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Effect of the contraction ratio upon viscoelastic fluid flow in three-dimensional square–square contractions

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In this work we investigate the laminar flow through square–square sudden contractions with various contraction ratios (CR = 2.4, 4, 8 and 12), using a Newtonian fluid and a shear-thinning viscoelastic fluid. Visualizations of the flow patterns were carried out using streak line photography and detailed velocity field measurements were performed using particle image velocimetry. The experimental results are compared with numerical predictions obtained using a finite-volume method. For the Newtonian fluid, a corner vortex is found upstream of the contraction and increasing flow inertia leads to a reduction of the vortex size. Good agreement is observed between experiments and numerical simulations. For the shear-thinning fluid a corner vortex is also observed upstream of the contraction independently of the contraction ratio. Increasing the elasticity of the flow, while still maintaining low inertia flow conditions, leads to a strong increase of the vortex size, until an elastic instability sets in and the flow becomes time-dependent at De = 200, 300, 70 and 450 for CR = 2.4, 4, 8 and 12, respectively. At low contraction ratios, viscoelasticity brings out an anomalous divergent flow upstream of the contraction. For both fluids studied the flow presents a complex three-dimensional helical vortex structure which is well predicted by numerical simulations. However, for the viscoelastic fluid flow the maximum Deborah number achieved in the numerical simulations is about one order of magnitude lower than the critical Deborah number for the onset of the elastic instability found in the experiments.

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1. Introduction

Non-Newtonian fluids have been extensively studied since the 1940s, when investigations carried out during the Second World War showed several interesting phenomena and stimulated numerous industrial applications (Denn, 2004). Thereafter, flows of viscoelastic fluids and consequently the impact of their rheological properties on the flow patterns were the aim of several research studies. In this context, special attention was given to entry-flow problems, and in particular to contraction flows (e.g. Cable and Boger, 1978a, b, 1979; White and Baird, 1988; Quinzani et al., 1995; Rothstein and McKinley, 1999; Alves et al., 2004; Lu et al., 2006; Oliveira et al., 2007; Walters et al., 2009; Chung et al., 2009).

Several authors have investigated the Newtonian and non-Newtonian fluid flow through sudden contractions with circular and planar geometrical configurations, with particular emphasis on the understanding of the flow patterns developed near the re-entrant and salient corners (e.g. Boger et al., 1986; Nigen and Walters, 2002).

As described by Boger (1987) in his review, viscoelastic fluid flow through axisymmetric contractions presents a rich variety of flow patterns which depend on the contraction ratio, the fluid rheology and the flow conditions. For instance, large corner vortices develop upstream of the contraction plane, which are normally preceded by the formation of lip vortices near the re-entrant corner, as the Deborah number increases. In order to investigate the influence of inertial effects on the flow of non-Newtonian fluids through axisymmetric contractions, Cable and Boger (1978a, b, 1979) analyzed the flow of aqueous solutions of polyacrylamide (PAA) in 2:1 and 4:1 axisymmetric contractions. At low flow rates, i.e. in the absence of significant inertial and elastic effects, the flow behavior is similar to that found for a Newtonian fluid. As the flow rate is increased, two different flow regimes were found, namely the vortex growth regime and the onset of diverging streamlines. Evans and Walters (1986, 1989) and Walters and Webster (1982), amongst others, also studied experimentally the flow of PAA solutions through planar contractions. Later, Purnode and Crochet (1996) simulated numerically the experimental results obtained previously by Evans and Walters (1986, 1989) using the FENE-P constitutive equation. The effect of the polymer concentration, the contraction ratio and the shape of the re-entrant corner on the appearance and enhancement of the vortices were established. The authors found that the observed corner vortices increase in strength with polymer concentration and a lip vortex appears for...
low-viscosity solutions. Additionally, the lip vortex sets in for the contraction ratio of 4 in the presence of inertial effects, while for higher contraction ratios inertia is not essential.

Most of the previous numerical works focused on the development of robust and stable numerical methods to simulate the flow of complex fluids with viscoelastic behavior, usually described using a differential constitutive equation. Furthermore, two-dimensional (2D) steady-state numerical simulations have been more exploited than three-dimensional (3D) ones, primarily due to the limited computer resources. However, the non-Newtonian fluid flow in 3D geometries leads in some cases, to a complex and time-dependent flow behavior and therefore only time-dependent 3D numerical calculations can accurately predict the characteristics of the flow. Most of the 3D viscoelastic fluid flows investigated numerically are for planar contractions with ending walls separated by a finite distance, usually defining a large aspect ratio. For example, in the work of Mompean and Deville (1997) the flow of an Oldroyd-B fluid was simulated numerically using 2D and quasi-2D calculations. The authors found that the results obtained from 3D calculations are substantially different from those obtained assuming a 2D approximation. Xue et al. (1998) also studied the viscoelastic fluid flow in the benchmark 4:1 planar contraction, using a three-dimensional finite-volume method. The 3D results were also compared with 2D calculations using the upper-convected Maxwell (UCM) and the Phan-Thien–Tanner (PTT) models, in order to describe Boger and shear-thinning fluids, respectively, and the 2D simulations were a good representation of the flow.

