

Hunter, Simon C. and Boyle, James and Warden, David (2005) Appraisal, emotion and coping in victims of peer-aggression and victimization. In: 26th International Conference of the Stress and Anxiety Research Society, 21-23 July 2005, Halle (Saale), Germany.

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Appraisal, emotion and coping in victims of peer-aggression and victimization

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26th International Conference of the Stress and Anxiety Research Society, 21-23 July 2005, Halle, Germany

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Peer-aggression and victimization

Aggression:

Within-species attacks or hostility

Peer-victimization:

Repeated aggression

Prevalence (Hunter, Boyle & Warden, 2004):

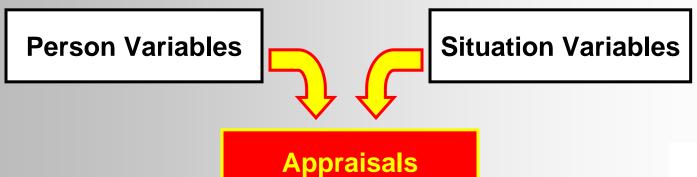
- Peer-victimization: 12%-28%
- Peer-aggression: a further 16%-39%



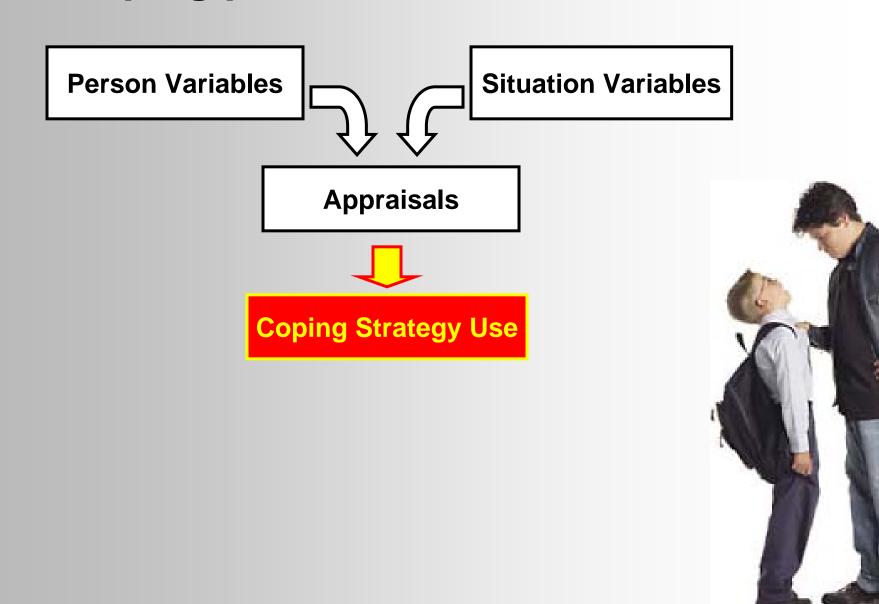
Person Variables

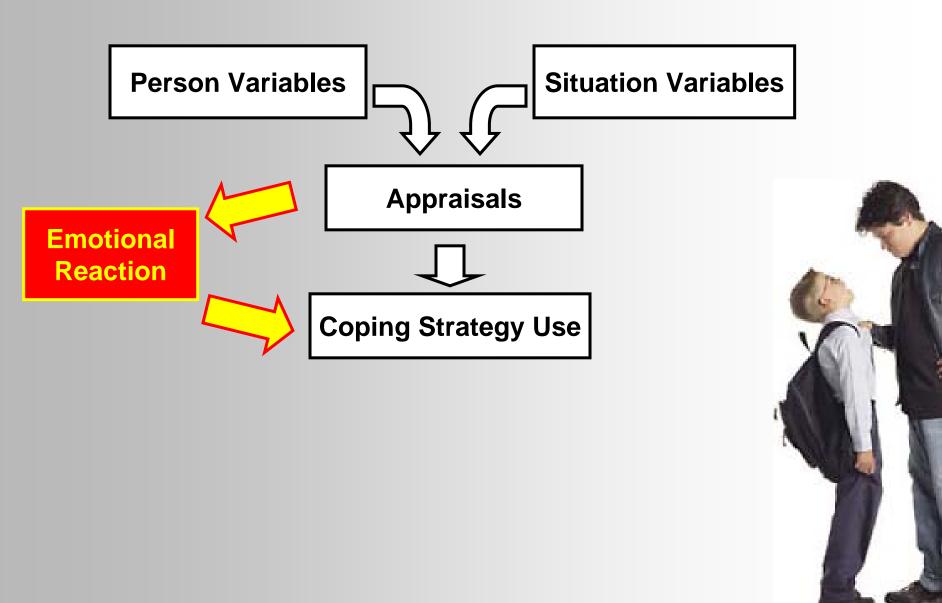
Situation Variables











Aims

1. How well does the transactional model account for the coping processes of children experiencing peeraggression and peer-victimization?

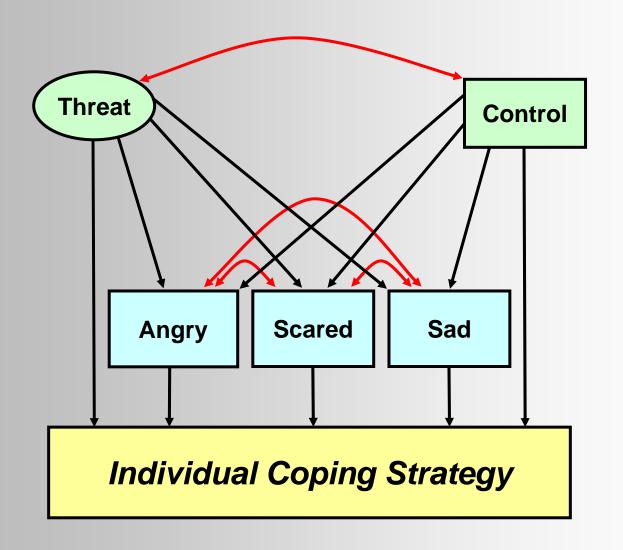
2. What are the effects of appraisals and emotions upon use of coping strategies?

3. Are developmental differences evident between late-childhood and early-adolescence?

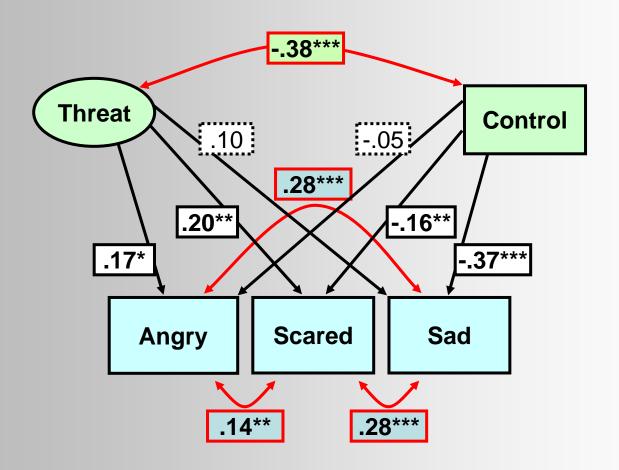
Methodology

- N = 830 pupils in P6, S2, or S3 (9 to 14 years old).
- Self-report questionnaire, with items on:
- > peer-aggression/ victimisation (Hunter, Boyle & Warden, 2004)
- → coping strategy use (individual coping strategies)
- → control and threat appraisals (Hunter & Boyle & Warden, 2004)
- → emotions (anger, sadness, fear: individual emotion items)

