UEGT efficiencies, if only at discrete frequencies.

155 The influence of specific ultrasonic frequencies on sonolysis of water into H^+ and oxidative OH^- radicals,
156 affects species compositions and secondary product formation, e.g. H_2O_2 (Hua and Thompson 2000).
157 Consequently, an optimum frequency exists at which sonochemical reactions with OH^- are maximized,
158 determined by their physical and chemical properties (e.g., Jiang et al. 2006), and specific US frequencies
159 can influence biomolecule ionization(s) (Wu et al. 2010). Additionally, it's been demonstrated extracellular
160 Ca^{2+} is a dominant factor in membrane-recovery after sonoporation (Kudo et al., 2009, Kumon et al. 2009),
161 implying potential sonochemical-modulation of membrane-repair. Subsequently, it is plausible certain
162 frequencies might uniquely affect enzymatic, biomolecular, and cellular activities and functions, e.g.
163 transcription and membrane-repair, through sonochemical modification(s) and/or biochemical cascades
164 associated with UEGT.

165 The potential for free radical formation to impede cellular function and/or UEGT at specific frequencies
166 could explain why 99 kHz was the only frequency producing less CFU than the control group and why
167 efficiency at 99 kHz was so low (Figure 1). If sonochemistry strongly influenced efficiency at 99 kHz, then
168 we cannot rule out the role of free radicals at other frequencies. However, since free radical production is
169 favored at higher versus lower frequencies and concentration in the medium correlates positively to
170 frequency (Mason et al. 2011), it is reasonable to suspect that, if free radicals were the dominant efficiency
171 at most frequencies, increasing free radical concentrations via higher frequencies, i.e. from 133 kHz to 174
172 kHz to 190 kHz, should correlate to greater influence, i.e. further loss of efficiency. As this was not the
173 case (Figure 1), it is unlikely sonochemistry was the dominant aspect in most frequencies.

174 In addition, similarity of efficiency ($P \geq 0.999$) at these three frequencies (133 kHz, 174 kHz, and 190 kHz)
175 indicates some stabilization of UEGT efficiency (Figure 1), suggesting the impact of frequency may be less
176 substantial at higher versus lower frequencies. This supports the assertion the influence of frequency in
177 UEGT is more likely attributable to changes in mechanical energies rather than greater production of free
178 radicals, which occurs higher vs. low frequencies (Mason et al. 2011). However, since free radicals were
179 not explored in our study, no logical conclusions can be drawn concerning their role(s) in observed trends.
180 Also, as Newman and Bettinger (2007) point out, the role of free radicals in UEGT remains controversial.

181 Ultimately, our data seemingly suggest that the influence of frequency on UEGT is largely mediated by the
182 frequency-dependent nature of mechanical effects of CBC, though at discrete frequencies sonochemical
183 aspects might dominate UEGT efficiency instead. It is possible the influence of frequency might be less
184 substantial across a higher versus lower frequency-range, but further investigation is needed to draw any
185 logical conclusion(s) concerning dynamics between frequency-dependent chemical and mechanical effects
186 of CBC, sonoporation qualities, and bio-effects posited herein. However, as this is the first time frequency
187 has been observed to influence UEGT-efficiency across a range of operating-frequencies, this work should
188 be considerably valuable to the rapidly expanding use of ultrasound in microbiological applications of
189 various disciplines and to understanding bio-cellular response to US exposure. Future studies could also
190 benefit by analyzing frequencies' effects, e.g. ionization dynamics, on media and buffers - particularly
191 those containing salts and metallic elements, e.g. PBS and their constituents, used in UEGT which could
192 affect plasmid integrity (Wu et al. 2010, Evans et al. 2000).

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234 **Table 1.** Number of transformants recovered following ultrasonic treatments at different
235 frequencies.

Treatment	Mean (x 10 ⁷ CFU)	(Standard Error)
26 kHz	4.3	(0.2)
61 kHz	5.7	(0.6)
99 kHz	1.1	(0.2)
133 kHz	4.7	(0.3)
174 kHz	4.6	(0.4)
190 kHz	4.6	(0.2)
Controls (no US)	3.4	(0.3)

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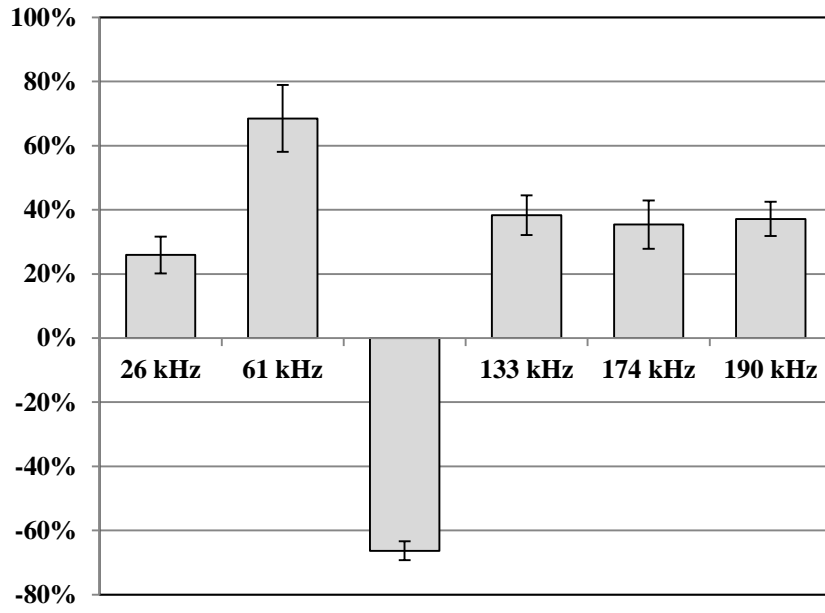
238 Figure Caption:

239 **Fig 1.** Percent increase of transformation rate, as compared to no-ultrasound controls. Vertical

240 bars represent \pm standard error.

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