For the numerical simulation of viscoelastic fluid flow, it is very important to select an adequate constitutive equation and the corresponding rheological parameters in order to reproduce accurately the shear viscosity, normal stress and extensional properties, since these material functions have a direct impact on the flow behavior. The square–square contraction is a simple geometrical arrangement that leads to complex 3D flow patterns which can be useful as a benchmark solution for the development of 3D numerical codes in computational rheology. Sirakov et al. (2005) studied the flow of a viscoelastic fluid from a square channel to a circular pipe with smaller cross-sectional area. The authors reported the formation of an open vortical structure in the flow through the contraction. This three-dimensional behavior observed experimentally was successfully captured in the numerical results obtained using the eXtended Pom–Pom model. Alves et al. (2005) investigated the Newtonian and non-Newtonian fluid flow through a 4:1 square–square contraction. Two different Newtonian fluids were used in the experiments and the corresponding flow patterns were simulated numerically. Moreover, the flow of a viscoelastic fluid with a nearly constant shear viscosity (Boger fluid) was also studied experimentally. More recently, Sousa et al. (2009) investigated the effect of the contraction ratio on the flow through square–square contractions of a Newtonian fluid and the Boger fluid used by Alves et al. (2005). Contraction ratios of 2.4, 4, 8 and 12 were explored and for the Newtonian fluid the corner vortex formed in the upstream channel was found to decrease in size monotonically as the Reynolds number increases. On the other hand, the viscoelastic fluid presented a different flow behavior that depends strongly on the contraction ratio. For the lower contraction ratios, diverging streamlines upstream of the contraction plane were observed with an initial decrease in the vortex size followed by an increase as the Deborah number (or the flow rate) increases. For the higher contraction ratios, vortex enhancement was found with localized diverging streamlines occurring near the re-entrant corner. Furthermore, at high Deborah number flows, an elastic instability sets in and the flow eventually becomes time-dependent. The flow through 3D square–square contractions using a viscoelastic fluid with a shear-thinning rheological behavior was also investigated experimentally and numerically by Alves et al. (2008) using a 4:1 contraction ratio. The authors found a strong vortex enhancement, with the flow eventually becoming unsteady as the Deborah number increases. The correct representation of the extensional behavior of the fluid was shown to be important in order to obtain accurate flow predictions.

In this work, we investigate the flow of a shear-thinning fluid through 3D square–square contractions in more detail and assess the influence of the contraction ratio upon the flow patterns and the velocity field. For that purpose, we show the flow patterns visualized using streak line photography and quantify the vortex activity in terms of the vortex length. Moreover, we present the velocity field obtained from particle image velocimetry (PIV) measurements. The experiments were performed with a Newtonian and a shear-thinning viscoelastic fluid and numerical simulations of the flow were performed using a finite volume method (Oliveira et al., 1998). The PTT model (Phan-Thien and Tanner, 1977) was used to describe the rheology of the shear-thinning viscoelastic fluid. The remainder of this paper is organized as follows: in Section 2 the experimental set-up is described, as well as the experimental techniques used in the characterization of the flow. The fluids used and the rheological characterization is presented in Section 3. The numerical method employed for the simulation of the Newtonian and non-Newtonian fluid flow as well as the characteristics of the computational meshes used are described in Section 4. In Sections 5 and 6 we present and discuss the results regarding the flow patterns and velocity field, respectively. Finally, in Section 7 the main conclusions are summarized.

2. Experimental set-up and techniques

The test rig was made of transparent acrylic and placed in a dark room for flow visualizations and particle image velocimetry measurements. Fig. 1 shows schematically the experimental set-up. The main duct is composed of two parts: an upstream channel with a fixed width of $2H_1=24$ mm and an interchangeable square duct with a smaller inner side length, which fits precisely in the larger square duct. To assess the effect of the contraction ratio, this downstream side length can be set to $2H_2=10.0, 6.0, 3.0$ or 2.0 mm, corresponding to contraction ratios of 2.4, 4, 8 and 12, respectively. We define the contraction ratio, $CR$, as the ratio between the upstream and the downstream side lengths of the square ducts, $CR=H_1/H_2$. The upstream and downstream sections are denoted by subscripts 1 and 2, respectively. The flow rate is set by varying the height between the two
free surfaces of the reservoirs or using a vacuum pump (KNF Loboport N811-KT.18) that applies vacuum to the outlet reservoir. For both cases, the selection of the diameter of the pipe that connects the duct to this outlet reservoir is also important to set the desired flow rate. To avoid degradation of the viscoelastic fluids used, flow regulating valves were not used in the experimental set-up. Further details on the experimental set-up can be found in Sousa et al. (2009).