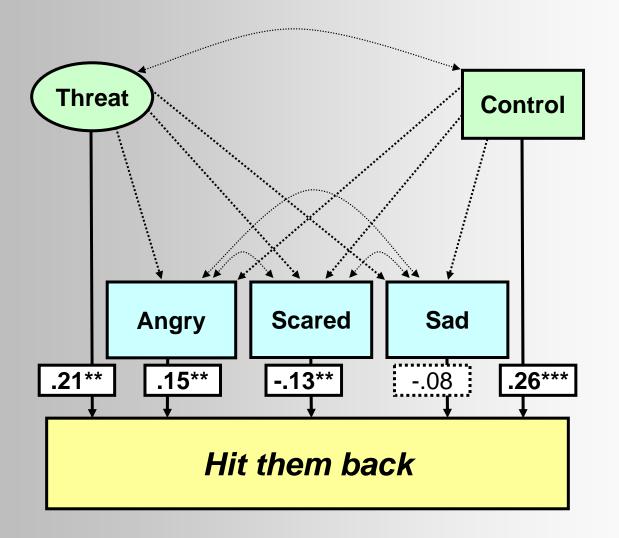
Analysis - Structural equation model for each coping strategy:



Common to each SEM was the core appraisal / emotion aspect of the process, and across the coping strategies the pattern of covariances was as follows:

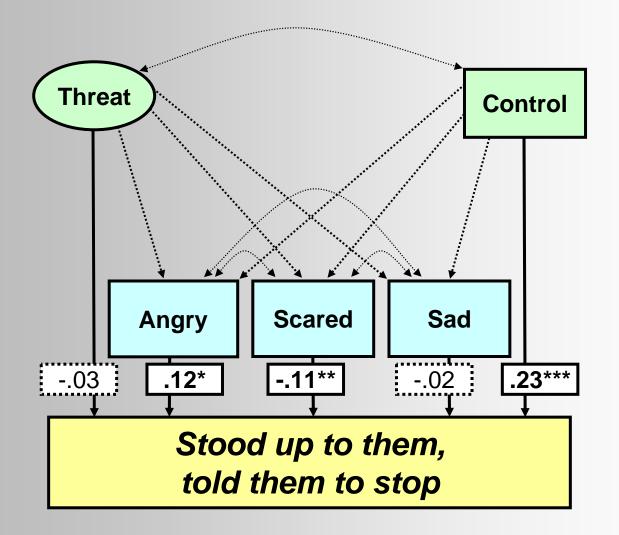


Direct standardised regression weights from appraisals and emotions to individual coping strategies were as follows:



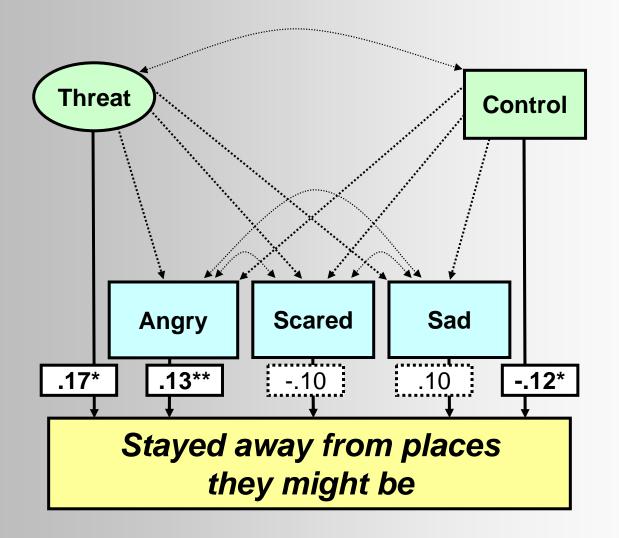
NB. correlations between appraisals and emotions not shown here for clarity of presentation

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Summary

- Distinct relationships between appraisals and emotional reactions
- Also, certain patterns of appraisal and emotion are linked to use of certain strategies
- Potential for new/ improved interventions by focusing on appraisals and emotion regulation
- New ways of influencing strategy choice, but still unclear what the best strategies actually are
- No developmental differences evident
- Only one gender difference (*Threat* predicted *Crying* for girls but not boys)