The flow patterns were visualized using long time exposure streak line photography, while detailed velocity field measurements were performed using PIV. For this purpose, the working fluids were seeded with a low concentration of 10 μm PVC tracer particles. In order to illuminate the plane of the flow under study, we used either a 3 mW 532 nm laser diode (Imatronic, model LLM115) or a 5 mW 635 nm laser diode (Vector, model 5200-20), both fitted with a cylindrical lens to create a light sheet. The streak line images were captured using a Canon EOS 30D digital camera equipped with a macro lens (Canon EF100 mm, f/2.8) and the exposure time was varied from about 1 to 10^4 s, depending on the flow rates.

For the PIV measurements, and for the flow visualizations at high flow rates, a double pulsed Nd:YAG laser with a maximum energy of 50 mJ (Solo PIV III, New Wave Research) was used to illuminate the channel and a digital CCD camera (Flow Sense 2M from Dantec Dynamics coupled with a Nikon AF Micro 60 mm lens), which was placed perpendicularly to the light sheet, was used to record the images. Time interval between pulses was varied in the range of 10^4 s ≤ Δt/s ≤ 1 depending on the flow rates. The images were acquired and postprocessed by FlowManager v4.60 software (Dantec Dynamics) using adaptive correlation on interrogation windows ranging between 64 by 64 pixels to 16 by 16 pixels, with 50% overlap.

3. Fluid characterization

A Newtonian fluid and a viscoelastic fluid with a shear-thinning rheological behavior were used in this study. The Newtonian fluid, used for comparison purposes, is an aqueous solution of glycerol (85 % w/w) and the non-Newtonian fluid is a solution composed of 40.0 % (w/w) of glycerol, 59.9% (w/w) of water and PAA at a weight concentration of 20 ppm was added to all solutions. The density (ρ) of the Newtonian and viscoelastic fluids, measured at 293.2 K using a hydrometer (ranges 1200–1300 and 1100–1200 kg/m^3; readability of 0.001 kg/m^3), were 1221 and 1156 kg m^-3, respectively. Nevertheless, in the range of measurements performed, the temperature variation is small and consequently the fluid density does not change significantly. As a result, the shift factor can be described as

\[ a_T = \frac{\eta(T)}{\eta(T_0)} \]

For the Newtonian fluid, ΔH/R = 5580 K and η0 = 0.0982 Pa s at the reference temperature. For the viscoelastic fluid, the flow curve was measured also at various temperatures, ranging from 283.2 to 298.2 K, using a cone-plate with a 50 mm in diameter and 2° angle. Subsequently, the time-temperature superposition principle (Dealy and Plazek, 2009) was used to obtain the master curve at the reference temperature (T0 = 293.2 K). In this case, a ratio of ΔH/R = 2703 K was obtained. Fig. 2 shows the resulting steady shear viscosity master curve as well as the corresponding fit of a simplified Phan-Thien–Tanner model (Phan-Thien and Tanner, 1977) with a solvent viscosity contribution. A detailed description of this viscoelastic model is given in Section 4.

The parameters of the PTT model used in the fit presented in Fig. 2 are: extensibility parameter, ε = 0.06; polymer shear viscosity coefficient, η_p = 1.62 Pa s; solvent shear viscosity, η_s = 0.03 Pa s; relaxation time, λ = 32 s.

4. Numerical method and computational meshes

In order to describe the isothermal and laminar flow of Newtonian and non-Newtonian incompressible fluids through square–square contractions, the following equations need to be solved: the conservation of mass and momentum,

\[ \nabla \cdot \mathbf{u} = 0 \]

and an adequate constitutive equation for the polymeric contribution (τ) to the extra stress tensor. In these equations, u is the velocity vector, t the time, p the pressure and η_S the Newtonian solvent viscosity. The solvent contribution to the extra stress tensor, τ_S = η_S (V\mathbf{u} + \mathbf{V}\cdot \mathbf{u})^2, is added explicitly in the momentum equation since this diffusive term (η_S∇^2\mathbf{u}) promotes numerical stability.

![Fig. 2. Steady shear viscosity of the Newtonian and the shear-thinning fluid.](image-url)
The rheological model used to fit the experimental shear data of the viscoelastic fluid was the simplified form of the Phan-Thien–Tanner model (cf. Section 3) and consequently, the polymeric contribution to the extra-stress tensor is given by (Phan-Thien and Tanner, 1977)

\[ f(\text{Tr} \tau) + \lambda \left( \frac{\partial \tau}{\partial t} + \nabla \cdot \mathbf{u} \mathbf{t} \right) = \eta_p (\nabla \mathbf{u} + (\nabla \mathbf{u})^T) + \lambda (\tau \cdot \nabla \mathbf{u} + \nabla \mathbf{u}^T \cdot \tau) \]  

(6)

The linear form of the PTT model was used, with the stress function given by (Phan-Thien and Tanner, 1977)

\[ f(\text{Tr} \tau) = 1 + \lambda \frac{\partial \tau}{\partial t} \]  

(7)

where Tr(\tau) represents the trace of the extra-stress tensor. The simplified form of the Phan-Thien–Tanner model predicts a zero second-normal stress difference (\(N_2\)) in fully developed shear flow, shear-thinning in steady shear flow and strain hardening in extensional flow, with the steady-state extensional viscosity being inversely proportional to the extensibility parameter, \(\eta_e \propto \frac{1}{\varepsilon}\), for low values of \(\varepsilon\). The fully developed flow of viscoelastic fluids with non-zero \(N_2\) shows a secondary flow in the transverse directions for non-circular ducts, as discussed by Yue et al. (2008). In the experiments we did not observe secondary flow under fully developed flow conditions, an indirect indication that the viscoelastic fluid has a negligible \(N_2\), and the adequacy of using the simplified form of the Phan–Thien–Tanner model.

An alternative formulation for the constitutive equation uses the conformation tensor, \(\mathbf{A}\), which can be related to the extra-stress tensor as

\[ \tau = \frac{\eta_p}{\lambda} (\mathbf{A} - \mathbf{I}) \]  

(8)

where \(\mathbf{I}\) represents the unitary tensor. For the PTT model the evolution equation for \(\mathbf{A}\) is

\[ \frac{DA}{Dt} \mathbf{A} - \mathbf{A} \nabla \mathbf{u} - (\nabla \mathbf{u})^T \mathbf{A} = -Y(\text{Tr} \mathbf{A})(\mathbf{A} - \mathbf{I}) \]  

(9)

with \(Y(\text{Tr} \mathbf{A}) = 1 + \alpha(\text{Tr} \mathbf{A} - 3)\).

Eq. (9) preserves the positive definiteness of \(\mathbf{A}\), and using this important property allows the use of the logarithm of the conformation tensor, \(\Theta = \log \mathbf{A}\), which can alleviate the numerical difficulties related with exponential growth of stress profiles of highly elastic flows, as proposed by Fattal and Kupferman (2004). This transformation, known as the log-conformation formulation, improves the stability of the numerical method and alleviates the high-Weissenberg number problem (HWNP), making possible to achieve converged solutions at higher Deborah (or Weissenberg) numbers (e.g. Hulsen et al., 2005). Eq. (9) can be re-written in terms of the logarithm of the conformation tensor (Fattal and Kupferman, 2004)

\[ \dot{\Theta} + \left( \frac{\partial \Theta}{\partial t} \mathbf{u} - (\mathbf{R} \Theta - \Theta \mathbf{R}) \right) - 2E \right) = Y'[\text{Tr} (\Theta)] (e^{-\Theta} - 1) \]  

(10)

where \(\mathbf{R}\) and \(\mathbf{E}\) are a pure rotational tensor and a traceless extensional tensor, respectively, which combine to form the velocity gradient tensor (Fattal and Kupferman, 2004). After solving Eq. (10) for \(\Theta\), the conformation tensor can be recovered using the inverse transformation, \(\mathbf{A} = e^{\Theta}\), and the extra-stress can be calculated using Eq. (8).

An implicit finite volume method (FVM) was used to solve numerically the set of Eqs. (4), (5) and (10). The governing equations are integrated in space over the control volumes of the mesh, and integrated in time over small time increments (\(\delta t\)), leading to linearized algebraic equations to be solved for the logarithm of the conformation tensor components, \(\Theta_p\).

\[ a_{ij}^p \Theta_p = \sum_{F=1}^{6} \bar{a}_{ij}^{o,F} \Theta_{o,F} + S_{\Theta_p} \]  

(11)

and for the velocity components, \(u_i\)

\[ a_{ir} u_{r,j} = \sum_{F=1}^{6} \bar{a}_{ir} u_{r,F} + S_{u_i} \]  

(12)

In Eqs. (11) and (12) \(\bar{a}_{ij}^o\) and \(a_{ij}^o\) represent the central coefficients, and the coefficients of the neighbor cells \(\bar{a}_{ij}\) account for advection and diffusion (no diffusion in \(a_{ij}^o\) due to the inexistence of diffusion term in Eq. (10)). The summation is carried out over the six neighbor cells (F) that have a face in common with cell P under analysis. The source terms in Eqs. (11) and (12) include all the terms that are evaluated explicitly, based on previous time-step values. In summary, the numerical methodology consists of the following steps:

1. The conformation tensor \(A_p\) is calculated from the extra-stress components \(\tau_{ij}\) (using Eq. (8)), and the log-conformation tensor \(\Theta_p\) is calculated from \(A_p\) (cf. Afonso et al., 2009 for details).
2. The evolution equation for \(\Theta_p\) (Eq. (10)) is solved implicitly to obtain the new time level values of \(\Theta_p\).
3. The conformation tensor is calculated from \(\Theta_p\) and the extra-stress tensor at the new time level is computed using Eq. (8).
4. The momentum equation is solved for the three Cartesian components of the velocity vector, \(u_i\).
5. The computed velocity field usually does not verify the continuity equation, and a correction of \(u_i\) and pressure is done to simultaneously verify the continuity and momentum equations, following the SIMPLEC methodology (van Doormal and Raithby, 1984).
6. Steps 1–5 are repeated until convergence is achieved.
Regarding the accuracy of the calculations, an implicit first-order Euler scheme is used in the discretization of the time derivative, second-order central differences are used to discretize the diffusive terms and the CUBISTA high-resolution scheme (Alves et al., 2003a) is used in the discretization of the advective terms in the momentum and constitutive equations.

The simulations were performed on three-dimensional meshes covering the whole wall-to-wall geometries, i.e. no symmetry at the central and/or diagonal planes was enforced. The meshes consist of orthogonal blocks which are composed of non-uniform cells. A collocated mesh arrangement is used, i.e. all variables are calculated at the center of the cells, avoiding that the stresses (or the logarithm of the conformation tensor) are calculated exactly on the re-entrant corners of the contraction, where the stresses become unbounded (singular point), as demonstrated theoretically by Evans and Sibley (2008) and numerically by Alves et al. (2003b) for a planar contraction.

The inlets and outlets were positioned far from the contraction plane so that fully developed flow conditions were attained. No-slip boundary conditions were imposed at the solid walls and a uniform velocity profile and null stress components were imposed at the inlet boundary. The outflow boundary condition involves vanishing stream wise gradients of velocity and stress components and linear extrapolation of pressure from the two upstream computational cells.

Fig. 3 shows a zoomed view, near the contraction plane, of the refined mesh used in the simulation of the flow through the 4:1 square–square contraction. To assess numerical accuracy, three different computational meshes were used for CR=2.4 and 4 (meshes M40, M64 and M80) and two meshes were used for CR=8 (meshes M40 and M64) and CR=12 (meshes M48 and M60).

### Table 1

<table>
<thead>
<tr>
<th>CR</th>
<th>Mesh</th>
<th>NC</th>
<th>(\Delta x_{\text{min}}/2H_1)</th>
<th>(\Delta y_{\text{min}}/2H_1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.4</td>
<td>M40</td>
<td>164000</td>
<td>2.08 \times 10^{-2}</td>
<td>1.99 \times 10^{-2}</td>
</tr>
<tr>
<td>M64</td>
<td>419840</td>
<td>1.30 \times 10^{-2}</td>
<td>1.25 \times 10^{-2}</td>
<td></td>
</tr>
<tr>
<td>M80</td>
<td>656000</td>
<td>1.03 \times 10^{-2}</td>
<td>9.93 \times 10^{-3}</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>M40</td>
<td>51000</td>
<td>1.31 \times 10^{-2}</td>
<td>1.25 \times 10^{-2}</td>
</tr>
<tr>
<td>M64</td>
<td>130560</td>
<td>8.20 \times 10^{-4}</td>
<td>8.16 \times 10^{-4}</td>
<td></td>
</tr>
<tr>
<td>M80</td>
<td>408000</td>
<td>6.26 \times 10^{-4}</td>
<td>6.25 \times 10^{-4}</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>M40</td>
<td>163200</td>
<td>7.50 \times 10^{-4}</td>
<td>7.50 \times 10^{-4}</td>
</tr>
<tr>
<td>M64</td>
<td>417792</td>
<td>4.69 \times 10^{-4}</td>
<td>4.55 \times 10^{-4}</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>M48</td>
<td>113664</td>
<td>1.07 \times 10^{-3}</td>
<td>9.52 \times 10^{-4}</td>
</tr>
<tr>
<td>M60</td>
<td>177600</td>
<td>8.61 \times 10^{-3}</td>
<td>8.33 \times 10^{-3}</td>
<td></td>
</tr>
</tbody>
</table>

Details of the total number of cells (NC) as well as the cell smallest dimensions (\(\Delta x_{\text{min}}/2H_1\), \(\Delta y_{\text{min}}/2H_1\), and \(\Delta z_{\text{min}}/2H_1\)) for each mesh are described in Table 1. The reference number identifying each mesh (e.g. M40) corresponds to the number of cells along each transverse direction in the upstream channel.

## 5. Flow patterns and vortex length

### 5.1. Newtonian fluid

A detailed discussion of the Newtonian fluid flow through square–square contractions with different contraction ratios was documented in a previous work (Sousa et al., 2009). Here, we focus only on the main results with the purpose of comparing the flow of the Newtonian and the shear-thinning fluids.

In order to characterize the Newtonian fluid flow we use the Reynolds number, here defined as \(Re = \rho U_z/(2H_2)\eta\), where \(U_z\) is the average velocity in the downstream channel. In Fig. 4 we show the flow patterns obtained for the Newtonian fluid flow through the 8:1 square–square contraction for two Reynolds numbers \((Re = 2.13 \text{ and } 13.7)\). Moreover, in Fig. 4 we compare the experimental results with numerical predictions highlighting the variation of the vortex length with increasing flow inertia. The vortex length, \(x_0\), is here defined as the distance from the separation point to the contraction plane, as shown in Fig. 4(a).

The Newtonian fluid flow behavior is similar for all contraction ratios studied \((CR = 2.4, 4 \text{ and } 8)\). A corner vortex appears upstream of the contraction plane which is typical of flows through abrupt contractions (cf. Oliveira et al., 2007 for the axisymmetric arrangement and Alves et al., 2003b for the planar configuration) and agrees with the findings of Sirakov et al. (2005) and Alves et al. (2005) for 3D geometries. Furthermore, the size of the upstream vortex decreases when the Reynolds number is increased. The comparison between the experimental and numerical results demonstrates that there is an excellent agreement between both approaches.

### 5.2. Shear-thinning viscoelastic fluid

Besides the contraction ratio and the Reynolds number, an important dimensionless number that should be taken into account for the characterization of the viscoelastic fluid flow is the Deborah number, which is here defined as \(De = \lambda U_z/\eta(\dot{\gamma})\). Due to the shear-thinning behavior of the viscoelastic fluid, the Reynolds number is now defined as \(Re = \rho U_z/(2H_2)/(\eta(\dot{\gamma}))\), where the shear viscosity is...
calculated using the PTT model at the characteristic shear rate \( \dot{\gamma} = \frac{U_2}{H_2} \).

Fig. 5 shows the flow patterns for a low and a high contraction ratio (CR = 2.4 and 12) for different Deborah numbers, which were varied by changing the flow rate. The Reynolds number also varies with the flow rate, but in all cases inertial effects are not important because \( Re \) is small for the range of flow conditions studied with the viscoelastic fluid.

**Fig. 5.** Flow patterns obtained with the viscoelastic fluid at the center plane for (a) CR = 2.4 and (b) CR = 12. The diverging streamlines which appear for CR = 2.4 are highlighted by dashed lines (a4).
For all CR studied, at low flow rates (or $De$), a Newtonian-like behavior is observed (cf. Fig. 5(a1)). Increasing the Deborah number, a strong vortex enhancement is observed (cf. Fig. 5(a2)–(a4) and (b1)–(b4)). For the lower contraction ratios investigated, $CR = 2.4$ and 4, this vortex enhancement is accompanied by the onset of diverging streamlines upstream of the contraction plane, which appear at $De > 10$ for $CR = 2.4$ (cf. Fig. 5(a4)) and at $De > 20$ for $CR = 4$. Divergent streamlines are often observed in viscoelastic contraction flows (Cable and Boger, 1978a, b, 1979; Evans and Walters, 1989, McKinley et al., 2007) and are usually enhanced at lower contraction ratios (Alves and Poole, 2007), as confirmed here. In fact, in the present work divergent flow was not observed for the higher contraction ratios, $CR = 8$ and 12. Furthermore, the small values of the Reynolds numbers used in this work suggest that inertia is not a fundamental condition for the appearance of diverging flow, in agreement with the findings of Alves and Poole (2007).

The vortex length at the center plane of the square channel, $x_{v0}$, was measured for all flow rates and contraction ratios studied, using the streak line images captured experimentally as well the velocity field predicted from numerical simulations. Fig. 6 shows the variation of the dimensionless vortex length at the center plane ($x_{v0}/2H$) as a function of the Deborah number for all the contraction ratios investigated. The recirculations that appear upstream of the contraction increase in size with an increase in the flow rate (or Deborah number), in contrast with Newtonian fluid flow, in which the vortex length decreases slightly with the flow rate, as shown in Section 5.1. For all CR, but particularly for the lower contraction ratios studied in this work ($CR = 2.4$ and 4), the vortex length increases considerably, exceeding three times the width of the upstream channel. The vortex enhancement observed in the flow of a shear-thinning fluid through contractions was previously documented in the works of Alves et al. (2008) for a 4:1 square–square contraction, by Evans and Walters (1986) for planar and square–square abrupt contractions and by Cable and Boger (1978a) for axisymmetric contractions. For Boger fluids vortex enhancement is usually observed in axisymmetric and in square–square contractions (Evans and Walters, 1986; Alves et al., 2005), while for planar contractions vortex activity is suppressed or not significant (Walters, 1985; Evans and Walters, 1986). This difference in flow behavior can be related with the higher Hencky strains experienced in square-square and axisymmetric contractions ($\dot{\epsilon}_{H0} = 2\ln CR$), in comparison to the planar arrangement ($\dot{\epsilon}_{H0} = \ln CR$).

The numerical results presented in Fig. 6 for $CR = 2.4$ and 4 were obtained using the three meshes described in Section 4 (M40, M64 and M80). For the range of $De$ where steady solutions were obtained in the numerical simulations, the vortex lengths predicted numerically are in good agreement with the experimental values. Moreover, the differences between meshes M64 and M80 are small (relative deviation of about 1%). For this reason and since numerical simulation of the viscoelastic fluid flow using the more refined mesh is time-consuming, for the higher contraction ratios, $CR = 8$ and 12, we only show the numerical results obtained using mesh M40 or M48 and M64 or M60, respectively. Average computational times for $CR = 2.4$ were 15 hours using mesh M40, 6 days using mesh M64 and 4 weeks in mesh M80, in all cases using a desktop computer with an Intel Core2 Quad Processor Q9400 running at 2.66 GHz, and with 4 GB of RAM. For the other contraction ratios similar CPU times were necessary to achieve convergence in each mesh. The maximum Deborah number ($De_{\text{max}}$) achieved in the numerical simulations varied with $CR$ and mesh used. In mesh M40 $De_{\text{max}}$ varied from 24 to 43 for $CR = 2.4$ and 12, respectively, while for mesh M64 $De_{\text{max}}$ varied from 14 to 10 for $CR = 2.4$ and 12, respectively. In mesh M80 given the large CPU times involved, we restricted the simulations to a few $De$ cases, in order to assess numerical accuracy and convergence with mesh refinement. The general trend observed, with $De_{\text{max}}$ decreasing with mesh refinement, has been reported in most of the numerical studies of viscoelastic fluid flow in contractions (Owens and Phillips 2002) and is related with the large gradients of the stress (or conformation) field observed near the walls, and particularly in the sharp (re-entrant) corners where the stress (or conformation) field is unbounded (singular point).

In the numerical calculations we are only able to probe a range of Deborah numbers much smaller than in the experiments, as a consequence of the HWNP and the limitations of the PTT model. Nevertheless, we are able to predict numerically the observed vortex enhancement as $De$ increases with good accuracy. To further attest this, in Fig. 7 we show the numerical streamlines for the shear-thinning fluid flow through the 2.4:1 square–square contraction and a comparison with the flow visualization at high $De$ to
illustrate the good agreement between experiments and numerical predictions.

As explained previously, at low Deborah numbers the flow is Newtonian-like (compare Figs. 7(a) and 5(a1) for the viscoelastic fluid to Fig. 4(a) corresponding to the Newtonian fluid) and the upstream vortices are slightly concave-shaped. At $\text{De}=0.231$, the numerical results show the presence of small lip vortices near the re-entrant corners which were not observed in the experimental results because visualizations were restricted to $\text{De} > 0.5$ due to experimental difficulties of operation at such low flow rates.

Fig. 8. Projected streamlines obtained for the viscoelastic fluid at different parallel planes of the 2.4:1 square–square contraction for $\text{Re}=0.930$ and $\text{De}=92.0$.

Fig. 9. Flow patterns of the viscoelastic fluid flow through the 8:1 square–square contraction acquired at different moments of the oscillating cycle for $\text{Re}=0.171$ and $\text{De}=152$: (a) center plane; (b) middle plane between the wall and the center plane.
Increasing $De$, the recirculations increase in size and become convex in shape (cf. Fig. 7(b) and (c)) in contrast with those obtained for Newtonian fluid flow. At a certain value of the Deborah number, there is a reversal of the flow direction within the 3D recirculation which is predicted numerically as can be seen in Fig. 7(c) and (d) where the fluid is clearly entering the recirculation in the middle plane, in contrast with the behavior of low $De$ or Newtonian fluid flows (cf. Fig. 4), where the fluid exits the recirculation at the middle plane vortex.

For the lower CR, within the experimental range of flow rates measured, it is possible to establish that the inversion of the flow direction occurs at $De \approx 3$ and 2 for $CR = 2.4$ and 4, respectively. For higher CR we are not able to determine experimentally the value of $De$ at which flow reversal takes place due to the absence of experimental data at those flow conditions. From numerical results we predict that this phenomenon occurs at $De \approx 1.5$ for all CR. The same phenomenon was reported in the works of Alves et al. (2008) and of Sousa et al. (2009) for the flow through square–square contractions of a PAA-based shear-thinning and a Boger fluid, respectively. Additionally, flow reversal was also observed in square–square expansions (Sousa et al., submitted for publication) although in this case it only happened for Newtonian fluids, when inertial effects become important. The reported vortex enhancement due to elasticity in contraction flows, and due to inertia in expansion flows, seems to be linked with the flow reversal phenomenon.

Fig. 8 shows the projected streamlines at different parallel planes of the square channel, in order to illustrate the trajectory of the fluid within the recirculation for high $De$ flows in the 2.4:1 square–square contraction. It is interesting to note that the recirculation structure is complex and that the eye of the recirculation moves upstream as the wall plane is approached.

When the flow rate (or $De$) is increased further, an elastic instability occurs and the flow becomes time-dependent, with the size of the recirculations varying in time in a complex way, which eventually becomes chaotic at larger flow rates. In Fig. 9 we show a sequence of instantaneous pathlines visualized using the shear-thinning fluid for a Deborah number at which the flow is unstable, clearly showing that the vortices vary in size and shape with time. To further attest to the time dependency and the three-dimensional structure of the flow we also show in Fig. 9(b) instantaneous projections of pathlines at a plane located at middle-distance between the center plane and the wall of the square channel ($y/H_2 = \pm 0.50$ or $z/H_2 = \pm 0.50$). As can be seen, the flow becomes asymmetric oscillating periodically, i.e. during a cycle of oscillation, one region of the vortex size decreases while the other part is increasing. From Fig. 9(b), it is possible to conclude that the entire 3D vortical structure is moving. The normalized frequency of oscillation, $\bar{\omega}$, is plotted in Fig. 10 as a function of the ratio $De/CR$, together with results reported in a previous work (Sousa et al., 2009) for a Boger fluid flowing through square–square contractions with $CR = 4, 8$ and 12. A general trend can be identified with $\bar{\omega}$ varying approximately linearly with log($De/CR$).

5.3. Flow pattern map

The different flow phenomena identified for the viscoelastic fluid flow through square–square contractions can be summarized in a $CR$–$De$ map, as shown in Fig. 11. Each flow regime is bounded between an upper and lower limit that are marked as dashed lines in Fig. 11. The distinct flow regimes observed with the shear-thinning fluid were categorized as:

- **Newtonian-like flow** for conditions of negligible elastic effects, in which the upstream vortices increase in size only slightly as the Deborah number increases.
- **Vortex enhancement**, in which the vortex increases significantly due to elastic effects.

- **Diverging streamlines**, which occurs for the lower contraction ratios ($CR = 2.4$ and $4$) when the Deborah number (and consequently the elastic effects) is further increased. We note that this flow regime occurs simultaneously with vortex enhancement.
- **Unsteady flow** that occurs at higher Deborah numbers, in which the entire flow field oscillates periodically.

6. Velocity field

In order to highlight the effect of elasticity on the velocity field, in Fig. 12 we show dimensionless axial velocity profiles along the centerline ($y = z = 0$) for three contraction ratios at different Deborah numbers. In addition, the numerical prediction of the axial velocity profile for a Newtonian fluid flow under creeping flow conditions is also presented in Fig. 12 for comparison purposes, since this is the limiting case that would be observed with the viscoelastic fluid at very low flow rates. For the range of high Deborah numbers at which the
we also include the numerical results obtained with the GNF model in order to demonstrate that the significant changes observed in the velocity profiles as De increases, as well as the onset of undershoots and overshoots in the centerline velocity profile are a consequence of elastic effects. For clarity, only the predicted velocity profiles for the higher flow rates are illustrated in Fig. 12 for each CR. The overshoot on the axial velocity profiles for the lower CR is not observed in the numerical predictions using the GNF model, showing clearly that this is an effect of elasticity. The upstream shift of the velocity profile is also not captured in the GNF simulations. On the other hand, the GNF model is able to accurately predict the axial velocity in the downstream channel for fully developed flow conditions for CR = 8. For CR = 2.4 and 4, due to the large velocity overshoots, the fully developed flow conditions downstream of the contraction plane were not achieved in the PIV measurements, but eventually the velocity profile will fall down to the values predicted by the GNF model. We note that the dimensionless velocity at the centerline under fully developed flow conditions is lower than that found for a Newtonian fluid, due to the shear-thinning rheological behavior of the GNF fluid.

Fig. 13 shows a contour plot of the velocity magnitude measured using PIV at the center plane of the square duct (y = 0 or z = 0) for the flow of the viscoelastic fluid at De = 76.3 and CR = 2.4. The velocity magnitude is scaled with the downstream average axial velocity, $U_z$. As can be seen, the velocity magnitude increases significantly near the contraction plane, which corresponds to the overshoot in the axial velocity profile at that location (cf. Fig. 12(a)). Moreover, we can also observe a large region with low velocities near the corners, a confirmation of the large recirculations observed at high De (cf. Fig. 5), and the existence of off-center maximum of the velocity in the upstream region, a consequence of divergent flow.
when the flow rate (or the Deborah number) is increased, the vortex numbers, the flow is similar to that found for the Newtonian fluid but studied, a vortex appears upstream of the contraction plane, which through the 8:1 and 12:1 square–square contractions. Independently diverging streamlines appear when the Deborah number is increased. Is accompanied by a reversal of the flow direction within the 3D open geometrical arrangement, different contraction ratios were investigated.

For the Newtonian fluid and for the range of contraction ratios studied, a vortex appears upstream of the contraction plane, which decreases in size with an increase of the flow inertia. For the viscoelastic fluid flow a complex 3D corner vortex also appears. At low Deborah numbers, the flow is similar to that found for the Newtonian fluid but when the flow rate (or the Deborah number) is increased, the vortex length increases significantly for all contraction ratios studied. Furthermore, when elastic effects are present, the increase of the vortex length is accompanied by a reversal of the flow direction within the 3D open vortical structure. For the lower contraction ratios, CR = 2.4 and 4, diverging streamlines appear when the Deborah number is increased. However, these diverging streamlines are not present in the flow through the 8:1 and 12:1 square–square contractions. Independently of CR when elasticity is increased further, the flow eventually becomes time-dependent, with the size of the vortices varying in time.

7. Conclusions

The flow of a viscoelastic fluid with a shear-thinning rheological behavior, through square–square contractions was studied experimental and numerically and compared with the flow of a Newtonian fluid. In order to assess the effect of the contraction ratio on the fluid flow and with the purpose of establishing benchmark solutions of the non-Newtonian fluid flow through contractions with a square–square geometrical arrangement, different contraction ratios were investigated (CR = 2.4, 4, 8 and 12).

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